

Home and Community Based Services Children's Habilitation Residential Program (HCBS-CHRP) Waiver

Training for Providers

Presented by Michele Craig, Nancy Harris &
Kathleen Homan

August 2020

Agenda

- Background
- Eligibility and Enrollment
- Case Management
- Services
- Regulations
- Provider Capacity
- Progress and Improvements
- Evaluation and Ongoing Efforts
- Questions and Comments

Background

Effective July 1, 2019

- Eligibility expanded to include children with I/DD with complex support needs not in child welfare
- Waiver case management transferred to Case Management Agencies - Community Centered Boards (CCB)
- Two new services added - Intensive Support and Transition Support
- Waiver administered by Department of Health Care Policy & Financing

Eligibility and Enrollment

Eligibility

Children and youth ages birth (0) through twenty (20):

- Determined to meet developmental delay/disability criteria
- Meets Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID)(as defined in 42 CFR §440.150)
- Has extraordinary needs that put them at risk of, or in need of, out of home placement

Eligibility

Extraordinary needs:

- **Complex Behavior Supports:** Needs that occur related to a diagnosis by a licensed physician, psychiatrist, or psychologist that includes one or more substantial disorders of the cognitive, volitional or emotional process that grossly impairs judgment or capacity to recognize reality or to control behavior
- **Complex Medical Supports:** Needs that occur as a result of a chronic medical condition as diagnosed by a licensed physician that has lasted or is expected to last twelve (12) months, requires skilled care, and that without intervention may result in a severely life altering condition

Financial Eligibility

- Parent's income not considered for Medicaid financial eligibility
- Social Security Income (SSI) not required
- Need SSI disability determination or Arbor application
- If child/youth is receiving Habilitation services, they will need an income source for room and board and likely need to apply for SSI financial eligibility

ICAP Assessment

- Tool used to determine reimbursement level for Habilitation service.
 - Training on the Inventory for Client and Agency Planning (ICAP) assessment available at:
<https://cohcpf.adobeconnect.com/p17dd7cza4wi/>
 - Reimbursement through administrative payment through the CCB contract
- Respondents can be those that have known the individual for at least 3 months and sees them on a daily basis
 - ICAP should be reviewed annually
 - Support Level Review process Operational Memo 19-026:
www.colorado.gov/hcpf/2019-memo-series-communications

Case Management

Targeted Case Management

- State Plan
- **Components:**
 - Assessment
 - Referral
 - Service Planning
 - Monitoring - Quarterly face to face

Conflict Free Case Management

The same agency may not provide case management and waiver services to the same child/youth

Change in Case Management Agency

- Children in Child Welfare may be more likely to transition between CCB/CMAAs
- A CCB/CMA cannot say “no” to a request to change from the CCB/CMA for the county of origin to the CCB/CMA for the county of residence for the child/youth
- Change in CCB/CMA should occur when it is requested by the decision making party and when it is in best interest of the child/youth

Transition to Adult Services

Youth may choose to transition out of CHRP from the age eighteen (18) through twenty (20)

Youth must transition out of CHRP by age twenty-one (21)

Youth may choose adult services that they are eligible for and that best meet their need

The Developmental Disabilities (DD) waiver has reserved capacity for CHRP participants

Transitions should occur when it is in the best interest of the youth

Child Welfare

- Partner with County Case Worker-include in all team meetings
- Involvement of Child Welfare does not mitigate or change the requirements of the CMA case manager
- Consult County Case Worker to identify the decision maker for child/youth
- Any suspected or alleged abuse must be reported to Child Protective Services

Decision Making - Child Welfare

- When a child is in Child Welfare, the decision-making authority on questions such as selection of provider, place to live, services, etc. will be individualized based on each child/youth's unique situation
- Consult with the County Child Welfare Case Worker to determine individual decision-making authority

Services

Services

- Habilitation
- Respite
- Supported Community Connections
- Massage Therapy
- Hippotherapy
- Movement Therapy
- Intensive Support
- Transition Support

[CHRP Rate Sheet \(eff. 7/1/20\)](#)

[Provider qualifications for CHRP waiver](#)

- Twenty-four (24) hour residential
- Independent living training
- Self-advocacy training
- Cognitive services
- Emergency assistance
- Community access supports
- Follow-up supports for counseling, behavior, or other therapeutic interventions
- Medical and health care supports

Habilitation

Habilitation - Provider Types

- Child Placement Agency (CPA)
 - Certified Foster Care Home
(service agency must provide the case manager a copy of the certification)
 - Group Home
 - Kinship Home
- Residential Child Care Facility (RCCF)
- Medicaid Enrolled Provider - must be in a Foster Care Home certified by a County Department of Human Services and approved to provide Residential Habilitation for the HCBS-Developmental Disabilities waiver

Capacity Limits - Foster Care Home

CHRP Participant	Child Welfare - not CHRP	Total Children
1	2	3
2	0	2
3	0	3*

**Requires Approval by CDHS/HCPF*

CHRP Participant	Adult DD/SLS waiver participant	Total Children and Adults
1	2	3
2	1	3

Capacity Limits - Group Home

CHRP Participant	Child Welfare Participant, Non-CHRP	Total Children
1	8	9
2	5	7

Respite

- For the short-term relief of the primary caregiver
- May be provided in a family home, the community, a Foster Care Home, a group home, and/or a RCCF
- Service Limit: Not more than seven (7) consecutive days per month, not to exceed twenty-eight (28) days per calendar year*
- Respite may not be billed on the same day as Habilitation services

*Hard unit limit will be set in the Bridge

Respite - Provider Types

- Child Placement Agency
- Foster Care Home
- Medicaid Enrolled Provider-approved to provide Respite in the HCBS - Children's Extensive Support (CES) waiver

Pending Fall 2020 rule change - weekly unit limit will be an annual Service Plan year limit of 260 units.

Supported Community Connections

- One-on-one supports to deliver instruction for documented severe behavior problems exhibited by the child or youth in the community
- Service must be provided in a setting in the community where the child or youth interacts with individuals without disabilities
- Service is limited to five (5) hours per week

Changing to “Community
Connector” Fall, 2020

Supported Community Connections - Provider Types

- Child Placement Agency
- Medicaid Enrolled Provider-
approved to provide
Community Connector in the
CES waiver

- The physical manipulation of muscles to ease muscle contractures, spasms, extension, muscle relaxation, and muscle tension including WATSU
- Must be a treatment strategy for an identified medical or behavior need and recommended or prescribed by a therapist or physician
- Recommending therapist or physician must monitor the progress and effectiveness at least quarterly

Massage Therapy

Hippotherapy

- Therapeutic treatment strategy that uses the movement of a horse to assist in the development/enhancement of skills including gross motor, sensory integration, attention, cognitive, social, behavioral, and communication skills
- Must be a treatment strategy for an identified medical or behavior need and recommended or prescribed by a therapist or physician
- Recommending therapist or physician must monitor the progress and effectiveness at least quarterly

- The use of music and/or dance as a therapeutic tool for the habilitation, rehabilitation, and maintenance of behavioral, developmental, physical, social, communication, pain management, cognition, and gross motor skills
- Must be a treatment strategy for an identified medical or behavior need and recommended or prescribed by a therapist or physician
- Recommending therapist or physician must monitor the progress and effectiveness at least quarterly

Movement Therapy

Intensive Support

- Aligns strategies, interventions, and supports for the child or youth, and their family to prevent the need for out of home placement
- Utilized to maintain stabilization, prevent Crisis situations, and/or de-escalation of Crisis situations

Three Service Components:

- Wraparound Facilitator Plan
- Wraparound Facilitator Monitoring
- In-Home Services

Transition Support

- Aligns strategies, interventions, and supports for the child or youth, and their family when a child or youth transitions to the family home from **out of home placement** *or* a lower level of care

Three Service Components:

- Wraparound Facilitator Plan
- Wraparound Facilitator Monitoring
- In-Home Services

Wraparound

Wraparound is an individualized approach to help children with complex needs. Service providers, support team members, the child and their family and/or caregiver(s) all work together to help achieve the family's goals.

The team respects the goals and strengths of the family to help build confidence and successes for the child and the family at home, in school and in the community.

Wraparound Plan

A single plan that incorporates all relevant supports, services, strategies, and goals from other service/treatment plans in place and supports a child or youth and his or her family, including a plan to maintain stabilization, prevent Crisis, and or for de-escalation of Crisis Situations

Changing to “Child and
Youth Mentorship”
Fall, 2020

In-Home Support Component

- Includes implementation of therapeutic and/or behavioral support plans, building life skills, providing guidance to the child or youth with self-care, learning self-advocacy, and protective oversight
- May be provided in any Habilitation setting

Intensive and Transition Support Provider Types

- Child Placement Agency
- Medicaid Enrolled Provider
- Residential Child Care Facility

Wraparound Facilitator Qualifications

Common training programs are:

<https://coactcolorado.org/wraparound>

<https://autismbxtraining.thinkific.com/courses/HFWFT>

- Bachelor's degree in a human behavioral science or related field -- OR - related year for year experience
- An individual who has experience working with the Long-Term Services and Support (LTSS) populations, in a private or social service agency, may substitute the required education on a year for year basis

AND

- Certification in a wraparound training program with recertification bi-annually

- Be at least 18 years of age with high school diploma

AND

- Have the interpersonal skills needed to effectively interact with persons with developmental disabilities

AND

- Complete at least 40 hours of training in Crisis Prevention, De-escalation, and Intervention.

For specifics of DSP training that is required, please see the FAQ or full-text of the waiver.

Child & Youth Mentorship Direct Support Professional Qualifications

Regulations

Case manager obtains
informed consent for
rights modifications

Regulatory Requirements

Human Rights Committee review only
required for Mistreatment investigations

- Federal HCBS Settings Final Rule applies to HCBS-CHRP as it does for other waivers
- 10 CCR 2505-10 8.508 (HCPF)
- 12 CCR 2509-8 (CDHS)
- Rules may be accessed at:

<https://www.sos.state.co.us/CCR/NumericalDeptList.do>

Provider Enrollment

- Currently enrolled Medicaid providers - add provider type 36 (HCBS waiver) and CHRP specialty 619
- Currently enrolled Medicaid HCBS waiver providers - add CHRP specialty 619
- New providers (not currently enrolled as Medicaid provider) - complete DXC enrollment process, provider type 36, and CHRP specialty 619

Information on provider enrollment, rates, billing manual:

www.colorado.gov/hcpf/our-providers

Progress

- Enrollments have increased over 50%
- Majority of new enrollments not involved with Child Welfare
- Providers have increased over 50% - [CHRP Provider List](#)
- Successes- individual situations of youth returning to Colorado from out of home placement, closure of Child Welfare cases, and use of new services supporting youth to remain in the family home

Evaluation & On-Going Efforts

- Evaluation of residential provider types to increase provider capacity
- Utilization and cost benefit analysis
- Stakeholder outreach
- Participation in other systemic changes such as implementation of the Families First Prevention Services Act (FFPSA) to ensure CHRP alignment
- Continued partnerships with the Colorado Department of Human Services and County Departments of Human/Social Services

CHRP Community of Practice Meetings

**4th Wednesday of the month
(monthly)**

- 3:00 - 4:00 pm
- Phone 1-877-820-7831
- Local 720-279-0026
- Participant passcode: 874141#

<https://cohcpf.adobeconnect.com/chrptech/>



Questions?

Contacts

Nancy Harris:

Benefits Manager - Habilitation,
Intensive Support, Transition Services;
Movement Therapy; ICAP; CHRP
general technical assistance

nancy.harris1@state.co.us

Kathleen Homan:

Development Specialist, CHRP
provider capacity, evaluation & policy
development.

kathleen.homan@state.co.us

Lindsay Westlund:

Benefits Manager - Massage and
Movement Therapy

lindsay.westlund@state.co.us

Kyra Acuna:

Benefits Manager - Supported Community
Connections

kyra.acuna@state.co.us

Michele Craig:

On-going evaluation and development;
provider capacity and recruitment

michele.craig@state.co.us

Karli Altman:

Case Management - eligibility &
enrollment

karli.altman@state.co.us

Victor Robertson:

Case Management - service planning and
service authorization

victor.robertson@state.co.us

Thank You!