# Colorado Home and Community Based Settings Survey for Family Members and Friends

Medicaid is a government program that provides funding for services and supports that help low income older adults and people with disabilities across the country live in their communities. These services and supports can take place in the home, the workplace, or in day program settings.

The Centers for Medicare & Medicaid Services (CMS), the Federal funding and oversight agency for the Medicaid program, released a rule to make sure that these services and supports, and the places where they are provided, are truly part of the community.

See the table below for a summary of characteristics of homes and workplaces or day programs that follow the rule.

Characteristics of the home	Characteristics of the workplace or day program
<ul> <li>It's part of the community.</li> <li>You can be active in the community.</li> <li>You can go into the community when you want to.</li> <li>You can choose your roommates.</li> <li>You can decorate how you choose.</li> <li>You have legal protections relating to eviction.</li> <li>You can access all shared living space in the home.</li> <li>You have privacy and can lock your bedroom door.</li> <li>You can have visitors when you want.</li> <li>You can eat when you want.</li> <li>You can interact with people with and without disabilities.</li> </ul>	<ul> <li>It's part of the community.</li> <li>You can be active in the community.</li> <li>You can go into the community when you want to.</li> <li>You choose whether you want to work and where.</li> <li>You have input on hours and schedules.</li> <li>You can choose to volunteer.</li> <li>You receive supports to work or volunteer.</li> <li>You can interact with people with and</li> <li>without disabilities.</li> </ul>

Some Home and Community Based Services Settings already meet these standards, and others may need to make changes to follow the rule. This survey will help Colorado identify which homes and workplaces may need additional support. It will also help us identify patterns in the kinds of changes that need to be made.

You can take this survey as often as you want. Your answers will be kept private.

## Settings Questions:

1) Does your family member or friend receive Medicaid-funded services in their home?

- □ Yes
- □ No
  - a) If yes  $\rightarrow$  what best describes the home?
    - □ Alternate care facility (ACF)
    - □ Group Residential Services and Supports (GRSS) group home
    - □ Individual Residential Services and Supports (IRSS) host home
    - □ Individual Residential Services and Supports (IRSS) other
    - □ Supported Living Program (SLP) facility under BI waiver
    - □ Transitional Living Program (TLP) facility under BI waiver
    - □ CHRP Foster Care Home, Specialized Group Facility or Residential Child Care Facility
    - □ A private home that they or a family member own or rent
  - b) Please provide the Service Agency name and the home address where they live and receive Medicaid-funded services.

## Agency Name/Address: \_\_\_\_\_

2) Does your family member or friend receive Medicaid-funded services where they work for pay?

- □ Yes
- □ No
- $\Box$  They do not work for pay
  - a) If yes  $\rightarrow$  what best describes the services they receive at work? Check all that apply.
    - □ Supported Employment—Individual
    - □ Supported Employment—Group Supported Employment
  - b) Please provide the Service Agency name and the address where they work and receive Medicaid-funded services.

## Agency Name/Address: \_\_\_\_\_

- 3) Does your family member or friend receive Medicaid-funded services in a day program? If they volunteer (work without pay), treat that as a day program.
  - □ Yes
  - □ No
    - a) If yes  $\rightarrow$  what best describes where they spend their day? Check all that apply.
      - □ Adult Day Services Center (Not IDD-Specific)—Basic or Specialized
      - □ Day Habilitation for Individuals with IDD—Specialized Habilitation Center
      - □ Day Habilitation for Individuals with IDD—Supported Community Connections (SCC)
      - □ Day Habilitation for Individuals with IDD—Prevocational Services Center
      - Day Treatment Facility Under Brain Injury Waiver
      - □ Youth Day Service Settings Under the Children's Extensive Support (CES) Waiver
      - □ Community Connector (for children)
    - b) Please provide the Service Agency name and the address where they attend a day program and receive Medicaid-funded services.

## Agency Name/Address: \_

# Questions about the Home

If your family member/friend does not receive Medicaid-funded services at home, please skip to page 5.

#	Question	Answer			
and	<b>Integration:</b> The regulation requires that they have full access to the benefits of community living and are able to receive services in an integrated setting. The following questions are designed to find out if their home is in line with the requirement.				
1.	Is their home in the community among other homes and apartments or businesses?	□ Yes □ No			
2.	They interact with people in their neighborhood, outside of their home	<ul> <li>Multiple times per week</li> <li>Once a week</li> <li>A few times a month</li> <li>Rarely</li> <li>Never</li> <li>They don't have neighbors</li> </ul>			
3.	Do they have friends that are not paid staff, family, or other people receiving services?	□ Yes □ No			
3a.	How often, when they want to, can they get together with their friends?	<ul> <li>Never</li> <li>Sometimes</li> <li>Usually</li> <li>Always</li> </ul>			
3b.	Do they have family members that live nearby? Do not include family members that they live with.	□ Yes □ No			
4.	How often, when they want to, can they get together with family that lives nearby?	<ul> <li>Never</li> <li>Sometimes</li> <li>Usually</li> <li>Always</li> <li>Does not apply</li> </ul>			
5.	Do they know about activities that happen outside of their home (for example, a fair, movies, music event)?	□ Yes □ No			
5a.	If they know about activities outside of the home, do they participate in those activities?	□ Yes □ No			
5b.	What is an example of an activity that they participated in outside	of the home?			
6.	Do the staff at their home provide information about and assistance with accessing public transportation such as buses or taxis?	□ Yes □ No			
7.	Do they need more help than they get from staff at the home to do things in the community?	□ Yes □ No			
8.	If they have plans in the community, such as seeing a doctor, meeting friends, or going to the library, how often did they have a way to get there?	<ul> <li>Never</li> <li>Sometimes</li> <li>Usually</li> <li>Always</li> </ul>			

#	Question	Answer
9.	Do they or their guardian, decide how to spend their	□ Yes
	money?	🗆 No
	Other Comments:	

#	Question	Answer		
	<b>Choice:</b> The regulation requires that they have a choice of where to live. The following questions are designed to find out if their home is in line with the requirement.			
10.	Did they have a say in where they were going to live?	□ Yes □ No		
11.	Did they choose to live in a home where housemates were already living?	□ Yes □ No		
12.	Do they have a roommate who shares a bedroom with them?	□ Yes □ No		
12a.	If yes, how did they choose them, or were they chosen for them?			
	Other comments:			

#	Question	Answer
	<b>ependence:</b> The regulation requires that they can make their own choices. The tions are designed to find out whether their home is in line with the requireme	0
13.	Can they generally go where they want outside of the home, such as out to lunch or shopping?	□ Yes □ No
14.	Are they generally able to attend a church or other place of worship of their choice to practice their faith?	<ul><li>☐ Yes</li><li>☐ No</li><li>☐ Does not apply</li></ul>
15.	Are they generally able to schedule their appointments/outings at their convenience as opposed to the convenience of the paid staff at the home?	□ Yes □ No
16.	Are they able to participate in community activities that are not a part of the home's planned schedule?	□ Yes □ No
17.	Do they have access to the common areas in the home, including the kitchen and laundry room?	□ Yes □ No
18.	Can they eat when and what they want to (barring any diet restrictions)?	□ Yes □ No
19.	Can they talk on the phone when they want to?	□ Yes □ No
20.	Can they have visitors when they want to, including overnight?	□ Yes □ No

#	Question	Answer
21.	Can they leave the home when they want to, either on their own or with	□ Yes
	staff support?	🗆 No
	Other Comments:	

#	Question	Answer
-	<b>its:</b> The regulation requires that they are treated well, and feel safe and comfortable. The following questions are designed to find out if the home is in line with the re	
22.	Do the staff in their home treat them with respect?	□ Yes □ No
23.	Does the staff in their home respect their choices?	□ Yes □ No
24.	Do the staff in their home respect their privacy, including in their bedroom and bathroom? For example, do staff knock before coming into the bedroom?	□ Yes □ No
25.	Do they have a lock on the bedroom door?	□ Yes □ No
26.	Can they lock the bathroom door?	□ Yes □ No
27.	Are their things safe in their home?	□ Yes □ No
28.	Do they have a lease or residency agreement that gives them protections against eviction?	□ Yes □ No
29.	Do the staff in their home use restraints on people?	□ Yes □ No
	Other Comments:	

Questions about the Workplace If your family member and/or friend does not receive Medicaid-funded services in the workplace, please skip to page 7.

#	Question	Answer		
and	<b>Integration:</b> The regulation requires that they have full access to the benefits of community living and are able to receive services in an integrated setting. The following questions are designed to find out whether their workplace is in line with the requirement.			
1.	Do they earn at least minimum wage?	□ Yes □ No		
2.	At work, how often do they interact with people without disabilities, such as non-disabled coworkers or customers?	<ul> <li>Never</li> <li>Sometimes</li> <li>Usually</li> <li>Always</li> </ul>		

3.	Help getting a job can include help finding a place to work or help getting the	□ Yes
	skills that they need to work. Was someone paid to help them get a job?	🗆 No
4.	Sometimes people need help from other people to work at their jobs. For	□ Yes
	example, they may need help getting to or getting around at work, help	🗆 No
	getting their work done, or help getting along with other workers. Was	
	someone paid to help them with the job they have now?	
5.	Is their job in the community with other homes or businesses?	□ Yes
		🗆 No
6.	Are they active in the community as a part of their work?	□ Yes
		🗆 No
	Other Comments:	

#	Question	Answer		
	<b>Choice:</b> The regulation requires that they have a choice of where they work. The following questions are designed to find out whether their workplace is in line with the requirement.			
7.	Do they have the support to participate in the paid job of their choice?	□ Yes		
		🗆 No		
		□ Does not apply		
8.	In general, do you feel they have the supports they need to be successful in	□ Yes		
	their paid job?	🗆 No		
		Does not apply		
9.	Do you feel like they work enough hours during the week?	□ Yes		
		🗆 No		
		Does not apply		
9a.	If not, do you feel that they have the supports to talk about and make	□ Yes		
	changes to their work hours?	🗆 No		
	Other comments:			

#	Question	Answer	
	<b>Independence:</b> The regulation requires that they can make their own choices. The following question is designed to find out whether their workplace is in line with the requirement.		
-	Do they have the support to give input on their work schedule, break/lunch times, and benefits at their job?	<ul><li>□ Yes</li><li>□ No</li><li>□ Does not apply</li></ul>	
	Other comments:		

#	Question	Answer		
wor	<b>Rights:</b> The regulation requires that they are treated well, and feel safe and comfortable in their work. The following questions are designed to find out whether their workplace is in line with the requirement.			
11.	Do the staff in their workplace treat them with respect?	□ Yes □ No		
12.	Do the staff in their workplace respect their choices?	□ Yes □ No		
13.	Do the staff in their workplace use restraints on people?	□ Yes □ No		
14.	Do the staff in their workplace respect their privacy, including in the bathroom and any changing areas? For example, do staff knock before coming into the bathroom or changing area?	□ Yes □ No		
15.	Can they lock the bathroom door at their workplace?	□ Yes □ No		
16.	Do they have a secure place to store belongings at work?	□ Yes □ No		
	Other Comments:			

Questions about the Day Program If your family member and/or friend does not receive Medicaid-funded services in the day program, please skip to page 10.

#	Question	Answer		
and	<b>Integration:</b> The regulation requires that they have full access to the benefits of community living and are able to receive services in an integrated setting. The following questions are designed to find out whether their day program is in line with the requirement.			
1.	Is their day program in the community with other homes or businesses?	□ Yes □ No		
2.	Are they active in the community as a part of their day program?	□ Yes □ No		
3.	They interact with people in their community, outside of their day program	<ul> <li>Multiple times per week</li> <li>Once a week</li> <li>A few times a month</li> <li>Rarely</li> <li>Never</li> </ul>		
4.	Do they have friends that are not paid staff or other people receiving services at their day program?	□ Yes □ No		

#	Question	Answer
4a.	How often, when they want to, can they get together with their	□ Never
	friends?	□ Sometimes
		□ Usually
		Always
5.	Do they have family members that live near to their day program?	□ Yes
		🗆 No
5a.	How often, when they want to, can they get together with their family that lives nearby?	□ Never
		□ Sometimes
		Usually
		$\Box$ Always
		□ Does not apply
6.	Do they know about activities that happen outside of their day	□ Yes
	program (for example, a fair, movies, music event)?	🗆 No
6а.	If they do know about activities outside their day program, do they	🗆 Yes
	participate in those activities?	🗆 No
6b.	What is an example of an activity that they participate in outside of th	eir day program?
		51 0
7.	Do the staff at their day program provide information about and	□ Yes
	assistance with accessing public transportation such as buses or	🗆 No
	taxis?	
8.	Do they need more help than they get from staff at their day program to do things in their community?	
		🗆 No
9.	If they have plans in the community, such as seeing a doctor,	□ Never
	meeting friends, or going to the library, how often do they have a	□ Sometimes
	way to get there?	□ Usually
		Always
10.	If they do not have a paying job, do they want to work for pay at a	□ Yes
	job?	🗆 No
		$\Box$ Does not apply, they do
		work for pay
11.	Sometimes people feel that something is holding them back from	□ Yes
	working for pay when they want to. Is this true for them?	□ No
	If yes, please explain why:	Does not apply, they
		work for pay
	Other Comments:	

#	Question	Answer	
	<b>Choice:</b> The regulation requires that they have a choice of where they spend their day. The following questions are designed to find out whether their day program is in line with the requirement.		
12.	Do they have a say in where they spend their days?	□ Yes □ No	
13.	In general, do you feel that they have the supports they need to be successful in their volunteer position, schoolwork, and/or day program of their choice?	□ Yes □ No	
14.	Does their day program have activities that are appropriate for their age and interests?	□ Yes □ No	
15.	What kinds of things do they typically do during their day program?		
16.	Does their day program provide them the opportunity to meet and get to know people outside of the day program building?	□ Yes □ No	
	Other comments:		

#	Question	Answer		
	<b>Independence:</b> The regulation requires that they can make their own choices. The following questions are designed to find out whether their day program is in line with the requirement.			
17.	How often does their day typically follow a strict schedule that everyone follows as a group?	<ul> <li>Never</li> <li>Sometimes</li> <li>Usually</li> <li>Always</li> </ul>		
18.	If they want to do something different from what others are doing, how often are they able to?	<ul> <li>Never</li> <li>Sometimes</li> <li>Usually</li> <li>Always</li> </ul>		
19.	Can they eat when and what they want to (barring any diet restrictions)?	□ Yes □ No		
	Other comments:			

#	Question	Answer
<b>Rights:</b> The regulation requires that they are treated well, and feel safe and comfortable in their day program. The following questions are designed to find out whether their day program is in line with the requirement.		
20.	Do the staff in their day program treat them with respect?	□ Yes
		🗆 No

21.	Do the staff in their day program respect their choices?	□ Yes
		🗆 No
22.	Do the staff in their day program use restraints on people?	□ Yes
		🗆 No
23.	Do the staff in their day program respect their privacy, including in the bathroom	□ Yes
	and any changing areas? For example, do staff knock before coming into the	🗆 No
	bathroom or changing area?	
24.	Can they lock the bathroom door at their day program?	□ Yes
		🗆 No
25.	Do they have a secure place to store belongings at their day program?	□ Yes
		🗆 No
	Other Comments:	

## **Closing Questions**

Do you have any additional comments about the services your family member or friend receives?

Your response is anonymous. If you would like us to know who you are, please add your contact information below.

Name:

E-mail:

Thank you for taking the time to complete this survey! Please watch for updates on Colorado's compliance with the rule by visiting the Health Care Policy and Financing website at: <a href="http://www.colorado.gov/hcpf/home-and-community-based-services-settings-final-rule">www.colorado.gov/hcpf/home-and-community-based-services-settings-final-rule</a>.

Please return paper copy to: Dept. of Health Care Policy & Financing Attn: Statewide Transition Plan Team 1570 Grant Street Denver, CO 80203