Steps to Improve Access to Health Care Practices¹

Federal and state laws require health care professionals to ensure their services are accessible to clients with disabilities as well as their family members and caregivers. A range of no-cost and affordable solutions exists to assist health care providers in making facilities accessible and offering disability-competent care. Practical examples include but are not limited to:

- 1. Working together with qualified persons with disabilities in response to requests for reasonable modification of policies, procedures, and practices.
- 2. Eliminating obstacles from parking lot to building entrances and exits (e.g., snow, ice, leaves, debris along the path of travel).
- 3. Providing ease of door access (e.g., adjust automatic door closers to allow sufficient time to enter and exit, use a pressure gauge to ensure that less than five pounds of pressure is necessary to open any door).
- 4. Creating a facility access policy for service animals.
- 5. Providing disability etiquette training for all administrative and service personnel.
- 6. Training front-desk personnel to appropriately assist persons with disabilities in completing any intake paperwork or required forms.
- 7. Furnishing facility and practice information in alternate formats (e.g., large print, assistive technology for sensory impairments, other electronic and information technology).
- 8. Identifying local sign language interpreting agencies (e.g., make accurate contact information available to front-desk personnel, schedule an interpreter before the appointment).
- 9. Ensuring wheelchair accessibility and periodic staff training for safe transfer techniques (e.g., to and from examining tables, clutter-free examining rooms, wheelchair accessible scales for weighing, at least one examining room large enough to accommodate individuals with mobility devices).

¹ Developed by Jana L. Burke, Mariposa Professional Services, Colorado Springs, CO, 719/229-0629.