CDPHE WISEWOMAN SERVICE DELIVERY FLOW DIAGRAM

Eligible Women (age 30 to 64, low income, under or uninsured) - Breast and cervical office visit through WWC

Screenings and Medical Support
- Forms: WISEWOMAN Consent/Patient Information/Risk Reduction Counseling & Referral/Medical Evaluation & Workup
- CVD screenings (BP; Cholesterol; Glucose; BMI) – preferably fasting for 9 hrs.
- Provide medical support/Address uncontrolled hypertension

Patient-Centered Risk Reduction Counseling (Begun at time of visit)
- Give screening results both verbally and in writing
- Provide interpretation of results and recommendations
- Use motivational interviewing
- Facilitate access to medical follow-up and healthy behavior support options

Healthy Behavior Support Options – Referrals to and participation in option(s) that best support woman’s goals.
- Approved Lifestyle Program (LSP)
  - Referral of eligible women to one of the approved lifestyle programs (ex. DPP, Cooking Matters)
  - 1. Negotiate MOU for sub-contracted fees and information sharing and refer client to established program, or
  - 2. Have staff trained to offer program on-site (if possible)
- Community-Based Referrals
  - Resources that support healthy behaviors, including tobacco cessation
- Case management

Follow-Up Assessment – 4 weeks after completion of Health Coaching or LSP
Min. = Medications, BP self-monitoring, Diet, Physical Activity, Smoking, Quality of Life

BP+
- Meets all eligibility
- Incomplete screening: forms, height, weight, 1 blood pressure value at a minimum
- Can convert to full screening

Address alert and uncontrolled

Not Ready

Call back at a later date

Ready

Predisease-Level Values
- Cholesterol
  - Total Cholesterol = 200-239
  - HDL Cholesterol < 40
  - Fasting LDL Cholesterol = 130-159
  - Triglycerides = 150-199
- Glucose (Prediabetes)
  - A1C = 5.7-6.4%
  - Fasting Plasma Glucose = 100-125
- BMI (Overweight and Obese)
  - BMI > 25
- BP (Prehypertension)
  - 120-139 Systolic
  - 80-89 Diastolic

Disease-Level Values
- Cholesterol
  - Total Cholesterol ≥ 240
  - Fasting LDL Cholesterol ≥ 160
  - Triglycerides ≥ 200
- Glucose
  - A1C ≥ 6.5%
  - Fasting Plasma Glucose ≥ 126

Uncontrolled Hypertension
- Stage 1
  - 140-159 Sys
  - 90-99 Dias
- Stage 2
  - > 160 Sys
  - > 100 Dias

Alert Values
- Systolic BP > 180 or Diastolic > 110
- Blood Glucose < 50 or > 250

Refer for medical evaluation
- Medication Adherence and Access Support

BP+ Values
- Systolic BP > 180 or Diastolic > 110
- Blood Glucose < 50 or > 250

alert Values
- Systolic BP > 180 or Diastolic > 110
- Blood Glucose < 50 or > 250

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Not Ready