

Transition Services

The New Landscape in Colorado

November 2019

Our Mission

Improving health care access and outcomes for the people we serve while demonstrating sound stewardship of financial resources

Welcome

Meeting Purpose

Explain the new Transition Services environment in Colorado

Provide wrap-up information for the Colorado Choice Transitions (CCT) demonstration

Gather questions related to Transition Services or wrapping-up CCT

Agenda

NEW Transition
Services Overview

Transition Services
Providers

CCT Phase II

Wrap-Up

- What are the Transition Services?
 - Which services can a person access depending on their situation?
 - How do people access services?
-
- What are the roles and responsibilities of the various providers?
 - How does an organization become a provider?
-
- What's happening with CCT?
-
- What questions do you have?

Transition Services Overview

Transition Services

Transition Coordination

Transition assessment, risk assessment, transition planning, coordination of transition services and monitoring and follow up activities provided for institution to community transitions

Life Skills Training

Training on skills for living in the community

Home Delivered Meals

Access to nutritious meals for those with special dietary needs

Transition Setup

Coordination and funds for setting up a basic living arrangement

Peer Mentorship

Support from a peer with shared experience conducive to transitioning into the community

Rates and Units Chart

Service Name	July 1, 2019 Rates (1 unit = up to 15-min)	Unit Limitation
Transition Coordination	\$24.33 per unit	240 Units (exception process for documented health and safety needs)
Life Skills Training	\$9.38 per unit	Up to 24 units a day for no more than 160 units a week, up to 365 days post transition
Home Delivered Meals	\$10.80 per meal	2 meals a day up to 14 meals a week, up to 365 days post transition
Transition Setup*	\$7.74 per unit	40 units, up to 30 days post transition
Peer Mentorship	\$5.36 per unit	24 units a day for 365 days post transition

Note: Chart information as of June 5, 2019. For most up-to-date rates, visit <https://www.colorado.gov/pacific/hcpf/provider-rates-fee-schedule>.

*Transition Setup includes \$1,500 for household setup, with an exception process up to \$2,000, up to 30 days post transition.

Transition Coordination

- Only available to people wishing to transition out of an institutional setting (nursing home, Intermediate Care Facility (ICF), Regional Center)
- Provided through a Transition Coordination Agency (TCA)
- Transition coordination activities include:
 - Community needs assessment
 - Risk mitigation planning
 - Access to housing assistance
 - Discharge planning
 - Post-discharge community-based support

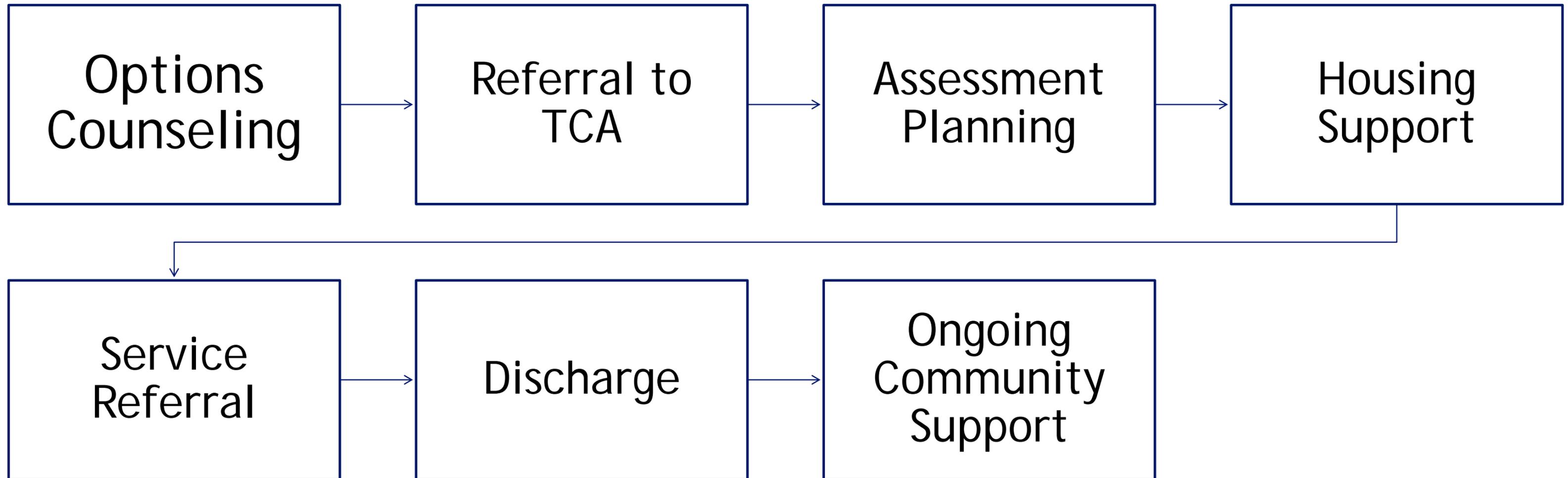
Waiver Transition Services

Transition Services offered through Home and Community-Based Service (HCBS) waivers are available to anyone experiencing a life transition or transitioning from an institutional setting

Brain Injury Waiver (BI)	Community Mental Health Supports Waiver (CMHS)	Developmental Disabilities Waiver (DD)	Elderly, Blind and Disabled Waiver (EBD)	Spinal Cord Injury Waiver (SCI)	Supported Living Services Waiver (SLS)
Home Delivered Meals	Life Skills Training	Home Delivered Meals	Life Skills Training	Life Skills Training	Life Skills Training
Peer Mentorship	Home Delivered Meals	Peer Mentorship	Home Delivered Meals	Home Delivered Meals	Home Delivered Meals
Transition Setup	Peer Mentorship	Transition Setup	Peer Mentorship	Peer Mentorship	Peer Mentorship
*Independent Living Skills Training is an existing service in the BI waiver.	Transition Setup		Transition Setup	Transition Setup	Transition Setup

More information about waiver Transition Services can be found in Policy Memo 19-002 at <https://www.colorado.gov/hcpf/2019-memo-series-communications> and in Department rules and regulations at 10 CCR 2505-10, Section 8.553 at www.colorado.gov/hcpf/departments-program-rules-and-regulations.

Institution to Community Transition



Community to Community Transition

- Individuals already living in the community can still access most Transition Services if they are experiencing a life transition
 - Cannot access Transition Coordination. HCBS Case Managers help community to community transitions go smoothly within existing responsibilities.
- Examples of life transitions include, but are not limited to:
 - Person's primary caregiver is no longer able to care for the person receiving HCBS services
 - Person is moving to less restrictive environment, such as from a group home or Alternative Care Facility, to his or her own apartment or into a family home
 - Person is moving out of parent's home to live independently in own apartment
 - Person has recently aged out of the Medicaid programs for children

Community to Community, cont.



*Information for HCBS Case Managers on how to document need for Transition Services can be found in Operational Memo 19-022 at: www.colorado.gov/hcpf/2019-memo-series-communications

Transition Services Providers

Overview of Transition Providers

Options Counselors

- Helps individuals understand long-term services and support options
- Connect them to community resources

Transition Coordinators

- Facilitates activities to assist an individual to move to a less restrictive living arrangement

HCBS Case Managers

- Determines HCBS eligibility
- Assesses need
- Conducts service referral and authorization
- Monitors service
- Completes critical incident reports

Transition Services Providers

- Enrolled Medicaid provider rendering one or more of the Transition Services

Transition Coordination Agencies

- Must meet qualifications for Transition Coordination Agency (TCA) and Transition Coordinators (TCs)
 - Outlined at 10 CCR 2505-10, Section 8.519.27
- Must enroll as a TCA, UNLESS already a TCA under CCT

Transition Services Providers

- Existing CCT providers may also provide HCBS Transition Services
 - CCT providers do not need to complete the enrollment process to add services (i.e. Peer Mentorship providers can continue to provide Peer Mentorship services without enrolling)
- NEW Transition Service providers must enroll as a provider and meet the new provider qualifications for each service, found at 10 CCR 2505-10, Section 8.553
- TCAs can also provide Transition Services

CCT Phase II

CCT Program Overview

Colorado Choice Transitions (CCT) is Colorado's demonstration of the federal Money Follows the Person (MFP) grant.

MFP CCT enrollments ended December 31, 2018. MFP funding for services ends December 31, 2020.

Colorado passed HB18-1326 to sustain transition services, now called "Transition Services."



Questions

Resources

- Department Memos regarding Transition Services and Transition Coordination:
www.colorado.gov/hcpf/2019-memo-series-communications
- Link to Department Rules and Regulations:
www.colorado.gov/hcpf/department-program-rules-and-regulations
 - Transition Coordination at 10 CCR 2505-10, Section 8.519.27
 - All Transition Services at 10 CCR 2505-10, Section 8.553
- LTSS Programs page with links to other resources:
www.colorado.gov/hcpf/long-term-services-and-supports-programs
- Regularly updated Department provider rates:
www.colorado.gov/hcpf/provider-rates-fee-schedule

Contact Information

Nora Brahe, Transitions Administrator

nora.brahe@state.co.us

Katy Barnett, Community Liaison

katy.barnett@state.co.us

Cassandra Keller, HCBS Benefits Supervisor

cassandra.keller@state.co.us

Thank You!