

Saunders L. The efficacy of low-level laser therapy in supraspinatus tendinitis. Clin Rehabil 1995 9: 126-134.

Study question: is low level laser effective in the treatment of supraspinatus tendinitis?

Reasons not to cite as evidence:

- As with Bingol 2005 and some other studies, a validated measure of shoulder function is not reported
- Similarly, the followup period is very short (three weeks) with only a single followup assessment made in the very short term
- In contrast to Bingol, the pain scores are not reported in the form of numbers (group means) but only graphically and in terms of p values
- Even fewer participants (n=24) were enrolled in the study than for Bingol (n=40)

Reference:

Bingol U, Altan L, Yurtkuran M. Low-Power Laser Treatment for Shoulder Pain. Photomedicine and Laser Surgery 2005;23:459-464.