

# Evidence-Based Practices to Improve Oral Health in the SBHC Setting



2016-2017 SBHC

Performance Measures Webinar Training Series

# *Disclosure Statement:*

## *No financial relationships to disclose*

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### Statement of Disclosure

We have no relevant financial relationships with commercial interests pertaining to the content presented in this program.



# *Webinar Objectives*

1. Describe the Colorado SBHC oral health performance measure.
2. Discuss two best practices in oral health that can be delivered in the primary care setting.
3. Identify the appropriate oral health service codes to use in order to maximize billing revenues.



# Housekeeping...

**Sign in** - Please type name & Email in the Chat Box.

**Questions** - Everyone is muted. Please type your questions into the Chat Box.

**Recording** - We are recording this. The recording & slides will be available on the CDPHE website.

**Evaluation** - We will provide the link to the evaluation after the presentation in the Chat Box. Please complete before March 15<sup>th</sup>.

**CNEUs** - If you are an RN or NP, you will need to stay throughout the entire webinar and complete the evaluation before March 23<sup>th</sup> in order to receive CNEUs.



# *Performance Measure Work Group*

## *(May to November 2015)*

- Deidre Callanan - CASBHC
- Lynn Bakken - MCPN
- Erin Major - SCCC SBHCs
- Ann Galloway - GRHD SBHCs
- Jen Suchon - Northside SBHC
- Cassie Comeau - SCCC SBHCs
- Suzy Rosemeyer - APS SBHCs
- Anne Taylor - RMYC SBHCs
- Sonja O'Leary - DH SBHCs
- Shannon Morrison - Apex



# *Rationale for Oral Health Measure*

- Best practice
- Relevance to population served
- Ability to use measure to improve care
- Highlight SBHC oral health services



# *Oral Health Screen*

## Definition

Percentage of SBHC users (aged 3 to <21yrs) with documentation of annual oral health screen by:

- SBHC PCP **OR**
- SBHC Dental Professional.



# *Reporting Measure*

## TWO OPTIONS FOR REPORTING

(1) Apex reports Screens by PCP using the following code:

**D0190:** Oral health screening by PCP, 3-20 years

(2) You report at the end of the year the percentage of users with oral health screen by SBHC dental professional on the Hub.



# Oral Health Integration in School Based Health Centers

March 8, 2016

Presenters  
Anne Gibbs  
CDPHE Oral Health Unit



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# National Impact

Dental caries is the most common chronic disease

Dental disease is largely preventable

Children with at least one untreated, decayed tooth

- **20% (1 out of 5)** ages 5-11
- **13% (1 out of 7)** ages 12-19 yrs
- **25%** ages 5-19 yrs  
(low-income families)
- **11%** ages 5-19 yrs  
(higher-income families)



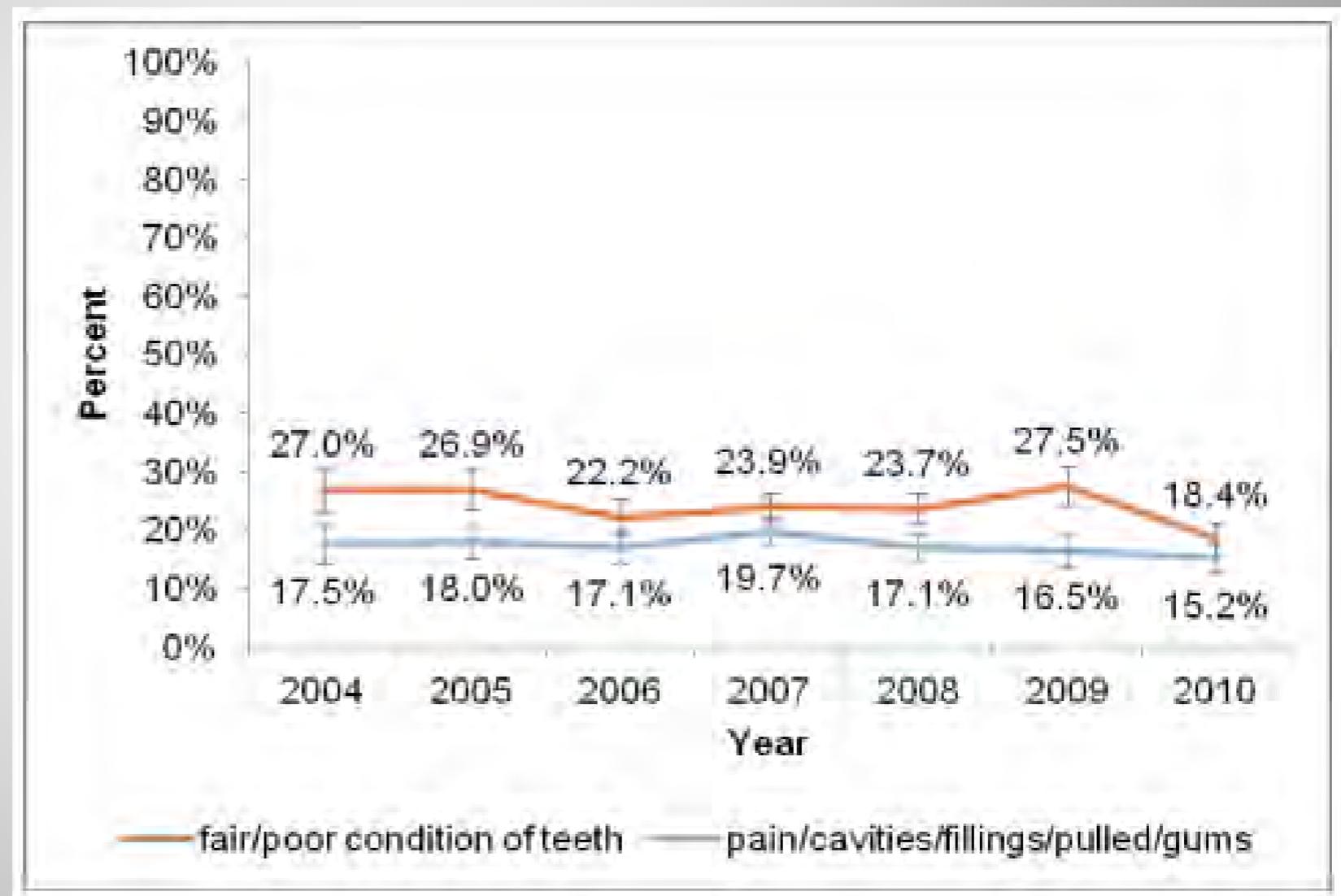
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# Colorado Impact

**39.7%** of kindergarteners have already experienced tooth decay<sup>1</sup>  
By 3<sup>rd</sup> grade, **55.2%** of children have experienced tooth decay<sup>1</sup>

CO Children  
1-14 yrs old<sup>2</sup>  
Child Health Survey



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# Personal Impact

- Pain
- Infection
- Difficulty sleeping
- Increased disease in permanent teeth
- Impaired chewing and nutrition
- Poor self-esteem
- Extensive and expensive treatment
- School/work absences
- General anesthesia carries a slight but real risk of death
- Multiple exposures to general anesthesia before age 2 years associated with 2-fold increase in ADHD<sup>4</sup>



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# Preventive Oral Services in Primary Care

Why?

- Shortage of dentists
- Clients go to the doctor's office earlier and more often than the dentist's office
- Emphasizes oral health-systemic connection
- National guidelines support oral health services in primary care setting



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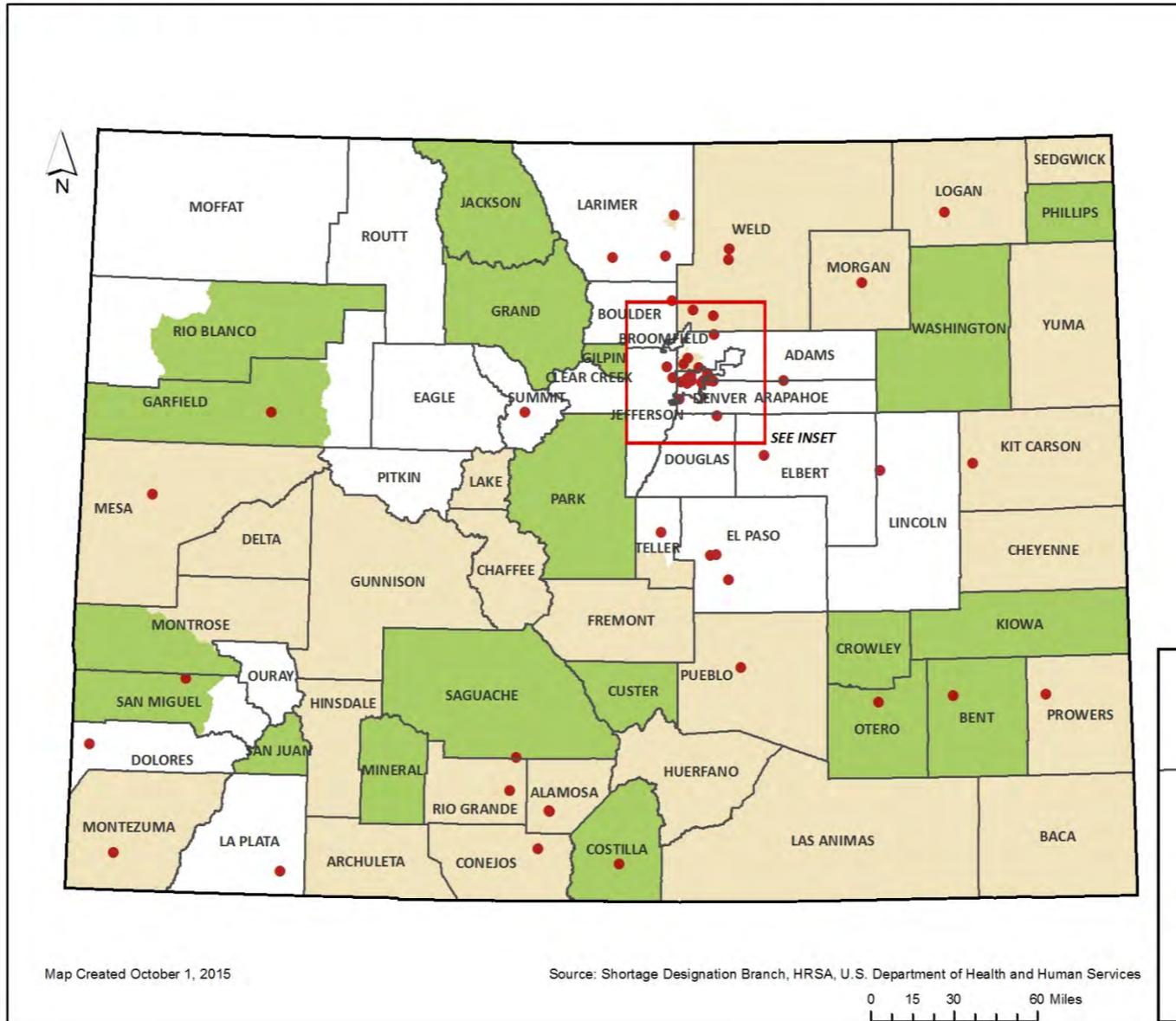
# CO Dental Shortage Areas



## Dental Health Health Professional Shortage Areas (HPSAs)

Map Prepared By:

Colorado Department  
of Public Health  
and Environment GIS



**Dental Health HPSA types**

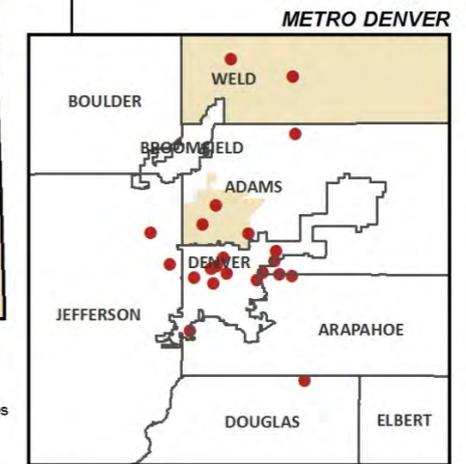
- Facility Designation
- Geographic
- Low-Income
- Not Designated

Data Current as of September 2015

For information on how to develop a Health Professional Shortage Area Application for your community, call 303-692-2466, or visit the Primary Care Office website at the Colorado Department of Public Health and Environment

Map Created October 1, 2015

Source: Shortage Designation Branch, HRSA, U.S. Department of Health and Human Services

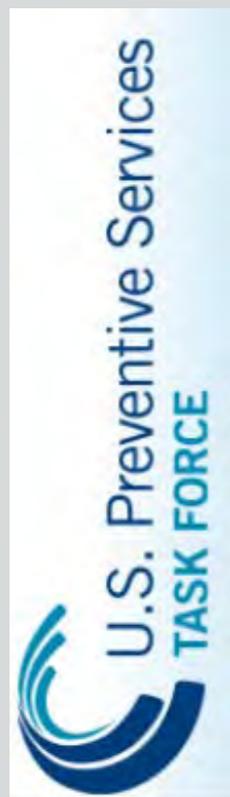


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# Oral Preventive Services in the Medical Home

Preventing Dental Caries in Children from Birth Through Age Five Years



USPSTF Recommendation Grades	
Grade	Definition
A	Recommended.
B	Recommended.
C	Recommendation depends on the patient's situation.
D	Not recommended.
I statement	There is not enough evidence to make a recommendation.

# Risk Assessment

- Determines scope of services to be provided
- Risk assessment must be part of the medical record in accordance with Colorado Medicaid/CHP+
- Required for ages 0-4 years



**Pediatric Oral Health Screening**  
Medical Office

NAME \_\_\_\_\_

DOB \_\_\_\_\_

MRN \_\_\_\_\_

PCP \_\_\_\_\_

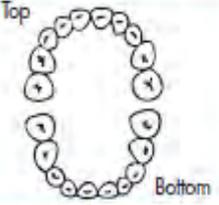
Patient ID \_\_\_\_\_

Chief complaint or reason for referral \_\_\_\_\_  Initial  Follow-up

Caries risk indicators – based on parent interview	Y	N	Notes
(a) Mother/ primary caregiver has had active dental decay in past 12 months			
(b) Older siblings with history of dental decay			
(c) Continual use of bottle containing beverages other than plain water (nothing added). Bottle use >12 months old			
(d) Child sleeps with a bottle or nurses on demand after any teeth have erupted			
(e) Frequent (greater 3x/day total) candy, carbohydrate snacks, soda, sugared beverages, fruit juice			
(f) Medical Risks: 1. Saliva-reducing meds (asthma, seizure, hyperactivity etc.) 2. Developmental problems etc. 3. History of anemia or iron therapy 4. Daily liquid medications			

Protective factors – based on parent interview	Y	N	Notes
(a) Child lives in fluoridated community AND drinks tap water daily			
(b) Teeth cleaned with fluoridated toothpaste smear twice daily			
(c) Child has a dental home and regular dental care			

Oral examination	Y	N	Notes
(a) Obvious white spots (demineralization) Non-cavitated ECC (V72.2)			
(b) obvious decay present on the child's teeth Cavitated ECC (521.02, 521.03) NOTE ON DIAGRAM White/Brown/Black spots			
(c) Plaque is obvious on the teeth and/or gums bleed easily			



**Assessment: Child's caries risk status (any checked item in shaded areas confers high risk):**  
 LOW  HIGH

**Plan:**

Oral Health education handouts  Self Management Goals

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Dispense toothpaste and toothbrush

Tooth brushing & fluoride varnish application

Oral Health Clinic follow-up appointment (high risk) \_\_\_\_\_ months

Urgent outside dental referral (high risk, needs tracking)

Routine dental referral for dental home (all others)

Signature of Rendering Provider: \_\_\_\_\_ Name: \_\_\_\_\_ # \_\_\_\_\_

Supervising Attending: \_\_\_\_\_ # \_\_\_\_\_ Date of Service: \_\_\_\_\_



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# Oral Exam

## Caries

- Early stage - white, demineralized areas
- Later stage - cavities or obvious decay
- Restorations are evidence of previous decay/high risk



## Periodontal disease

- Erythematous, bulbous, bleeding gingiva, tooth mobility, gingival recession
- Early stage - gingivitis
- Later stage - periodontitis



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# Fluoride Varnish

- Adheres well to tooth surface limiting ingestion
- A meta-analysis suggests a **37% reduction** in decayed, missing, and filled tooth surfaces on primary teeth in high risk populations<sup>1</sup>
- Apply **every six months** for all children
- ADA/AAP recommend **every three months** for highest risk<sup>2</sup>
- Cost: approx \$1 per application



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# Certification Training for Primary Care

## “Qualified Medical Personnel”

- MDs, DOs, NPs and PAs with a focus on primary care, general practice, internal medicine, pediatrics
- Participated in on-site training by the [Cavity Free at Three](#) (CF3) team or have completed Mod 2 (child oral health) and Mod 6 (fluoride varnish) in the [Smiles For Life](#) (SFL) curriculum when treating Child Clients age 0-12 yrs
- Participated in Module 3 (adult oral health) and Module 6 (fluoride varnish) in the SFL curriculum when treating Child Clients ages 12-20 yrs.
- Qualified medical personnel who complete this training must provide the documentation of this training when requested.



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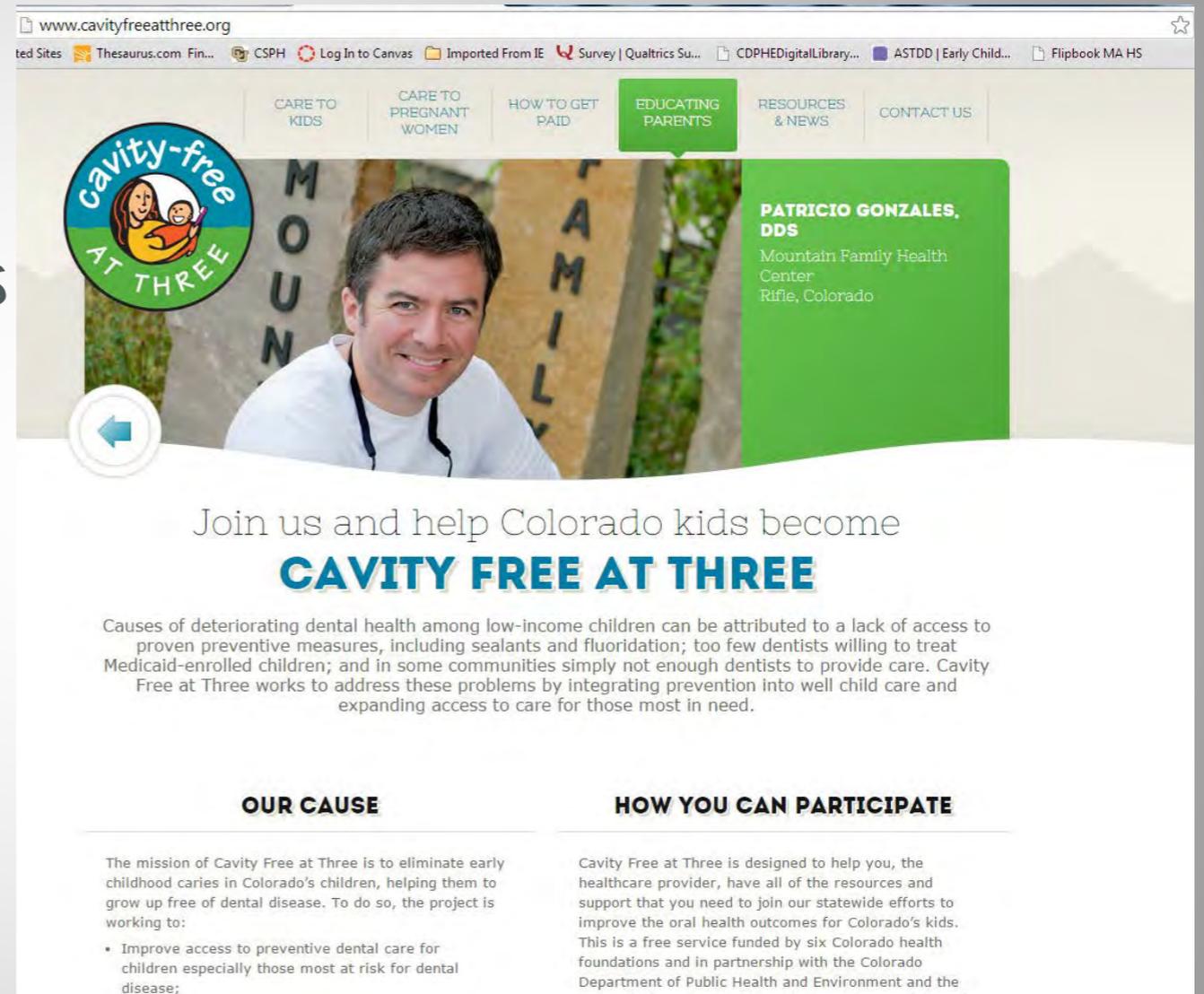


# Certification Training for Primary Care

## [CavityFreeAtThree.org](http://CavityFreeAtThree.org)

Free training for CO providers treating children ages birth- age 12

- Group training
- Certification emailed
- Didactic component
- Hands-on component
- Post training support



www.cavityfreeatthree.org

CARE TO KIDS CARE TO PREGNANT WOMEN HOW TO GET PAID EDUCATING PARENTS RESOURCES & NEWS CONTACT US

**Patricio Gonzales, DDS**  
Mountain Family Health Center  
Rifle, Colorado

Join us and help Colorado kids become  
**CAVITY FREE AT THREE**

Causes of deteriorating dental health among low-income children can be attributed to a lack of access to proven preventive measures, including sealants and fluoridation; too few dentists willing to treat Medicaid-enrolled children; and in some communities simply not enough dentists to provide care. Cavity Free at Three works to address these problems by integrating prevention into well child care and expanding access to care for those most in need.

**OUR CAUSE**

The mission of Cavity Free at Three is to eliminate early childhood caries in Colorado's children, helping them to grow up free of dental disease. To do so, the project is working to:

- Improve access to preventive dental care for children especially those most at risk for dental disease;

**HOW YOU CAN PARTICIPATE**

Cavity Free at Three is designed to help you, the healthcare provider, have all of the resources and support that you need to join our statewide efforts to improve the oral health outcomes for Colorado's kids. This is a free service funded by six Colorado health foundations and in partnership with the Colorado Department of Public Health and Environment and the Colorado Department of Health Services.



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# CF3 Provider Resources

- Cavity Free at Three training
  - Children's oral health
  - Pregnancy and oral health
  - Hands-on component
- Certification for medical providers
- Patient education materials (in 11 languages!)
- Follow up support /Technical assistance
  - Billing
  - EHR
  - Medicaid/CHP+ application
  - Clinical implementation coaching
  - Policy development



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# Certification Training for Primary Care

## Smiles for Life (SFL)

Web based modules

- Must log-in individually, complete modules and post-training test
- Print certificate
- 2 modules for treating children ages birth- 12 yrs
- 2 modules for treating children ages 12-20 yrs

The screenshot shows the homepage of the Smiles for Life website. At the top, there is a banner with the text "Smiles for Life A national oral health curriculum" and a photo of a diverse group of people. Below the banner is a navigation menu with links: Home, Online Courses, Downloadable Modules, State Prevention Programs, Resources, Links, and Contact Us. A secondary menu includes Welcome, Steering Committee, Endorsers, Funders, History, Citation, Sharing Our Websites, and FAQs. The main content area features the title "Smiles for Life: A National Oral Health Curriculum 3rd edition" and a paragraph describing the curriculum as the nation's only comprehensive oral health curriculum, developed by the Society of Teachers of Family Medicine Group on Oral Health. Below this, there are two sections: "For Individual Clinicians" with a photo of a doctor and text stating that the curriculum is accessible online for free CME credit, and "For Educators" with a photo of a classroom and text explaining that the curriculum is available in a presentation format for academic settings. On the right side, there is a "Course Quick Links" section listing eight courses: Course 1: The Relationship of Oral to Systemic Health; Course 2: Child Oral Health; Course 3: Adult Oral Health; Course 4: Acute Dental Problems; Course 5: Oral Health & the Pregnant Patient; Course 6: Caries Risk Assessment, Fluoride Varnish & Counseling; Course 7: The Oral Examination; and Course 8: Geriatric Oral Health.



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# Upcoming Certification Trainings



**Cavity-free AT THREE**

CARE TO KIDS | CARE TO PREGNANT WOMEN | PATIENT EDUCATION RESOURCES | PROVIDER RESOURCES | **UPCOMING TRAININGS** | CONTACT US

## UPCOMING TRAININGS

CF3 offers medical and dental providers free training, resources and support to help them deliver preventive oral health services in their practices. Over 3,000 medical and dental providers, health professional students and children's oral health advocates have participated in CF3 training.

By successfully completing CF3 training, primary care providers will be certified to deliver oral health screening and fluoride varnish services in Colorado.

**Components of CF3 Training Include:**

- Information about preventing dental disease in pregnant women and young children
- Key oral health messages using motivational interviewing
- Caries risk assessment
- Hands-on clinical skills training in oral health screening and fluoride varnish application
- Help with billing preventive oral health services
- Provider resources supporting patient education

**REGISTER HERE FOR UPCOMING TRAININGS AND PRESENTATIONS**

Date/Time	Location	Trainer	Notes
Friday <b>February 26</b> 12 to 3 p.m.	CU Family Medicine Student Interest Group Anschutz Medical Campus, Aurora Ed2N Room 1202	TBD	Certification Training Lunch included with RSVP
<b>Thursday</b> <b>March 3</b> 8 a.m.-12 p.m.	Colorado Dept. of Public Health and Environment 4300 Cherry Creek Drive South Building A, 1st Floor, Sabin Room Denver, CO 80246	TBD	Certification Training Refreshments Provided
<b>Friday</b> <b>March 11</b> 10 a.m. to 12 p.m.	Concorde Career College 111 N. Havana, Room 403 Aurora, CO 80010	Valerie Haustein, RDH, MEd	Open to Dental Hygiene Students Lunch Provided with RSVP
<b>Wednesday</b> <b>March 16</b>	Colorado Coalition for the Homeless 2130 Stout Street	TBD	Certification Training Refreshments Provided



# *Medicaid Dental Billing for the Medical Professional*

Gail Reeder, MPH  
Dental Outreach Coordinator

March 8, 2016



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# *Our Mission*

Improving health care access and outcomes for the **people** we serve while demonstrating sound stewardship of financial **resources**



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# *Objectives*

- Dental Benefit in rule
- DentaQuest-Dental Providers
- Web Portal-Medical Providers
- Billing Information by codes and age
- High Risk
- Provider Revalidation



Visit the [Stakeholders Tab](#) for more information on our rules



# DentaQuest Scope of Services

- Network Development, Provider Relations and Education
- Utilization Management-review by specialty appropriate dentist
- Customer Service
- Member Outreach and Wellness Programs
- Utilization Review
- Claims Processing and Payment
- Quality Improvement
- Eligibility Data
- Encounter Data Transmission
- Complaint and Grievance Resolution
- Reporting

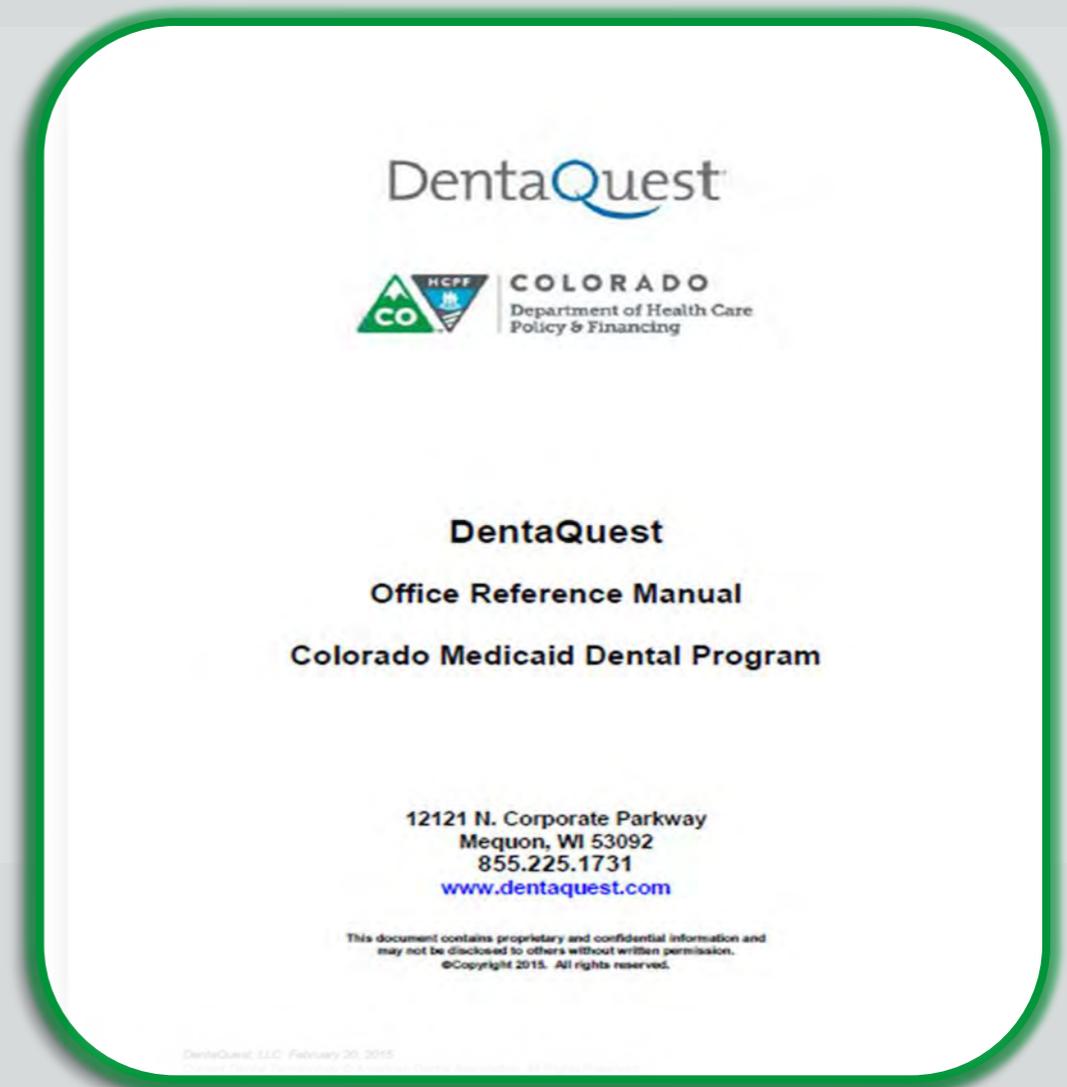


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# *The Office Reference Manual (ORM)*

The ORM  
outlines the  
benefit.



# The Department Web Portal

Provider Training is available. Schedule posted on our website.

The screenshot shows the login page for the Colorado Medical Assistance Program Web Portal. At the top, there is a blue header with the text "Department of Health Care Policy and Financing" and a small mountain icon. Below the header, there is a navigation bar with links for "Related Sites:", "Provider Services", "CHP+", "CICP", "Old Age Pension", and "HIPAA". The main heading is "Colorado Medical Assistance Program Web Portal" followed by "Login". A disclaimer states: "Access to this application is restricted to those who have been authorized by the Colorado Department of Health Care Policy and Financing. The department is tracking all users in the system and all uses of the system. All unauthorized activity will be prosecuted to the full extent of the law." There are two input fields: "User Name:\*" and "Password:\*". Below the fields are two buttons: "Login" and "Change Password". A red note says "Note: Password is case sensitive". There are two links: "[I forgot my user name.](#)" and "[I forgot my password.](#)". At the bottom, there is a "Messages:" section with a partially visible message "y available."



# Code Table

## ORAL HEALTH CODES AVAILABLE TO QUALIFIED MEDICAL PROFESSIONALS (These codes are also used by dental professionals)

CODE	DESCRIPTION	REIMBURSEMENT	Frequency	COMMENTS
D0145	Oral health evaluation and counseling with primary caregiver (ages 0-2 years)	\$ 30.44	2-up to 4/yr if high risk	Use Pediatric Oral Health Screening (Cavity Free at Three) Form. Must be billed with Well-Child Visit (WCV).
D0190	Oral health screening by PCP (ages 3-4 years)	\$ 15.91	2-up to 4/yr if high risk	Must be billed with WCV.
D0190	Oral health screening by PCP (ages 5-20 years)	\$ 15.91	3	Doesn't have to be with WCV.
D1206	Topical fluoride varnish (0-4 years)	\$ 16.02	2-up to 4/yr if high risk	Must be billed with WCV.
D1206	Topical fluoride varnish (ages 5-20 years)	\$ 16.02	3	Doesn't have to be billed with WCV.



# *High Risk*

Child Members determined to be at high risk for caries (decay) are eligible for additional services.

High risk is indicated by:

1. presents with demonstrable caries
2. has a history of restorative treatment
3. has a history of dental plaque
4. has a history of enamel demineralization
5. is a child member (age 0 through 20 years old) of a mother with a high caries rate, especially with untreated caries
6. a child member (age 0 through 20 years old) who sleeps with a bottle containing anything other than water, or who breastfeed throughout the night (at-will nursing)
7. is a child member (age 0 through 20 years old) who has special health needs



# Visit the Provider Tab to Enroll/Revalidate

The screenshot shows the website header with the Colorado Department of Health Care Policy & Financing logo and navigation menu. The 'For Our Providers' section contains several links and icons. A red circle highlights the 'REVALIDATION' link, which is labeled 'for current Colorado Medicaid Providers'. Other links include 'Why should you become a provider?', 'How to become a provider (enroll)', 'Provider services (training, & more)', and 'What's new? (bulletins, newsletters, updates)'. Below these are six service tiles: CBMS (Colorado Benefits Mgmt. System), DDweb, Web Portal, Get Help (Help for Providers), Get Info (FAQs & More), and Find a Doctor (Are you a client looking for a doctor?). The footer includes website accessibility information, social media icons, and copyright details.

**REVALIDATION** >  
for current Colorado Medicaid Providers

**Why should you become a provider?**

**How to become a provider (enroll)**

**Provider services (training, & more)**

**What's new? (bulletins, newsletters, updates)**

**CBMS**  
Colorado Benefits Mgmt. System

**DDweb**

**Web Portal**

**Get Help**  
Help for Providers

**Get Info**  
FAQs & More

**Find a Doctor**  
Are you a client looking for a doctor?

Website Accessibility | Website Feedback | Americans with Disabilities Act | Contact Us

© 2015 State of Colorado | Transparency Online | Accessibility



# Contact Information

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Director, Provider Relations and Dental Programs

Vacant

Medicaid Dental Program Policy & Operations Specialist

Alan S. Kislowitz, MSHA

Colorado Medicaid and CHIP Dental Programs Contract

Manager



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COLORADO ASSOCIATION FOR  
**SCHOOL-BASED HEALTH CARE**

## CASBHC ORAL HEALTH RESOURCES

- (1) SBHC Screening Form for School-Aged Children
- (2) CASBHC's Oral Health Toolkit

[http://www.casbhc.org/oral\\_health.html](http://www.casbhc.org/oral_health.html)

Deidre Callanan, Director of Clinical Programs at CASBHC  
303-570-0988

[callanan@casbhc.org](mailto:callanan@casbhc.org)

# *Questions or Concerns?*



*Thank You!*



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