

Using Evidence-Based Practices to Provide Nutrition and Physical Activity Counseling in the School-Based Health Center (SBHC)



2016-2017 SBHC Performance Measures
Webinar Training Series

Webinar Objectives

1. Describe evidence based guidelines for providing nutritional and physical activity counseling.
2. Demonstrate how motivational interviewing (MI) can be used to address pediatric overweight and obesity.



*Disclosure Statement:
No financial relationships to disclose*

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Statement of Disclosure

I have no relevant financial relationships with commercial interests pertaining to the content presented in this program.



Housekeeping...

- Please sign in and include your email address in the Chat box.
- We will provide the link to the evaluation after Dr. Gance-Cleveland's presentation.
- If you are an RN or NP, you will need to stay throughout the entire webinar and complete the evaluation in order to receive Continuing Nursing Educational Units.



Performance Measure Work Group

(May to November 2015)

Deidre Callanan - CASBHC

Lynn Bakken - MCPN

Erin Major - SCCC SBHCs

Ann Galloway - Grand River Hospital SBHCs

Jen Suchon - Northside SBHC

Cassie Comeau - SCCC SBHCs

Suzy Rosemeyer - Aurora Public School SBHCs

Anne Taylor - RMYC SBHCs

Sonja O'Leary - Denver Health SBHCs

Shannon Morrison - Apex Evaluation



BMI Assessment

Nutrition and Physical Activity Counseling

Definition

Percentage of SBHC users (aged 3-20 years) with documentation of annual:

- BMI assessment
- Nutrition counseling
- Physical activity counseling



BMI Assessment

Z68.51	BMI less than 5 th percentile for age
Z68.52	BMI 5 th percentile to less than 85 th percentile for age
Z68.53	BMI 85 th percentile to less than 95 th percentile for age
Z68.54	BMI greater than or equal to 95 th percentile for age
E66.01	Morbid obesity due to excess calories
E66.09	Other obesity due to excess calories
E66.3	Overweight
E66.8	Other obesity
E66.9	Obesity, unspecified

Nutrition Counseling

Z71.3	Dietary counseling and surveillance
97802	Individual medical nutrition therapy: initial assessment/intervention
97803	Individual medical nutrition therapy: re-assess/intervention

Physical Activity Counseling

Z71.89	Other specified counseling
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