



# School-Based Health Center (SBHC) Program

## Menu of Services

### Required on-site services

Patient enrollment in SBHC site.

Comprehensive health assessments/well child-adolescent exams (per EPSDT/Bright Futures Guidelines): Medical/oral health/psychosocial history; nutritional assessment; developmental/behavioral assessment; review of systems; physical exam, including height, weight, and body mass index (BMI); vision screening; age appropriate anticipatory guidance/health education.

Sports physicals.

Standardized, age appropriate risk assessment screening as recommended by Bright Futures and/or other nationally recognized tools.

Immunizations and use of Colorado Immunization Information System (registry).

Triage of medical emergencies.

Initial management of emergencies (emergency kit) - Basic Life Support (BLS) certified provider onsite.

Diagnosis (evaluation)/treatment of non-urgent problems, acute illness/problems, minor injuries, and chronic problems.

Medical case management of chronic conditions in conjunction with the specialist and/or primary care physician (PCP).

Reproductive Health Education.

Care coordination between SBHC staff, including communication with primary care provider (PCP).

Arrange 24 hours per day/7-days-a-week coverage (e.g. after hours trained triage line or SBHC or community provider to assess concerns).

Physical/sexual abuse identification and reporting.

Consultation/coordination with school staff, parent/guardian, teachers and students.

Coordination of referrals for outside services, including offsite laboratory, X-rays and other services not available at the SBHC.

Coordination of referrals to medical specialty services and follow-up on referrals.

Resource support for comprehensive health education.

Oral health assessment: visual inspection of teeth and gums, identification of observable problems, dental health education/oral hygiene instructions, referral as indicated.

Capacity to write prescriptions for: non-urgent problems, acute illness and injury, and chronic problems.

## Required on-site services *(continued)*

Administer over-the-counter (OTC) medications.

Clinical Laboratory Improvement Amendments (CLIA) waived Laboratory testing, including rapid strep, Hgb/HCT, urine dipstick/reagent, glucose, pregnancy testing.

Specimen collection and mechanism to transport to CLIA lab.

Mental health screening (for depression, anxiety, mood disorder, etc.).

Comprehensive assessment: Use of a variety of assessment tools typically by a behavioral health provider to arrive at a diagnosis.

Individual, family, and group counseling; case management; crisis intervention.

Coordinate community behavioral health referral.

Substance abuse screening.

Medicaid/CHP+/health exchange/private insurer outreach and application assistance.

School-wide wellness, health promotion services based on population-based assessments.

## Services that can be provided on-site or by referral

Well-child care of children and/or siblings of a SBHC user.

Reproductive health exam, if indicated.

Family planning services, including prescription or dispensing of contraceptives, condom availability/distribution.

Pregnancy counseling/options.

STI testing, diagnosis & treatment.

HIV testing & counseling.

HIV/AIDS treatment.

Prenatal care.

Individual or school-wide preventive oral health: teeth cleaning, dental sealants, fluoride treatment, prescription for fluoride supplements.

Individual or school-wide oral health restorative care.

Provider Performed Microscopy Procedures (PPMP).

Psychiatric evaluation and treatment.

Substance abuse assessment

Substance abuse counseling/treatment services

Medicaid/CHP+/health exchange/private insurer enrollment

## Optional services that can be offered onsite

Telemedicine.

Family and community health education.

Classroom-based health education.

Administer prescription medications.

Dispense medications.

Classroom-based suicide prevention education.

Telepsychiatry.

Psychiatric consultation (provider to provider).

Substance abuse prevention.

Violence prevention (conflict resolution, anger management).

Social service assessment, referral, and follow-up for needs such as basic needs, legal services, public assistance, child-care services, case management, & transportation arrangements.

Individual and small group targeted education (e.g., weight management, nutrition education and counseling, oral health, asthma management, smoking cessation, etc.).