



School-Based Health Center (SBHC) Program

Clinical Resources and Best Practices

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Asthma

Best practice guidelines

- [Guidelines for the Diagnosis and Management of Asthma \(EPR-3\)](#) (NIH/National Health, Lung, and Blood Institute)

Clinical and quality improvement tools

- [CDC: How to Use Asthma Inhaler Videos \(English and Spanish\)](#) - these are brief videos with children demonstrating how to use asthma inhalers with and without spacers. Links to multiple other asthma resources for providers and patients are also available on this website.

Chlamydia

Best practice guidelines

- Best practice guidelines [Sexually Transmitted Diseases Treatment Guidelines, 2015](#) (CDC)

Technical assistance resources

- [Chlamydia Screening and PrEP for HIV Prevention in the SBHC Setting](#) (2016 Colorado SBHC Performance Measures and Best Practices Webinar Series).
- [Reproductive Health technical assistance briefs](#) - Colorado Association for School-Based Health Care (CASBHC).
- [The Healthy Colorado Youth Alliance FAQ](#).
- [STI/HIV provider resources](#) (CDPHE).
- [Providing Quality Family Planning Services: Recommendations of CDC and the U.S. Office of Population Affairs](#).
- [AAP Policy Statement on Contraception for Adolescents](#) (Committee on Adolescence).

Depression / Anxiety

The [American Academy of Pediatrics \(AAP\)](#) recommends annual screening of adolescents for depression, beginning at age 11, using the PHQ-2/PHQ-9: Modified for Teens or other validated tool. It is also advisable to screen for anxiety given the “high rate of elevated anxiety symptoms in youth with false-positive PHQ-2 screening results.” (Richardson, et al, 2009)

The [Colorado Department of Health Care Policy and Financing \(HCPF\)](#) will reimburse school-based health centers that are approved Colorado Medicaid providers for administering standardized assessment tools to annually screen for depression in adolescents, ages 11-20, years using CPT codes G8431 for a positive depression screen or G8510 for a negative depression screen.

Providers should screen for depression starting with the validated PHQ-2. The PHQ-2 includes the first two questions of the PHQ-9: Modified for Teens, found on pages 71-74 of the [GLAD PC Toolkit](#).

If PHQ-2 is negative, the screening is coded using G8510.

Depression / Anxiety *(continued)*

If PHQ-2 is positive, a PHQ-9: Modified for Teens should next be administered. Based on the results, a determination should be made if the screen was positive (G8431) or negative (G8510). Students with a positive PHQ-9: Modified for Teens should be further evaluated.

Best practice guidelines

- [Bright Futures Periodicity Schedule](#) (AAP).
- Guidelines for Adolescent Depression in Primary Care:
 - [Identification, Assessment, and Initial Management \(Glad PC1\)](#).
 - [Treatment and Ongoing Management \(Glad PC2\)](#).

Clinical and quality improvement tools

- The [Guidelines for Adolescent Depression in Primary Care Toolkit](#) includes clinical tools for primary care providers, including depression assessment tools, forms to facilitate referrals, treatment/monitoring forms and patient education materials.
- PHQ-2/PHQ-9: Modified for Teens 2010 - English and Spanish are found on pages 71-74 of the toolkit.
- [Patient Health Questionnaire-2 \(PHQ-2\)](#).
 - The PHQ-2 includes the first two questions of the PHQ-9. Providers should screen for depression starting with the validated PHQ-2. If PHQ-2 is positive, a PHQ-9: Modified for Teens should be administered next.
- [Patient Health Questionnaire-9 \(PHQ-9\): Modified for Teens](#).
 - The PHQ-9: Modified for Teens is used to further assess a patient who screens positive for depression using the PHQ-2. Students with a positive PHQ-9 should be evaluated further.
- [SCARED \(child version for assessing anxiety\) in English](#) | [Available in other languages](#)
- [GAD7](#): A Brief Measure for Assessing Generalized Anxiety Disorder

Technical assistance resources

- [Behavioral Health: Focus on Depression](#) (Department of Health Care Policy and Financing).
- [SAMHSA Tool Kit: How to Implement Suicide Prevention Strategies in High Schools](#).

Immunizations *(continued)*

Best practice guidelines

- [Colorado immunization schedules](#).

Clinical and quality improvement tools

- [Colorado Immunization Information System \(CIIS\) Login page.](#)

Immunizations

- The [Immunization Action Coalition website](#) has a variety of immunization resources, including information on screening for contraindications, administering vaccines, coding and billing, and storage and handling.
- [AFIX](#) (Assessment, Feedback, Incentives, eXchange) is a CDC quality improvement program to improve immunization coverage. They have a number of great QI resources, including:
 - [List of strategies](#) to improve immunization rates.
 - [Vaccine factsheets](#) for providers and parents.

Technical assistance resources

- [Colorado Immunization Information System \(CIIS\).](#)
- [Improving Adolescent Immunization Rates - The Power of the Provider Message](#) (2016 Colorado SBHC Performance Measures and Best Practices Webinar Series).
- American Sexual Health Association and School-Based Health Alliance's [tools for treating adolescent male patients](#), in particular with regard to HPV Vaccine.

Mandatory Reporting

- [Colorado Mandatory Reporter Training.](#)

Oral Health

Coding and billing

The following guidance is intended for school-based health centers who are designated as approved Medicaid providers. As of October 10, 2014, oral health services performed by a trained medical provider for children, birth through 20 years of age, are now covered by Medicaid. Note: There is no reimbursement for nutritional counseling or hygiene instruction.

| Code | Description | Frequency | Comments |
|-------|---|-------------------------------------|--|
| D0145 | Oral health evaluation and counseling with primary caregiver (ages 0-2 years) | 2/year Up to 4/year if high risk | Use Pediatric Oral Health Screening (Cavity Free at Three) Form. Must be billed with Well-Child Visit. |
| D0190 | Oral health screening by PCP (ages 3-4 years) | 2/year Up to 4/year if high risk | Must be billed with Well-Child Visit. |
| D0190 | Oral health screening by PCP (ages 5-20 years) | 3/year | Does not have to be billed with Well-Child Visit. |
| D1206 | Topical fluoride varnish (0-4 years) | 2/year up to 4/year if high risk | Must be billed with Well-Child Visit. |
| D1206 | Topical fluoride varnish (ages 5-20 years) | 3/year | Does not have to be billed with Well-Child Visit. |

Oral Health *(continued)*

Required training - in order to provide these covered services to Medicaid enrolled children under the age of 12 years and receive reimbursement, medical personnel must have participated in on-site training from the [Cavity Free at Three](#) team or have completed Module 2 (Child Oral Health) and Module 6 (Fluoride Varnish) in the [Smiles for Life curriculum](#).

In order to provide these covered services to Medicaid enrolled children 12 years of age and older and receive reimbursement, medical personnel must have completed Module 3 (Adult Oral Health) as well as Module 6 (Fluoride Varnish) in the [Smiles for Life curriculum](#).

Medical personnel who complete either training must save the documentation in the event of an audit.

Technical assistance resources

- [Evidence-Based Practices to Improve Oral Health in the SBHC Setting](#) (2016 Colorado SBHC Performance Measures and Best Practices Webinar Series).
- [Integrating Oral Health Services into CO SBHCs](#) (CASBHC).
- [Oral Health Toolkit](#) (CASBHC).
- [Oral Health Screening Tool for SBHCs \(CASBHC\)](#)
- [Healthy Living: Children's Dental](#) (Department of Health Care Policy and Financing).
- [Impact of Poor Oral Health on School Attendance](#) (American Journal of Public Health).
- Free dental products, including sealants, fluoride varnish, toothbrushes, and floss can be obtained through Oral Health America's [Smiles across America program](#).
- [Smiles for Life](#) (online courses for medical providers and other resources)

Pediatric Overweight (POW)

Best practice guidelines

- [Expert Committee Recommendations Regarding the Prevention, Assessment, and Treatment of Child and Adolescent Overweight and Obesity: Summary Report](#) (American Academy of Pediatrics).
- [Expert Panel on Integrated Guidelines for Cardiovascular Health and Risk Reduction in Children and Adolescents](#) (NIH/NHLBI, 2012).
- [Physical Activity Guidelines for Children and Adolescents](#) (ODPHP, 2008).

Technical assistance resources

- [Using Evidence-Based Practices to Provide Nutrition and Physical Activity Counseling in the SBHC](#) (2016 Colorado SBHC Performance Measures and Best Practices Webinar Series).
- [Diagnosis and Treatment of Pediatric Hypertension \(2015 CDPHE SBHC Program Webinar\)](#).
- [Healthy living tips](#) (Colorado Department of Health Care Policy and Financing).
- [Early childhood obesity prevention tools and resources](#).

Screening, Brief Intervention, Referral to Treatment (SBIRT)

Screening, Brief Intervention, Referral to Treatment (SBIRT) services are designed to prevent substance use disorder, detect a suspected substance use disorder early, or to refer patients for treatment. SBIRT is the process of screening patients for use of drugs and excessive alcohol followed by a session of brief intervention and/or referral to treatment. [Peer Assistance Services](#), is a non-profit organization that offer trainings on SBIRT.

Best practice guidelines

- [American Academy of Pediatrics/Committee on Substance Use and Prevention: 2016 SBIRT Recommendations](#).

Coding/billing for SBIRT

- SBIRT services are a covered benefit for all Colorado Medicaid clients 12 years and older. Information on billing Medicaid for these services can be found at: <https://www.colorado.gov/pacific/hcpf/billing-manuals>.

Clinical and quality improvement tools

- [SBIRT Colorado](#).

Well-child check (WCC)

Best practice guidelines

- The American Academy of Pediatrics Bright Futures Guidelines are the definitive standard of pediatric well-child and preventive care. The [Bright Futures Periodicity Schedule](#) outlines the priorities for each annual well-child visit.

Clinical and quality improvement tools

- BMI Growth Charts (CDC):
 - [For Boys](#).
 - [For Girls](#).
- [BMI% Calculator](#).
- [BP% Calculator](#).
- Just Health (previously the Electronic Student Health Questionnaire (eSHQ)) is an electronic, comprehensive health risk assessment and resiliency screening tool that adolescents (10 years and older) take on an iPad. A color-coded alert report is immediately generated for the provider to use when reviewing the answers with the student. The CRAFFT (for substance abuse screening) and the PHQ2 (for depression screening) are embedded within the Just Health app. There are other assessment tools available on the iPad. Visit [Apex Education, Inc.](#) for more information, guidelines and tutorials.

Technical Assistance Resources

- [Diagnosis and Treatment of Pediatric Hypertension \(2015 CDPHE SBHC Program Webinar\)](#).