

Press Release



FOR IMMEDIATE RELEASE

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CONTACT: Dawn Wilson, Estes Valley Recreation and Park District
970.586.8191 x120
dawn@evrpd.com

Estes Park Sports and Fitness Expo Has a New Home in 2019

Estes Park, Colo.: The Estes Valley Recreation and Park District (EVPRD) is excited to announce that it has partnered with the Estes Park Sports and Fitness Association as a cohost for the 2019 Estes Park Sports and Fitness Expo.

Held on Saturday, March 2 from 10 a.m. to 5 p.m. at the Estes Valley Community Center, this free event offers Estes Park residents of all ages an opportunity to learn about the health, wellness and fitness offerings in our mountain town.

“The key things this event brings to Estes Park is a sense of community, a breadth and depth of experience, and a deep knowledge of the fitness and wellness needs of the Estes Park residents,” said Terry Chiplin, Owner and Founder of Active at Altitude trail running camps. “We want to make fitness as accessible as possible for everyone in the community and the expo is a one-stop event to learn about those resources.”

The program for the expo is robust with a focus on keeping attendees active and informed. There will be approximately 20 fitness demonstrations—from karate and self defense to Zumba and yoga—in the pool, gym, classroom and fitness rooms throughout the day. There will also be an exhibit hall where attendees can speak to local business owners about the sports, fitness and wellness services they offer to help them learn how to develop a healthy lifestyle.

“This event will expose people to the holistic wellness opportunities available in Estes Park,” said Amy Hodge, Fitness and Enrichment Coordinator for EVRPD. “Offering exposure to dozens of services for free ensures local residents have no excuse not to come out for this fun-filled day of experiencing and learning about fitness firsthand.”

The Estes Valley Community Center will also be celebrating their one-year anniversary on March 2 with an open house. Entry to the recreation center will be free for that day so people can get a chance to see all the services and equipment available at the 70,000-square-foot facility. In addition, there will be free cake in the exhibitor hall to celebrate the anniversary.

If you are interested in reserving a booth and giving a demonstration at the Estes Park Sports and Fitness Expo, contact Terry Chiplin at info@estesparksportsfitness.org.

Registration will be available the day of the expo for thai massage. All other events are drop-in, and no registration is required. For more information about the expo or recreation center, contact Amy Hodge at amy@evrpd.com.

About Estes Valley Recreation and Park District: Estes Valley Recreation and Park District is a quasi-municipal corporation and political subdivision of the State of Colorado. Established in 1955, the organization's goals are to plan, direct, organize and implement recreational programs, manage facilities and provide public park and recreation opportunities for residents and visitors of the District, an area that encompasses 320 square miles.

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