

# *Pediatric Behavioral Therapy Benefits Collaborative*

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Kimberley Smith  
Compliance & Stakeholder Relations Unit Manager



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Department of Health Care  
Policy & Financing

# *Our Mission*

**Improving** health care access and outcomes for the **people** we serve while demonstrating sound stewardship of financial **resources**



*What's My Role Here  
Today ?*

*How Do I Participate?*



# Your Role

## Participants Are Consultants

Your role is to provide suggestions for policy improvement based on:

- Evidence based research and data
- Peer reviewed literature
- Knowledge of the population we serve



# Guiding Principles

## Policy Suggestions Adopted Will:

- Be guided by recent clinical research and evidence based best practices, wherever possible.
- Be cost effective and establish reasonable limits upon services.
- Promote the health and functioning of Medicaid clients.



# Our Role

- To seek out the feedback of the population we serve and those that support them.
- To implement suggested improvements that meet the collaborative's guiding principles.
- To foster understanding in the community about how policy is developing, and why.



# Ground Rules

## Participants Are Asked To:

- Mind E-manners
- Identify Yourself
- Speak Up Here & Share The Air
- Listen for Understanding
- Stay Solution Focused
- Stay Scope Focused



# *Pediatric Behavioral Therapy*

Kimberley Smith – Compliance & Stakeholder Relations Unit Manager  
Gina Robinson– PBT/EPST Policy Specialist



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# Proposed Changes to PBT Policy

- Create a new eligible provider type (BCaBA) that can provide and bill for services.
- Improve quality, effectiveness, and consistency, of services.
  - Learn from new PAR process questions rolled out 4/1/2018
  - Plan to hire degreed professional to review PARs and develop additional guidance for reviewers



# What is meant by improving quality, effectiveness, and consistency (QEC) of services?

- Quality of current professional knowledge and standards applied to development and approval of care plans
- Effectiveness of therapies as measured by outcomes and met goals
- Consistency of access to quality services for children across the state



# Improving QEC – Plan to hire degreed professional to review PARs

- Degreed professional would:
  - Review 50-100 previously approved PARs to assess them for quality of: care plan; goals w/in the plan and any previous plans; and the degree to which goals were met.
  - Use information gathered to develop additional training and/or guidelines for PAR reviewing staff.
- Example of how these actions may help improve QEC
  - Reduce instances in which child is discharged by one provider for meeting care plan goals only to begin new care plan with different provider.



# Questions for this group

- Hiring degreed professional to review PARs
  - Do you have concerns about the hiring of a degreed professional to review PARs and to provide further guidance to PAR reviewers? If so, what are they?
  - Do you have advice regarding what the degreed professional should be looking for when evaluating the quality of the care plan, the goals therein and whether those goals were met?
  - If you were advising PAR reviewers, what guidance would you give them that may help to improve QEC over time?



*Thank You*



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