Pediatric Behavioral Therapy Benefits Collaborative

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Kimberley Smith
Compliance & Stakeholder Relations Unit Manager
Our Mission

Improving health care access and outcomes for the people we serve while demonstrating sound stewardship of financial resources.
What’s My Role Here Today?

How Do I Participate?
Your Role

Participants Are Consultants

Your role is to provide suggestions for policy improvement based on:

- Evidence based research and data
- Peer reviewed literature
- Knowledge of the population we serve
Guiding Principles

Policy Suggestions Adopted Will:

• Be guided by recent clinical research and evidence based best practices, wherever possible.

• Be cost effective and establish reasonable limits upon services.

• Promote the health and functioning of Medicaid clients.
Our Role

• To seek out the feedback of the population we serve and those that support them.

• To implement suggested improvements that meet the collaborative’s guiding principles.

• To foster understanding in the community about how policy is developing, and why.
Ground Rules

Participants Are Asked To:

• Mind E-manners
• Identify Yourself
• Speak Up Here & Share The Air
• Listen for Understanding
• Stay Solution Focused
• Stay Scope Focused
Pediatric Behavioral Therapy

Kimberley Smith – Compliance & Stakeholder Relations Unit Manager
Gina Robinson– PBT/EPSDT Policy Specialist
Proposed Changes to PBT Policy

- Create a new eligible provider type (BCaBA) that can provide and bill for services.

- Improve quality, effectiveness, and consistency of services.
  - Learn from new PAR process questions rolled out 4/1/2018
  - Plan to hire degreed professional to review PARs and develop additional guidance for reviewers
What is meant by improving quality, effectiveness, and consistency (QEC) of services?

• Quality of current professional knowledge and standards applied to development and approval of care plans

• Effectiveness of therapies as measured by outcomes and met goals

• Consistency of access to quality services for children across the state
Improving QEC – Plan to hire degreed professional to review PARs

- Degreed professional would:
  - Review 50-100 previously approved PARs to assess them for quality of: care plan; goals w/in the plan and any previous plans; and the degree to which goals were met.
  - Use information gathered to develop additional training and/or guidelines for PAR reviewing staff.

- Example of how these actions may help improve QEC
  - Reduce instances in which child is discharged by one provider for meeting care plan goals only to begin new care plan with different provider.
Questions for this group

• Hiring degreed professional to review PARs
  ➢ Do you have concerns about the hiring of a degreed professional to review PARs and to provide further guidance to PAR reviewers? If so, what are they?
  ➢ Do you have advice regarding what the degreed professional should be looking for when evaluating the quality of the care plan, the goals therein and whether those goals were met?
  ➢ If you were advising PAR reviewers, what guidance would you give them that may help to improve QEC over time?
Thank You