

SERVICES LIST

Not all services are available at every location. Consult your provider about services offered and your healthcare needs.

Provider Access (typical availability or response time)

Clinic appointments: Same- or next-day for urgent needs

Email consults: Within one business day

Phone consults: Within two hours during business hours/

within 45 minutes outside of business hours

Primary & Preventive Care

- Basic vision screening (color & near vision)
- Biometric screening
- Blood pressure screening
- Chronic disease management
- Comprehensive physical exam
- Coordination with other providers (e.g., specialists, hospitals)
- Fitness & nutrition coaching
- Health risk assessment
- Hearing screening (audiometry)
- Lifestyle & risk-reduction coaching
- Sports physicals
- Well-child visits

Treatments & Procedures

- Basic splinting
- Basic wound care
- Ear wax removal
- EKG
- Ingrown toenail removal
- Nebulizer treatment
- Peak flow testing
- Skin biopsy (lab not included)
- Skin cyst removal
- Skin tag & wart removal (cryo)
- Stitches
- Suture / staple removal

Labs

- Blood draws & sample collection
- Hemoglobin A1C
- Pregnancy test
- Standard annual labs
- Stool blood test (FOBT)
- Strep throat test

Immunizations

Immunizations covered that will be submitted to the patient's insurance plan for payment:

- Flu vaccine
- Hepatitis A series
- Hepatitis B series
- HPV series (human papilloma virus)
- Meningococcal
- MMR (measles, mumps, rubella)
- Varicella (chicken pox)
- Pneumovax
- Td (tetanus, diphtheria)
- Tdap (tetanus, diphtheria, pertussis)

Health Portal

Visit paladinahealth.com/portal to get access.

- Available 24/7
- Make and manage prescriptions from your doctor
- Request refills and view prescriptions
- Email your doctor securely
- Download your personal health record
- Manage your membership

PRESCRIPTION DRUGS & MEDICATIONS

Some clinics have a supply of more than 50 common, generic medications. Generic versions of the items below are frequently available to members for a low fee, similar to what they might pay at a nearby pharmacy.

Generic Prescription Program

The generic equivalent of the following medications may be available. Some medications available in 90-day supplies. Exact medications offered are at the discretion of the provider and are subject to change.

- Amoxicillin
- Augmentin
- Bactrim
- Celexa*
- Cipro
- Claritin*
- Cortaid
- Cozaar*
- Desyrel (\$10)
- Diflucan
- Ditropan
- Elavil
- Ferrous Sulfate*
- Flagyl
- Flexeril
- Flonase
- Gentamycin
- Glucophage*
- Glucotrol*
- Hydrochlorothiazide*
- Imitrex
- Keflex
- Lamisil
- Lasix
- Levaquin
- Lipitor*
- Lopressor*
- Lotrimin
- Naprosyn*
- Norvasc*
- Ortho Tri-Cyclen
- Penicillin
- Phenergan
- Prednisone
- Prilosec*
- Proventil
- Pyridium
- Tessalon Perls
- Trazodone*
- Triamcinolone
- Ventolin
- Vitamin D
- Z-Pak
- Zantac*
- Zestril*
- Zocor*
- Zofran
- Zolofit*
- Zovirax
- Zylprim (\$10)
- Zyrtec*

* 90-day refills are available