

ParaGard[®] Procedures Skills

Intermediate Course



Disclosures

Trainer / Speaker for Merck (Nexplanon)

Trainer for Actavis (Liletta)



Objectives

On completion of this session, you will be able to:

- Identify the components of the ParaGard and the manufacturer's insertion device.
- Demonstrate proper and safe technique for placement and removal of ParaGard.



Supplies for Insertion

- Gloves (sterile optional)
- Lubricant for bimanual exam
- Speculum
- Sterile uterine sound
- Sterile tenaculum
- Antiseptic solution, applicator
- IUD with inserter in sealed package
- Sterile, sharp curved scissors
- Os finder (unopened)



Practicing Insertion Skills

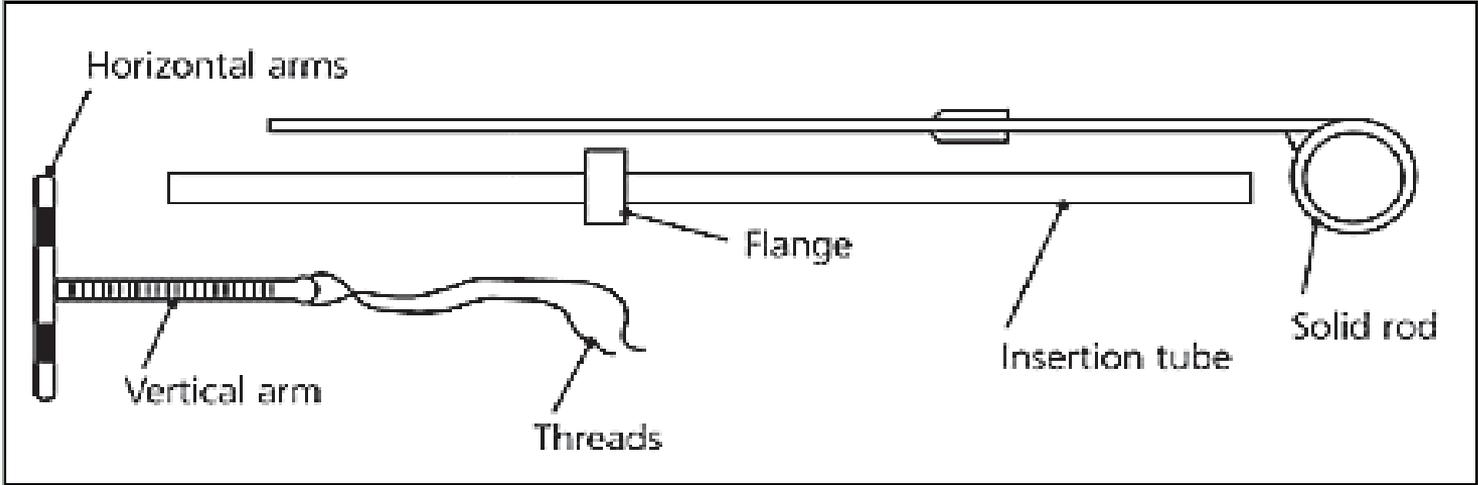
- Place tenaculum gently
- Retract tenaculum whenever advancing to ensure proper alignment of cervical canal
- Sound uterus slowly and gently
- Place IUD
- Remove IUD



ParaGard IUD



Components of Insertion Device



Insertion Procedure

Before opening the sterile IUD package:

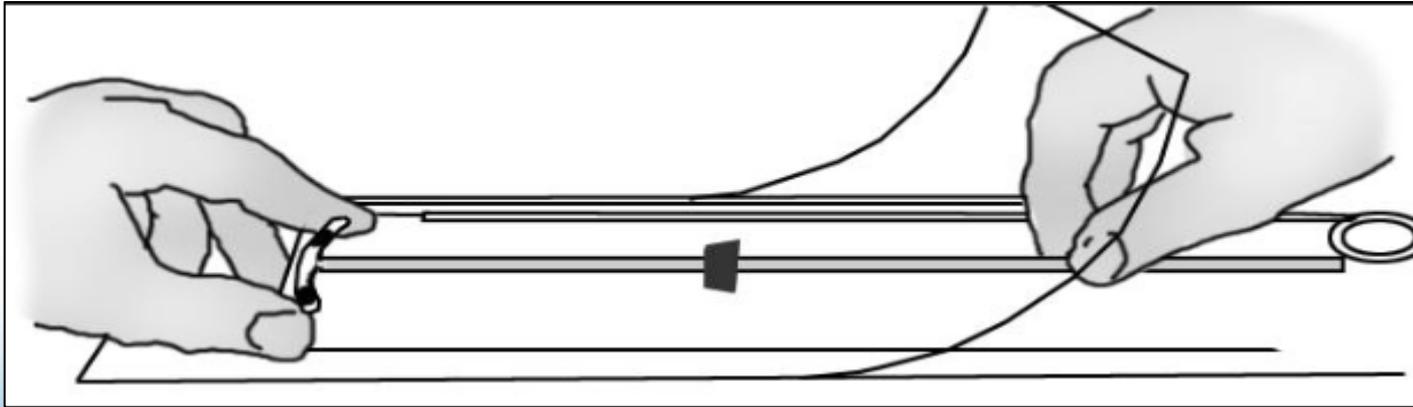
- Identify uterine position using bimanual exam
- Place speculum
- Cleanse cervix with antiseptic solution
- Place tenaculum
- Sound uterus



Insertion Procedure

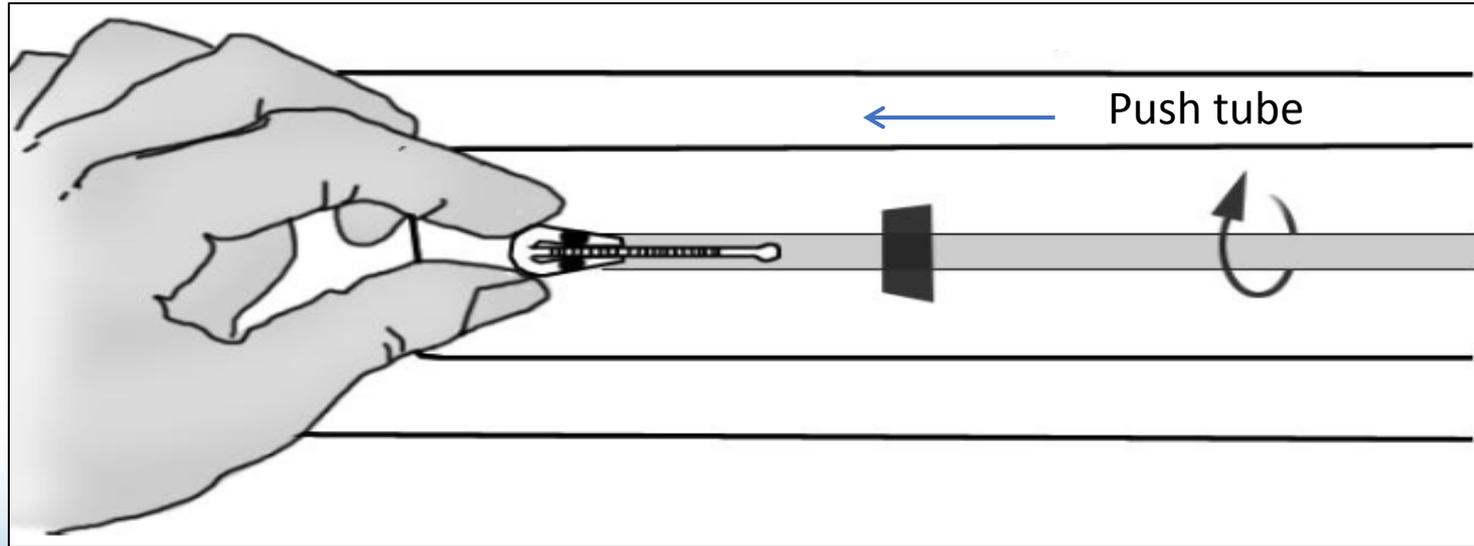
Loading device with non-sterile gloves:

- Open package about halfway.
- Insert white rod into tube
- Make a "C" with finger and thumb



Insertion Procedure

Pinch arms of IUD and insert them
into end of tube



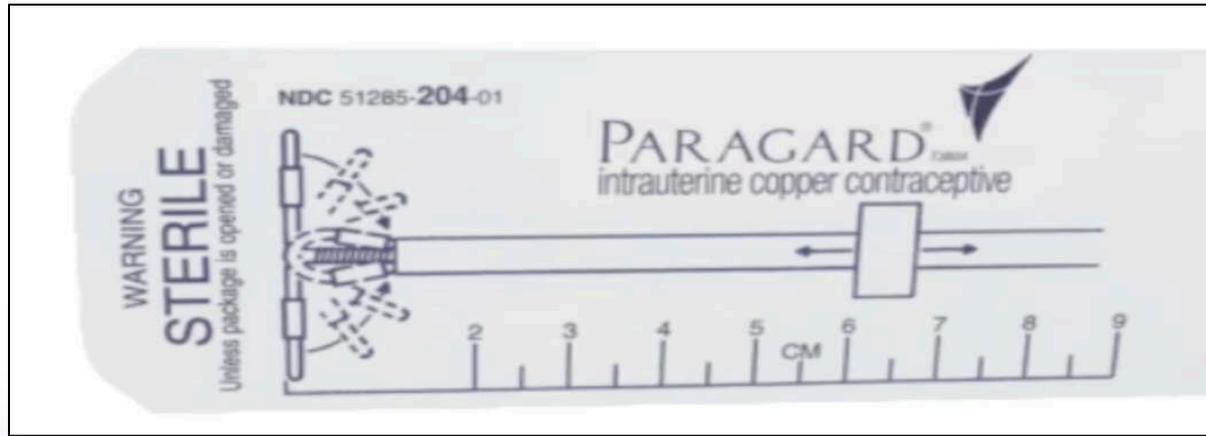
Insertion Procedure

Insert white rod into tube until it touches the bottom of the IUD.



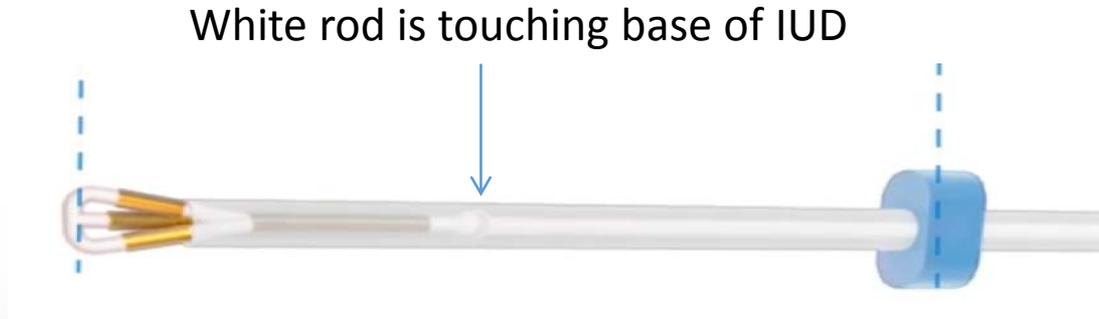
Insertion Procedure

Use the measuring guide in the package to set the flange to sounding depth.



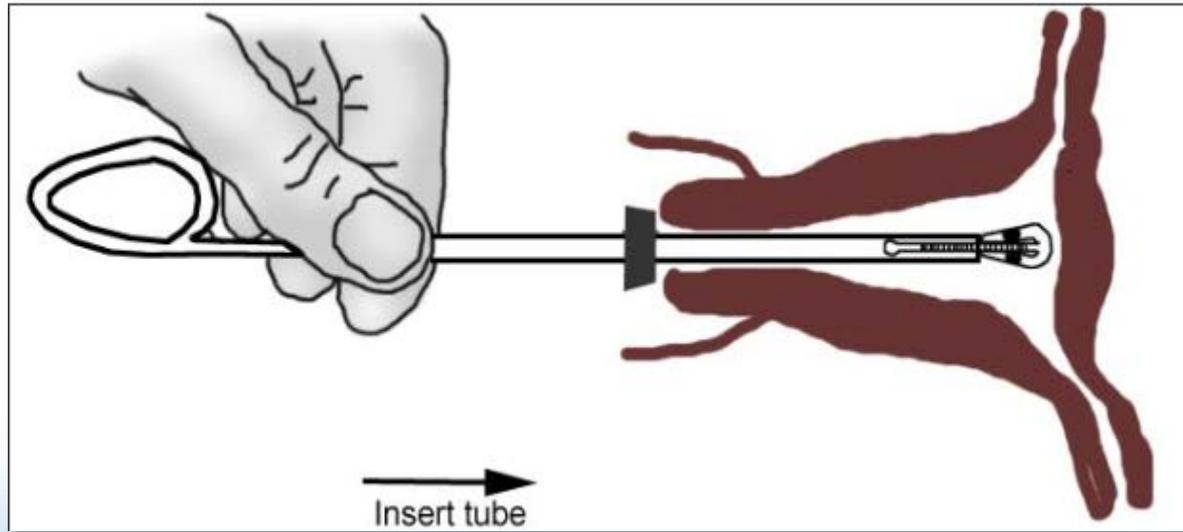
Insertion Procedure

Ensure the flange is parallel to the arms of the device and the white rod is touching the base of the IUD before removing from the package.



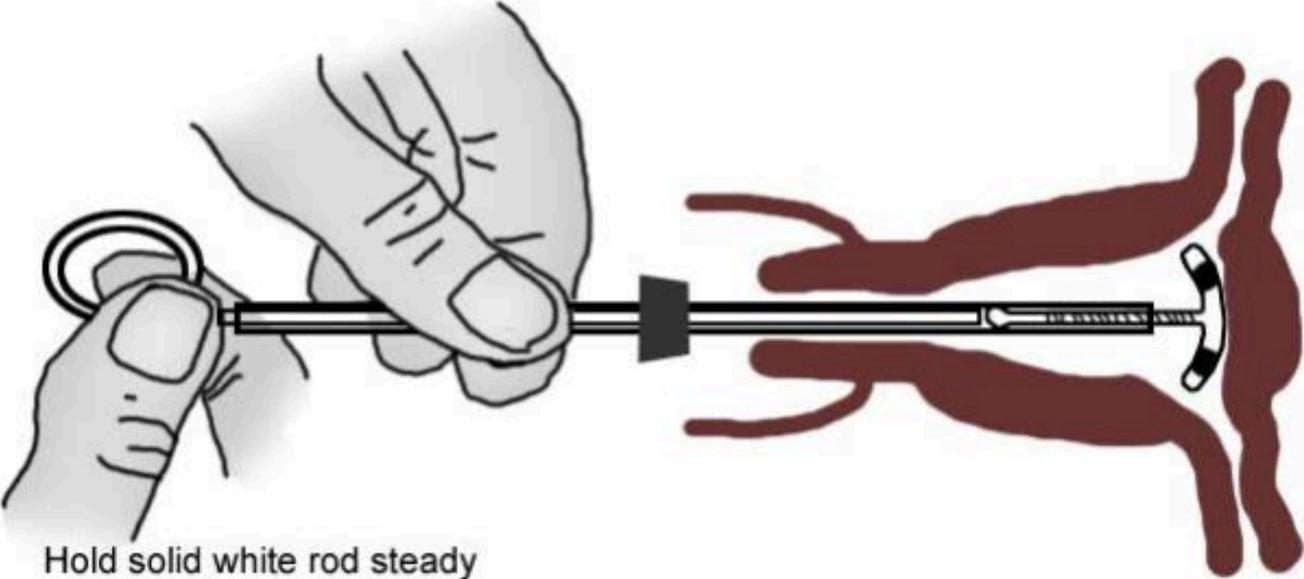
Insertion Procedure

While retracting uterus with tenaculum, advance until the flange touches the cervix.



Insertion Procedure

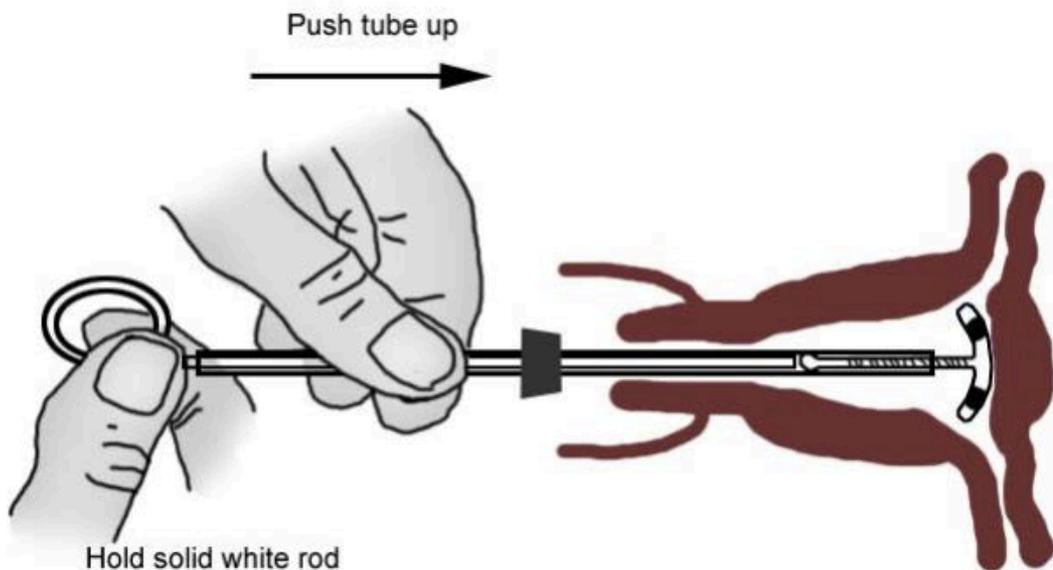
Withdraw tube to release T arms



Hold solid white rod steady



Insertion Procedure



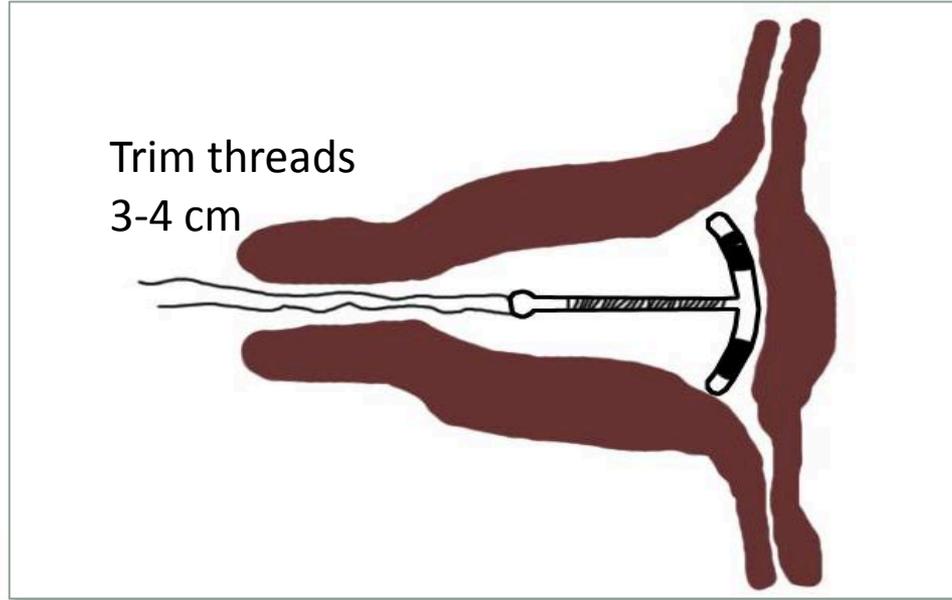
Hold rod steady
while advancing
tube to the fundus.

Insertion Procedure

Remove white rod completely before removing insertion tube.



Insertion Procedure



Questions?



Let's Practice!



Need more practice?

Optional office hours with pelvic simulators:

Today: 4:00 - 5:30

Tomorrow: 2:00 - 4:00

Practice technique
Ask experts your questions!

