



Long-Acting Reversible Contraception (LARC) Training for Colorado Providers * Community Health Services

Program Description

In 2015 Denver Health began offering a 2-day Long-Acting Reversible Contraception (LARC) training for licensed, practicing providers on-site at its Community Health Centers. This includes IUD and contraceptive implant training with providers skilled in family planning procedures. We have the capacity to provide hands-on training to 12-18 licensed Colorado providers annually (Nurse Practitioners, Physician Assistants, Physicians). There is no cost for trainees to attend, as the initiative is grant-supported at this time. Training candidates should ideally have/be:

- LARC methods available onsite for clients
- Less than 7 years into their clinical practice
- Providing direct patient care 70-100% time
- Willing to train other providers in their clinical setting

Prior to attending on-site training, each trainee will receive a kit by mail including:

- Information regarding evidenced-based counseling techniques (reference the Choice Project approach at: www.larcfirst.com)
- Contraceptive information and management resources (US MEC, US SPR)
- Information regarding the impact of LARC in Colorado (CFPI)
- Training kits for IUD types
- Information on obtaining CME/CNE credits
- Pre and post-training online survey information

Trainees not yet certified in Nexplanon® will be connected with a local Merck representative to arrange attendance at training before coming to the Denver Health course. In addition to performing LARC procedures with the trainer present, trainees will participate in the entire patient visit to obtain skills in contraceptive counseling and informed consent. The baseline knowledge and skill set of each trainee will be taken into consideration. Hands-on procedures experience will be tailored to individual needs and comfort level with the goal of each trainee feeling prepared to provide LARC procedures upon returning to their practice.

Pre-Training Agreements

Denver Health will work with interested providers, and their employer/organization, to facilitate a training affiliation agreement in advance and obtain required attestations (e.g. provider license verification, liability insurance, evidence of vaccinations, etc.) prior to participants scheduling training. A temporary badge will be issued to participants to display while training at Denver Health. Please contact Shelley Jackson Worstell for additional information and training dates.

Contact Information

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