

**NEXPLANON / IMPLANON INSERTION CONSENT/ CLIENT INFORMATION SHEET**

I understand that Nexplanon / Implanon is a kind of birth control implant that consists of one small flexible rod, containing a form of the hormone progestin. It will be implanted just under the skin of my upper arm. I understand that Nexplanon / Implanon will keep me from getting pregnant for up to 3 years. After three years, Nexplanon / Implanon is no longer effective and must be taken out. I can have another Nexplanon / Implanon inserted at that time or start using another method of birth control. I also know that I can have Nexplanon / Implanon removed at any time and for any reason.

I understand that Nexplanon / Implanon is more effective in preventing pregnancy than the Pill. Nexplanon / Implanon is not permanent. I can get pregnant after it is taken out. I understand that Nexplanon / Implanon might not be as effective if I take certain medications (mainly medications for seizures) or the herbal remedy called St. John’s Wort.

I am aware that women who use Nexplanon / Implanon have changes in their menstrual periods. Some women spot or bleed more often, and some women bleed less or not at all. Spotting between periods is common. I understand that some women might also have weight gain, headaches or depression. I understand that Nexplanon / Implanon does not protect me from sexually transmitted diseases, including the virus that causes HIV. I need to use condoms to help protect me from infections.

I have been told what to expect when Nexplanon / Implanon is put in and taken out. I am aware that I might feel some discomfort during and after these procedures. I have been told about the problems that might occur when putting in or taking out Nexplanon / Implanon such as: allergic response to anesthetic; bruising or soreness around the insertion site; or infection. After Nexplanon / Implanon is put in, it could accidentally come out; this is rare, though. When Nexplanon / Implanon is taken out, it could break.

Removing Nexplanon / Implanon may be slightly more difficult than putting it in. Sometimes it takes two clinic visits before the Nexplanon / Implanon rod can be taken out.

I have a copy of the written patient information which gives more details about these and other risks/side effects.

**I know to call the clinic if I:**

- Want my Nexplanon / Implanon taken out;
- Have heavy bright red bleeding from the vagina that is more than a period;
- Have a late period after my periods have been on time;
- Have pain, pus, bleeding, or red skin where the Nexplanon / Implanon was put in, or if my Nexplanon / Implanon capsule comes out;
- Have very bad pain in the lower stomach or abdomen;
- Have very bad headaches or problems with my vision

**The above information has been presented to me in oral and written form. I understand the information and my questions have been answered.**

**Based on my knowledge of the above, I consent to having Nexplanon / Implanon inserted.**

**Client Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Provider Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Interpreter Identification Information** \_\_\_\_\_