



# Prenatal Plus Program Eligibility Screening Form

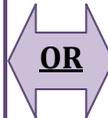
Use this form to determine Prenatal Plus eligibility.  
See risk factor definitions on the back.

Client Name \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ EDD \_\_\_/\_\_\_/\_\_\_  
Date of Enrollment \_\_\_/\_\_\_/\_\_\_ Weeks Gestation at Enrollment \_\_\_\_\_

### RISK FACTORS

Medicaid client is at risk of poor maternal and/or infant health outcome(s) due to at least one (1) of the following (check all that apply):

- History of previous low birth weight infant
- Age 18 or younger at time of conception
- Age 35 or greater at time of conception
- Recent or current alcohol use
- Recent or current illicit drug use
- Recent or current smoker
- Pre-pregnancy BMI less than 18.5 kg/m<sup>2</sup>
- Pre-pregnancy BMI greater than or equal to 30 kg/m<sup>2</sup>
- Recent delivery
- Inadequate prenatal weight gain
- Education level less than appropriate for age
- Not married
- Cognitive or developmental disability
- Client does not desire the pregnancy or has unresolved feelings regarding the pregnancy
- History of or current mental health disorder, including depression
- History of or current domestic violence
- History of abuse in childhood
- Incarcerated within the past year, currently on probation or received a felony conviction within past 2-5 years
- Has been homeless within the past 12 months
- Moved to the U.S. within past 6 months as a refugee or political asylee



### HIGH LIFE STRESS FACTORS

Medicaid client is at risk of poor maternal and/or infant health outcome(s) due to at least four (4) of the following in the last twelve months (check all that apply):

- The client had a death of someone very close to her
- Her partner went to jail
- Someone very close to her has had drug or alcohol problems
- A close family member was very sick and had to go into the hospital
- She is/was separated or divorced from her partner
- She has moved to a new address
- Her partner lost his/her job
- She lost her job even though she would have wanted to go on working
- She argued with her partner more than usual
- Her partner said he/she didn't want her to be pregnant
- She had a lot of bills she couldn't pay
- She was in a physical fight

\_\_\_\_\_ Total stress factors in the last 12 months

#### Completed by:

Name \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_/\_\_\_/\_\_\_

## RISK FACTOR DEFINITIONS

Age 18 or younger at time of conception

Age 35 or over at time of conception

Client does not desire the pregnancy or has unresolved feelings regarding the pregnancy – Exhibits negative feelings such as resentment, fear, inadequacy and doubt about the pregnancy; may give mixed messages regarding her decision to parent

Cognitive or developmental disability – Includes women who are developmentally disabled, have traumatic brain injuries, or other cognitive impairments that reduce their ability to understand and follow education or instruction offered by providers

Education level – Has not graduated from high school, does not have a GED, or less than appropriate for age (e.g. 15 year old in 7<sup>th</sup> grade)

Has been homeless within the past 12 months – Includes living in transitional homes (e.g. shelter or motel)

History of abuse in childhood – Includes verbal, emotional, physical, or sexual abuse

History of or current domestic violence – Includes verbal, emotional, physical, or sexual abuse

History of or current mental health disorder, including depression – Mental health disorders include but are not limited to depression, panic or anxiety disorders, bipolar disorder, schizophrenia, obsessive compulsive disorder, post-traumatic stress disorder, eating disorders, dissociative disorders, and borderline personality disorders

History of previous low birth weight infant – Birth weight was 5 lbs. 8 oz. or less, or less than 2500 grams

Inadequate weight gain during pregnancy – Weight gain below the appropriate line on a prenatal weight gain grid; weight loss below pre-pregnancy weight in the 1<sup>st</sup> trimester; weight loss of 2 lbs. or more in the 2<sup>nd</sup> or 3<sup>rd</sup> trimesters; weight gain of less than 2 lbs. per month during the 2<sup>nd</sup> or 3<sup>rd</sup> trimesters; or any weight gain that falls below the expected rate of gain

Incarcerated within the past year, currently on probation or received a felony conviction within past 2-5 years – Includes any time served in jail and/or prison in the past 12 months. Does not apply to clients whose convictions have been expunged

Moved to the U.S. within past 6 months as a refugee or political asylee – A refugee is an individual who is outside his/her country of nationality or, in the case of a person having no nationality, is outside any country in which he/she last habitually resided, who is unable or unwilling to return to such country because of persecution or a well-founded fear of persecution on account of race, religion, nationality, membership in a particular social group, or political opinion. Refugee status is determined by the Department of Homeland Security before a person is eligible for resettlement in the U.S. An asylee is an individual who has received permission to remain in the U.S., under Section 208 of the Immigration and Nationality Act, based on a “well founded fear of persecution” should the individual return to his/her native land. A prospective asylee applies for this permission from within the U.S. unlike a refugee who applies from abroad.

Not married – Includes single women and women who are living with a partner but not married; common-law marriages and women who are pursuing divorce, but are not yet divorced, are considered married

Pre-pregnancy BMI greater than or equal to 30 kg/m<sup>2</sup> – Use the BMI chart, wheel, or other calculation to determine client’s BMI according to height and known or estimated weight prior to conception

Pre-pregnancy BMI less than 18.5 kg/m<sup>2</sup> – Use the BMI chart, wheel, or other calculation to determine client’s BMI according to height and known or estimated weight prior to conception

Recent delivery – Less than 12 months between date of last delivery and date of conception

Recent or current alcohol use – Any current use of alcohol; any use after conception, including prior to knowledge of pregnancy; any use within the 3 months prior to conception

Recent or current illicit drug use – Any current use of marijuana, cocaine, heroin, amphetamines or other illicit drug, or misuse of prescription drugs; any use after conception, including prior to knowledge of pregnancy; any use within the 3 months prior to conception

Recent or current smoker – Any current use of tobacco; any tobacco use after conception, including prior to knowledge of pregnancy; any use within the 3 months prior to conception