

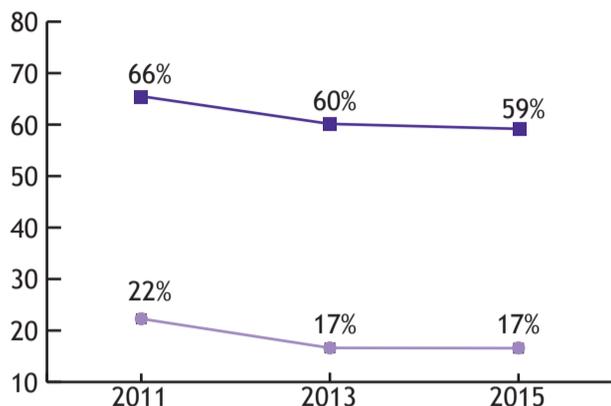
# Substance Use Among Youth in Colorado



The Healthy Kids Colorado Survey (HKCS) is a tool we use to better understand the health of Colorado's middle and high school students so we can support them in making healthy choices. The following images represent Colorado high school student data from 2015. For more information and complete survey data, visit [healthykidscolo.org](http://healthykidscolo.org).

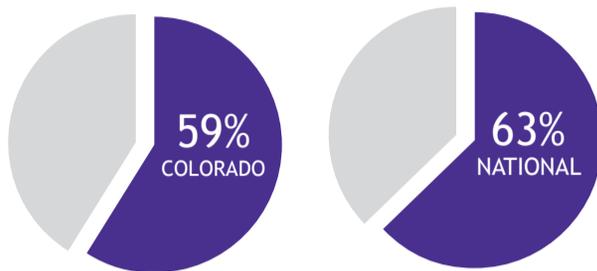
## ALCOHOL

### CO YOUTH ALCOHOL USE

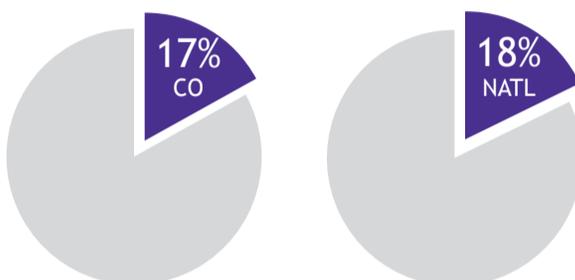


■ Had at least one drink once in their lifetime  
● Had five or more drinks in one day in the last 30 days (binge drinking)

### EVER DRANK ALCOHOL



### BINGE DRINKING (PAST 30 DAYS)



### ADULTS CAN HELP REDUCE YOUTH ALCOHOL USE



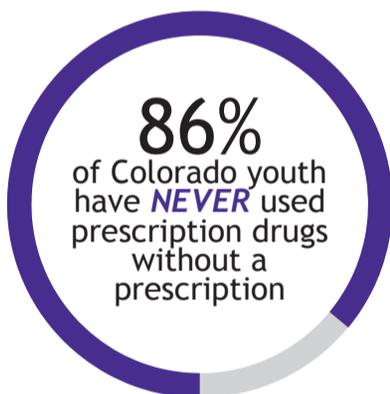
**Parents' Opinion:**  
Youth are 3x LESS likely to binge drink if a parent feels it's wrong.



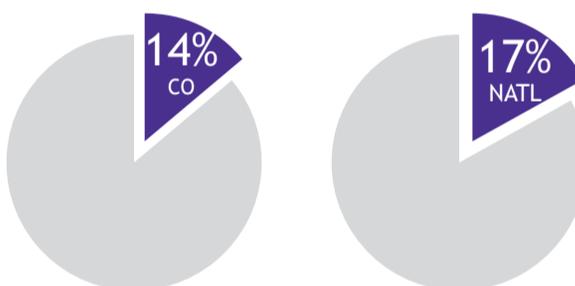
**Trusted Adults:**  
Youth who can ask a parent, guardian, or other adult for help are 1.5x LESS likely to binge drink.

## PRESCRIPTION DRUGS

### PRESCRIPTION DRUG USE



### EVER USED PRESCRIPTION DRUGS WITHOUT A PRESCRIPTION



### SCHOOL ENGAGEMENT CAN HELP REDUCE YOUTH PRESCRIPTION DRUG USE



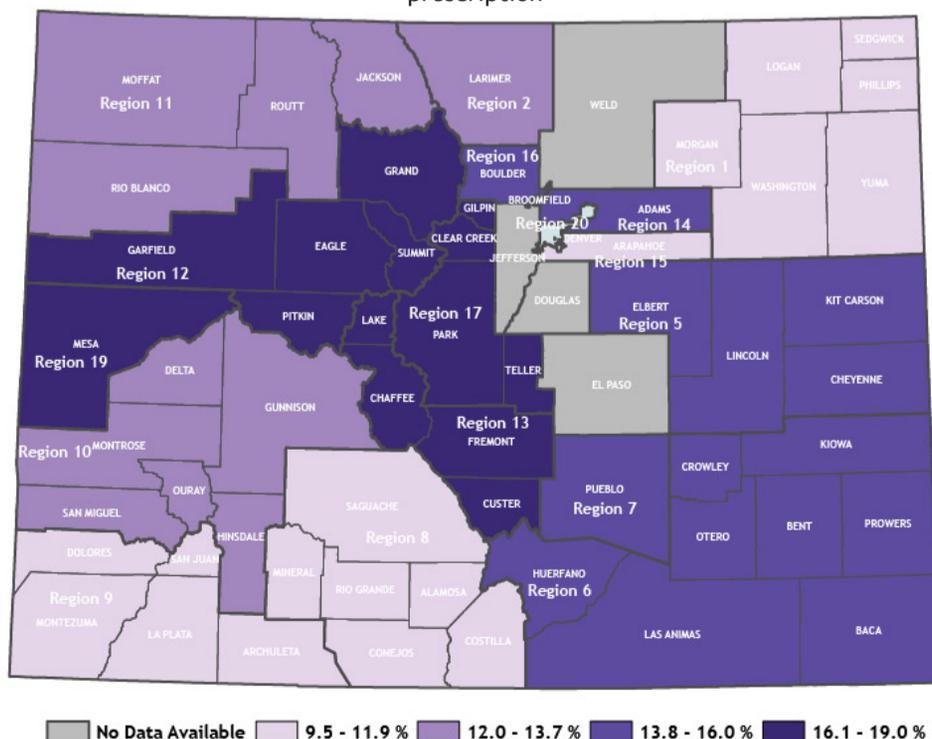
**Extracurricular activities:**  
Youth who participate are 1.5x LESS likely to misuse prescription drugs.



**Supportive Teachers:**  
Youth who agree that teachers care and encourage them are 2x LESS likely to misuse prescription drugs.

### REGIONAL BREAKDOWN

Ever used prescription drugs without a prescription



### CO YOUTH SUBSTANCE USE: EVER USED

