

# Tobacco Use Among Youth in Colorado



The Healthy Kids Colorado Survey is a tool we use to better understand the health of Colorado's middle and high school students so we can support them in making healthy choices. The following images represent Colorado high school student data from 2015. For more information and complete survey data, visit [healthykidscolo.org](http://healthykidscolo.org).

## 1 IN 3 YOUTH WHO ATTEMPTED TO BUY CIGARETTES WERE DENIED

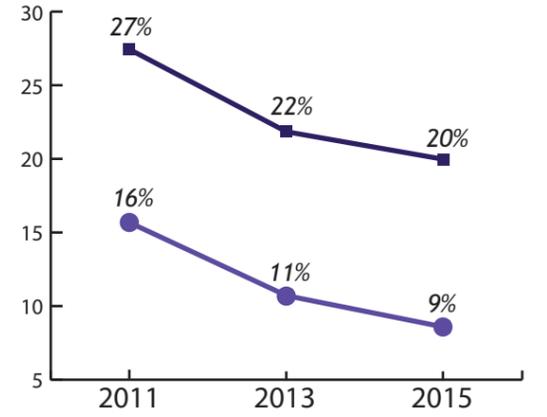


## E-SMOKING DEVICE USE

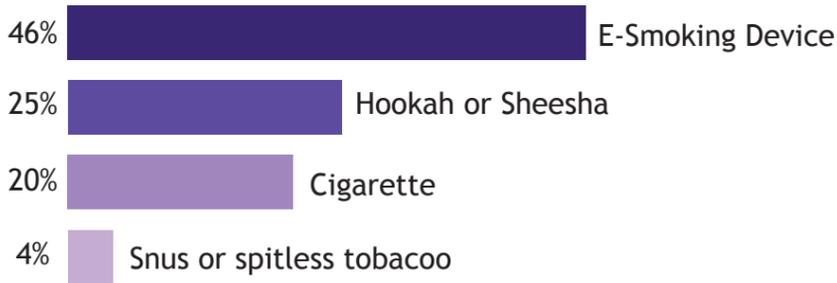
Among all Colorado youth. Includes e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens.



## CO YOUTH CIGARETTE SMOKING TREND



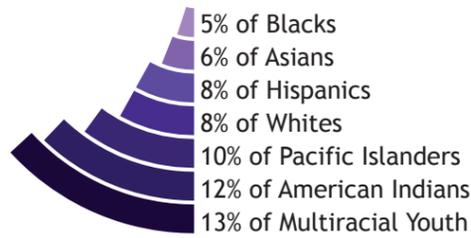
## TOBACCO PRODUCTS (EVER USED)



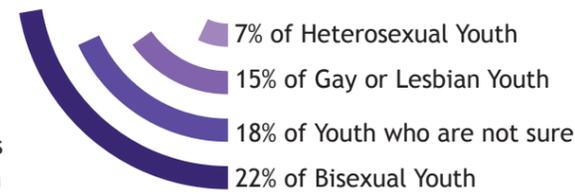
## HEALTH INEQUITIES

Demographic breakdown of cigarette smokers among a specific identity (last 30 days)

## RACE/ETHNICITY

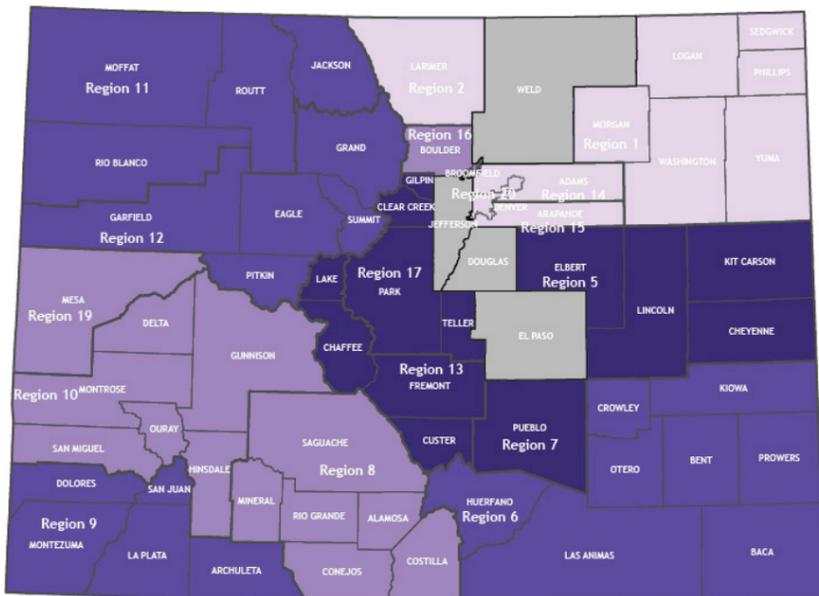


## SEXUAL ORIENTATION

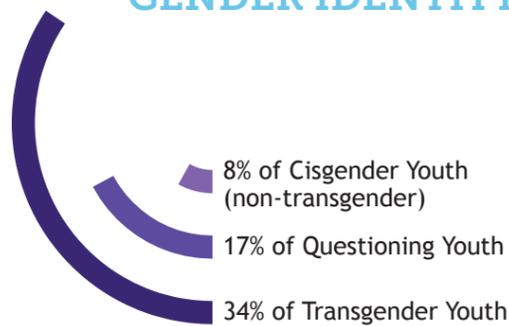


## REGIONAL BREAKDOWN

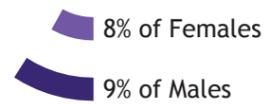
Smoked 1+ cigarette in the last 30 days



## GENDER IDENTITY



## SEX



Health equity is when all people, regardless of who they are or what they believe, have the opportunity to attain their full health potential. Achieving health equity requires valuing all people equally with focused and ongoing efforts to address inequalities.

## DO YOUTH THINK SMOKING IS RISKY?

Among all Colorado youth

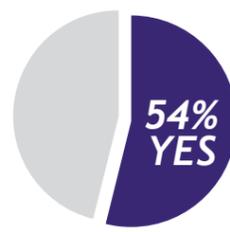


## DO YOUTH THINK IT IS EASY TO GET CIGARETTES?

Among all Colorado youth



## ARE YOUTH SMOKERS TRYING TO QUIT?



## ARE YOUTH EXPOSED TO SECOND HAND SMOKE AT HOME?



## PREVENTING YOUTH TOBACCO USE



### Parents' Opinion:

Youth whose parents think smoking is wrong are 6x LESS likely to smoke cigarettes.



### School safety:

Youth who feel safe at school are 3x LESS likely to smoke cigarettes.



### Family Rules:

Youth who have clear family rules are 3x LESS likely to smoke cigarettes.



### Extracurricular activities:

Youth who participate are 2.4x LESS likely to smoke cigarettes.



### Talking with Parents:

Youth who can ask a parent/guardian for help are 2.5x LESS likely to smoke cigarettes.



**COLORADO**  
Department of Public Health & Environment