

Look how great you are! Here are some of the answers you gave to the 2013 Regional Training Survey Question, "Imagine your best friend is giving you a toast. What does she say about you?"

A rock star, motivator, inspiration, hard worker, go to person for small details.
Kudos to you, for being caring, having great ideas, accepting and helpful to all.
Most caring person I know.
A wonderful wife, mother and friend. A caring, happy person.
Talkative, intelligent and knowledgeable about nutrition and breastfeeding, good at motivational interviewing, takes time with clients.
She's a loyal and fun person to be with and she is good with children.
Enjoys serving others, a good listener, always willing to help.
Here's to my knowledgeable, amazing and supportive friend.
She would say I am a trust worthy, dedicated co-worker.
Friendly, understanding, and caring of others' feelings and thoughts.
That I am good at my job and my life.
Dedicated mom and wife and loyal friend.
She is strong, adventurous, passionate and full of life.
Authentic in caring for others and has a positive outlook on life.
Very compassionate of others and patient. A team-player and always willing to go a step above.
She would say that, I'm friendly, respectful, a great listener and helpful.
Provides excellent customer service to her WIC participants.
Wonderful, always positive and has a big heart. She loves people.
Friendly, reliable, and passionate about everything she does.
Funny, caring, witty, smart.
Kind, shy, positive.
That I am a great listener, compassionate and dependable.
Compassionate, generous, looks for ways to help. Has a positive attitude and is encouraging.
She likes people and is patient, understanding with insight, and pretty mellow over all.
That I am passionate about nutrition and helping families make healthy choices.
Understands and always willing to help.
Smiles, helpful, artistic, loving, compassionate.
She is a good person to have on your side.
Takes time to listen & hear what is said. Offers suggestions & resources when request are made.
Wears her heart on her sleeve and would give you the shirt off her back.
Always willing to help with anything. Puts others first and can always be depended on.
She would say that I am a friendly, kind, loyal person who loves to laugh and have fun.
Polite, nice, well organized, easy to communicate with.
There is nothing better than having someone you can always depend on. Cheers.
She believed the best prize in life was the opportunity to work hard at work worth doing.
She says that I am compassionate and a good listener.
Fun, helpful, good listener, non-judgmental.
Has a good spirit, listens, is resourceful, thorough and takes time for herself.
She takes time to listen & hear what is said. Offers suggestions & resources.
Good customer service, always giving more than 100% and great job on keeping bf numbers up.
Here is to a very soft spoken, helpful, and well mannered person.
To a woman who has grown up and overcome many obstacles in life, I am proud of the person you are today.
Here is to someone who cares about the people she sees and enjoys her work.

Here's what you said to, "How were you that person at work this week?"

I value the clients and that they love their families as I love mine. I work to establish rapport and be kind and helpful to families.
Asked them if they needed to talk if they were stressed or having a bad day. Gave them a hug.
Listened carefully and with empathy to mom with numerous health challenges.
Helped several Moms with BF complications.
I'm always offering tips to help parents: making meals more nutritious and easy. Also tips on making parents lives easier w/ picky eaters.
Saw clients who needed to come in "right away"; door always open to come in and talk.
I tried to help as much as I could by going out of my way when necessary with a smile on my face even when I did not feel like it.
I have spoken to multiple clients and shown my passion for nutrition while counseling them on healthy lifestyle changes.
I practice Client-centered counseling. I am friendly and let my client's feel it's ok to open up. I encourage client's to have positive changes.
Used appropriate humor, assisted co-worker, remained upbeat when short-staffed and Compass was slow.
I showed quality customer service by making sure phone calls were answered and returned. I greeted the client with friendly customer service. I helped my co-workers when they were late with their clients.
I would describe myself at work this week as being a calming factor, giving as much knowledge as I can to my clients in my sessions.
I made an impact with a family who needed dental care for the child and reducing sweet fluids.
I try to listen and give the clients helpful everyday tips and re - enforce the positive things they are doing or trying.
That I was easy to approach. Gave meaning full advice and was very supportive to my co-worker.
Customer service is of high priority. When dealing with difficult people/situations I do everything I can to resolve the situation and allow the participant to leave feeling better than when she arrived.
I asked others how I could help and I genuinely asked people how their day was going. I listened to their answers completely before responding.
I try to keep things in perspective for my clients and remind them they are doing a great job at being a Mom.
I stayed calm when dealing with an upset participant.
I was understanding when a client did not follow our advice.
I was courteous to an upset client and tried sharing suggestions that other Mothers have tried with their children.
I helped others...I was very loving and sweet.
I helped a late client to have foods for her children with a happy heart.
I try to make clients feel at ease when they come in to see me and make eye contact and repeat some of what they say.
Daily I try to treat people like I would like to be treated, with a smile, a good listening ear and acknowledgement of their existence and feelings.
I recognize that other parents are also doing the best for their kids and family. When I counseled a family this last week, I really listened to what the mom was telling me.
I tried to help a client even though it ran into my lunch break.
Asks questions and is interested in others lives. Available when needed. Follows through with what I say I am going to do.
I had a mom, who isn't on WIC, (She has a 2 yr old on WIC). After done w/child asked if I would weigh her and stated she trying to lose weight. She told me what she's done to lose weight, and I praised her for changes. Gave handout on activities she can do w/children. She was very appreciative.
By encouraging a new breastfeeding mother and telling her she is doing a great job, praising her for caring for her newborn and wanting the best for him.