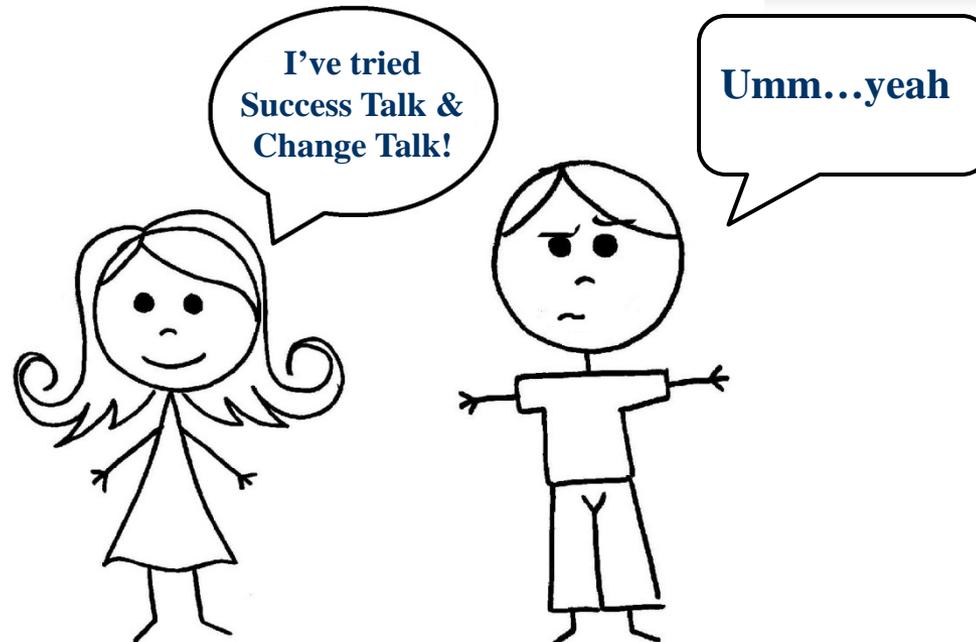
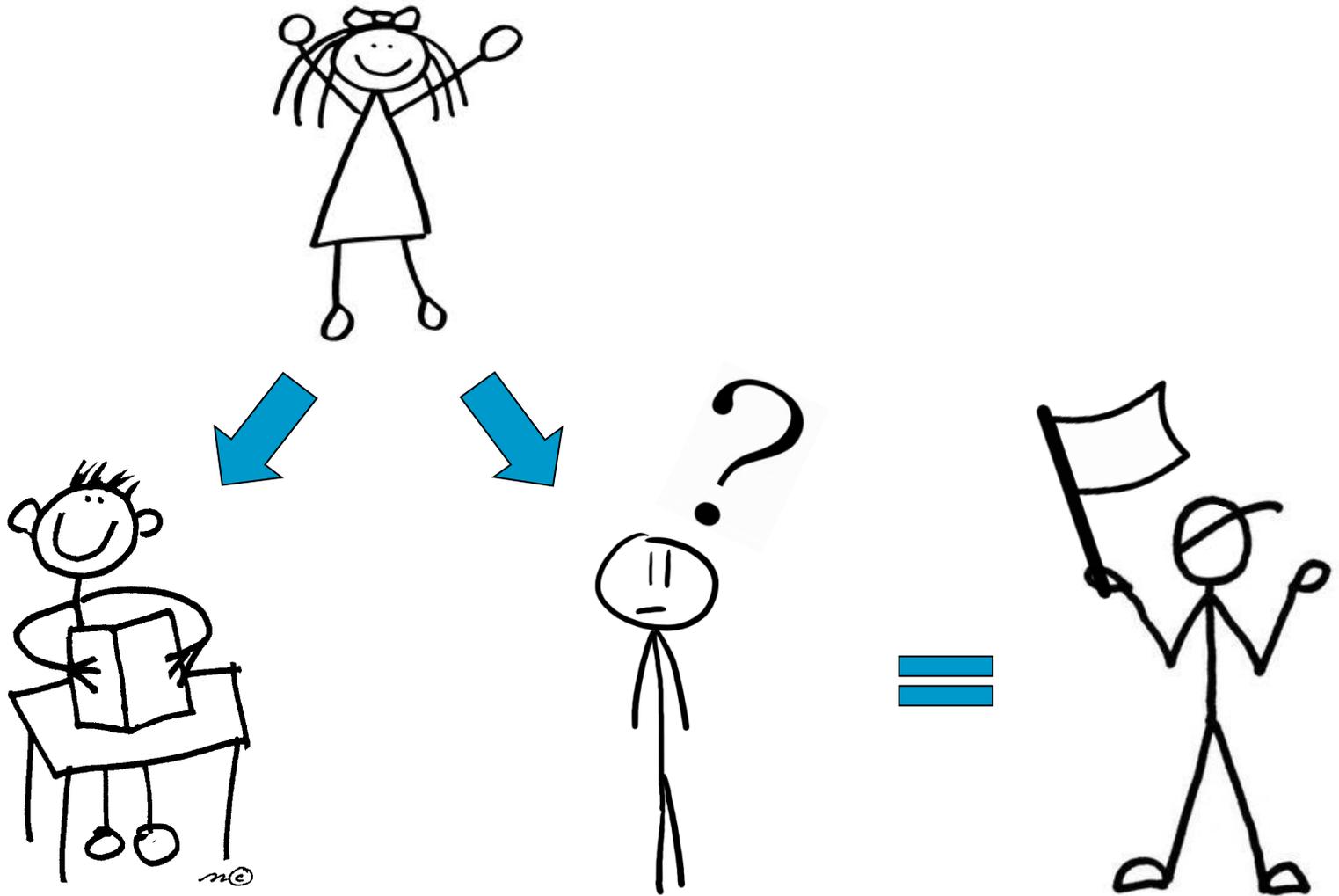


Moving Forward with Regional Training

Focus on Nora Lynch's Presentation



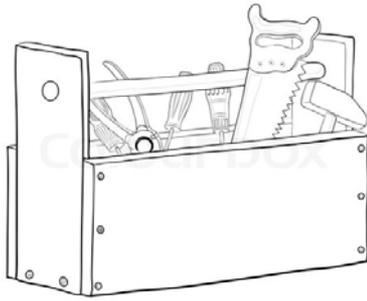
The Training Dilemma





Getting up to Date

- Since the last advisory mtg are you aware of any group or individual discussion regarding Nora's concepts?
- Do you notice any techniques/tools from Nora's presentation still being used in the clinic, if at all?



Facilitator's Toolbox

- **Instruction Guide**
 - Steps for preparation
 - Ways to keep the momentum going
 - Tips for success
- **5 separate meeting agendas**
 - Warm-up activities
 - Engagement questions
 - Interactive Experience
 - Utilizing Nora's training resources
 - Individual Goal Setting

Appreciative Inquire (AI) - Overview and Practice

Developing Your Inner Success Detective: Moving Forward with Regional Training

Agenda 1*

* Revise this agenda as needed to meet your own individual clinic needs. To divide this agenda into two separate meetings, it has been divided into Part I & Part II, or you can decide to do Part I and Part II together. This agenda and activity also works for one-on-one meetings too.

Learning objectives: Staff will:

1. Understand the benefits and importance of using AI.
2. Learn how to get WIC participants (ppts) engaged and talking using AI.
3. Identify challenges and solutions when using AI

Part I:

Activity (Outline)	Estimated time	Method	Resources (materials, handout, video)
<p>Warm-up: <i>"The purpose of this meeting is to support and encourage you to continue or to begin practicing AI we learned from Regional Training in your counseling with ppts. Using AI can be very beneficial in boosting our ppts confidence so they can be successful and to help you increase your satisfaction in your work day. Let's begin by doing an ice-breaker activity."</i></p> <p>One Word Ice-breaker: (if you lack time, consider skipping)</p> <ul style="list-style-type: none"> • Divide the meeting participants into groups of four (or smaller), or this can be done individually too. • Tell the group(s) that their assignment is to think for a minute and then to share with the group the one word that describes... "your most significant success this week?" Or in one word, describe ..." how work went well this week?" <p>This ice breaker helps the group explore their thoughts on a common issue. This ice breaker is a perfect segue into the topic of the meeting (e.g. positive feelings, successes)</p>	15 min.	<p>Go around the room and allow each group/individual to share.</p> <p>Allow for spontaneous conversation. Staff may question each other about the meaning of their one word and ask for examples.</p> <p>Callout: What did you notice about yourself or others when you/they reflected on a positive experience? (note thoughts on the flip chart or black/marker board)</p>	Black/Marker board or flip chart to jot down the one word descriptions.
<p>Content- Understanding the importance of AI</p> <p><u>Main points:</u></p> <ul style="list-style-type: none"> • WIC ppt are often distracted, focused on problems (bus was 	10 min.	<p>Lecture and group discussion</p> <p>Callout: What are some things</p>	Nora Lynch's AI presentation PowerPoint slides 2-3,7-8, 11 & 12



Example of Warm-Up Activity

Plane Crash...Ice

Breaker:

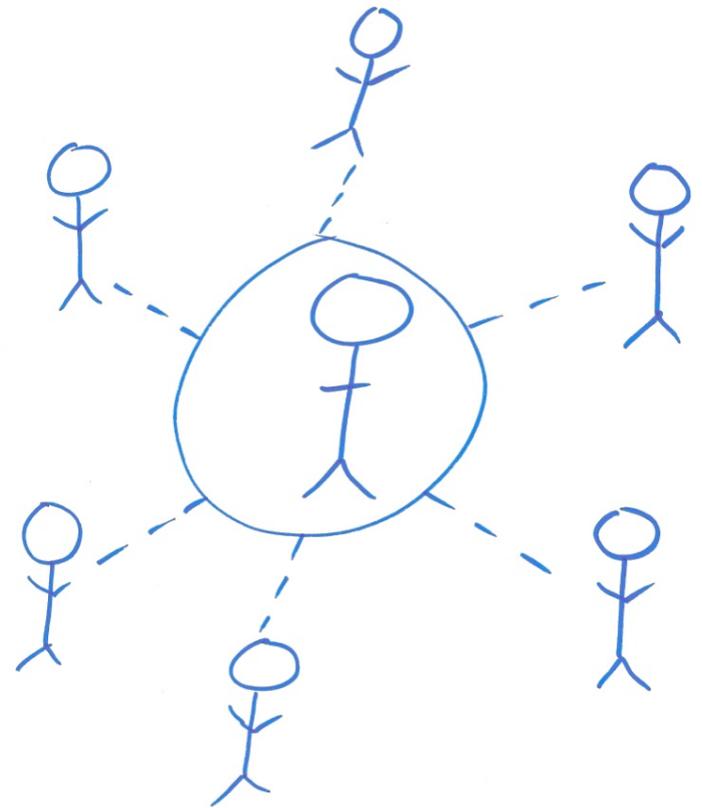
- Tell the group(s)/individual that their assignment is to imagine they were on a plane trip. Their plane crashed.
- The group/individual needs to choose only 5 items they feel would be most useful.

Callout Questions:

- What was your goal of choosing those items?
- What type of support do you need to use those items?
- How will you remember that those items are on the plane or at your crash site?

Key Success Factors

- Talk the talk & walk the walk
- Devote time
- Establish support
- Follow-up, follow-up, follow-up





Your Thoughts...

- How likely are you to devote meeting time or one-on-one time to these State developed agendas?
- How often are your staff meetings or one-on-one meetings?
- Is it realistic to ask for weekly time to do a peer-to-peer follow-up?
- What other ideas do you have to assist with on-going training of this concept?

Thank You

