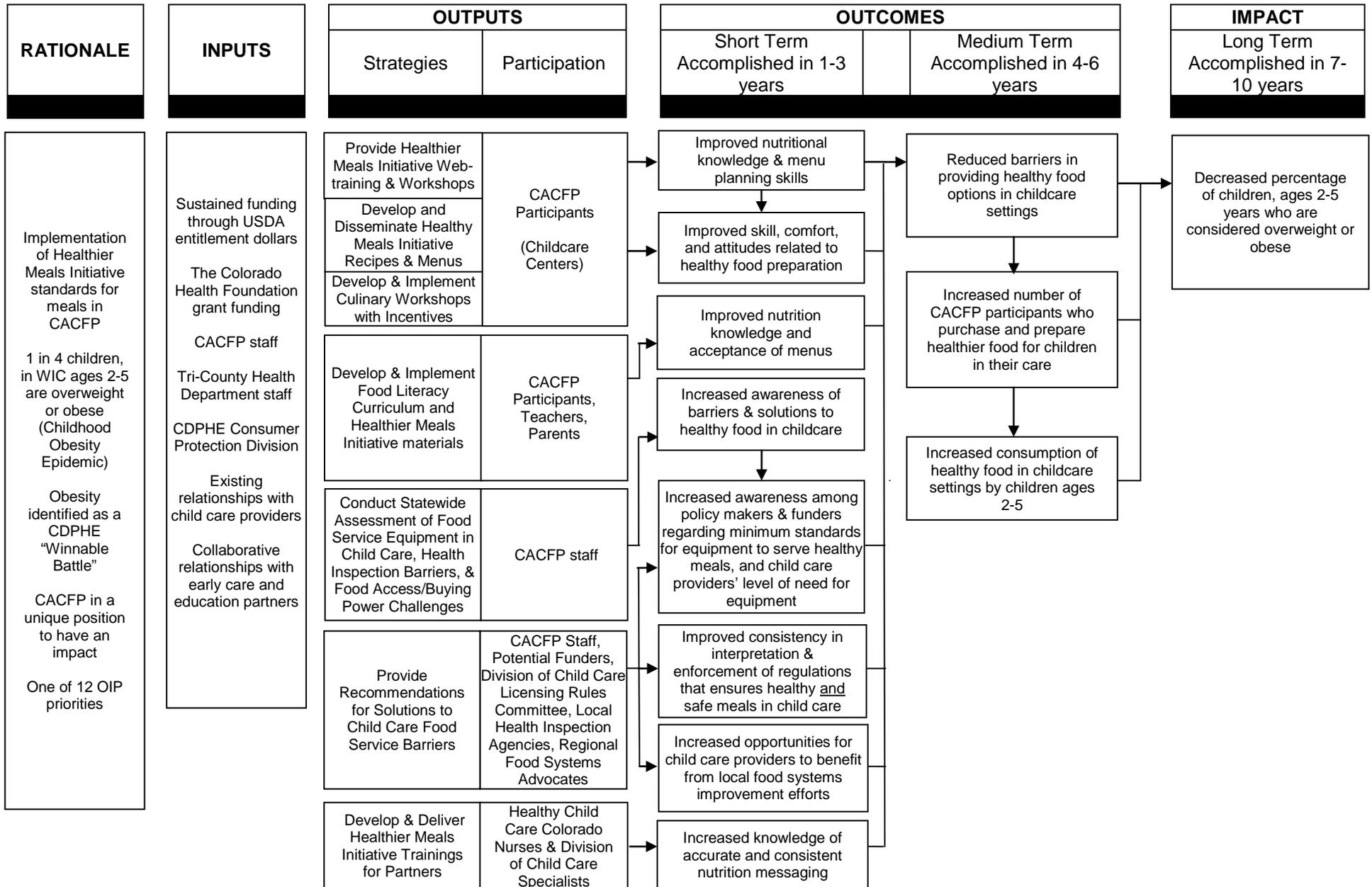


CDPHE Obesity Prevention Priority on Modifying Food Services Practices in Child Care, Child and Adult Care Food Program (CACFP) Healthier Meals Initiative Logic Model

January 2, 2013

Overarching Goal: Prevention and control of obesity and related diseases among Coloradans



LOGIC ASSUMPTIONS

Effective nutrition training and culinary curriculum for child care staff, and reducing barriers to serving healthier meals in childcare settings, will provide child care providers with the knowledge, skills, and environment to serve healthier meals to children. These meals will be lower in fat, include more whole grain products, and potentially more fruits and vegetables in place of juice. Meals and snacks of high nutrition quality are a critical component of preventing obesity among children, ages 2-5 years.

EXTERNAL FOCUS

A strong national and state focus exists on improving the environment in child care to prevent childhood obesity. The Colorado CACFP will be implementing higher standards for meals in child care, which will require significant support activities for child care providers. The strategies above were identified with input from child care providers and early care and education partners, and contribute to a broader, multi-sector effort to prevent obesity among Colorado's youngest children.

EVALUTION FOCUS - OUTPUTS

Assess reach and implementation Healthier Meals Initiative trainings and culinary workshops, assess training/workshop satisfaction, and perceived value of educational materials.

EVALUATION FOCUS – OUTCOMES AND IMPACT

Evaluate improvement in nutritional knowledge pre and post training, increases in perceived skill level, barrier reduction, change in provider food purchasing behavior, and change in menus. Although measurement of change in BMI of children in child care ages 2-5 years, attributed directly to the CACFP Healthier Meals Initiative will not be possible, overall ECOP evaluation will use WIC overweight/obesity prevalence as a measure.