



COLORADO

Department of Public
Health & Environment

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***** CDPHE-CACFP PROCEDURE MEMO CENTERS #15-25 *****

***** CDPHE-CACFP PROCEDURE MEMO FDCH #15-21 *****

***** CDPHE-CACFP PROCEDURE MEMO ADC #15-13 *****

DATE: August 14, 2015
MEMO CODE: CENTERS #15-25, FDCH #15-21, ADC #15-13
SUBJECT: Voluntary Menu Labeling in the CACFP
TO: All CACFP institutions

The Colorado Department of Public Health and Environment-Child and Adult Care Food Program (CDPHE-CACFP) received a policy memorandum (SP 36-2015, CACFP 17-2015, SFSP 19-2015) from the United States Department of Agriculture (USDA) pertaining to voluntary menu labeling. The following information summarizes this policy as it applies to CACFP institutions.

The U.S. Department of Health and Human Services, Food and Drug Administration (FDA) published the final rule, *Nutrition Labeling of Standard Menu Items in Restaurants and Similar Retail Food Establishments* in the Federal Register (79 FR 71155) on December 1, 2014. This rule requires calorie information be posted and other nutrition information be available upon request in chain restaurants and similar retail food establishments with 20 or more locations. The purpose of the FDA rule is to enable consumers to make informed and healthful dietary choices. The rule becomes effective December 1, 2015.

Institutions operating the Child and Adult Care Food Program are not required to implement these requirements. However, institutions may voluntarily implement similar initiatives. If interested, refer to the following resources which may be helpful for developing and implementing a menu calorie labeling program:

Nutrient Analysis Protocols: How to Analyze Menus for USDA's School Meals Programs:

<http://healthymeals.nal.usda.gov/menu-planning/menu-planning-tools>

National Nutrient Database for Standard Reference:

<http://ndb.nal.usda.gov/ndb/foods>

USDA Supertracker Food-A-Pedia:

<http://www.supertracker.usda.gov>

Please contact the CDPHE-CACFP office if questions arise.

