

Healthy, Happy Harmonies

1. Try It, You'll Like It
2. Rise Up!
3. Peaches, Apples,
and Bananas
4. Under the Ground
5. I Love Beans
6. Sauce, A Love Song
7. Grains On Our
Brains
8. Soup Is
9. Let's Begin
10. Ring the Bell



Songs written, recorded
and produced by Jeff
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