



## CACFP Menu and Production Record Adult Day Care Programs

Name of Center: \_\_\_\_\_

Date \_\_\_\_\_

CACFP Meal Pattern for adult daycare centers	Menu	Estimated Number to be served	Amount of Food To Purchase/ Prepare	Adjustments
<b>Breakfast</b> <ul style="list-style-type: none"> <li>• Fluid Milk, 8 ounces</li> <li>• Fruit, vegetables or portions of both ½ cup</li> <li>• Grains, 2 slices, biscuit, roll or muffin 2 servings, ready-to eat cereal breakfast cereal: Flakes 2 cups, puffed cereal 2 ½ cups, granola ½ cup</li> </ul>		_____ Program Adults  _____ Other Staff Members		
<b>AM Snack</b> (choose 2 different food components) <ul style="list-style-type: none"> <li>• Fluid Milk, 8 ounces</li> <li>• Meat or Meat Alternate, 1 ounce</li> <li>• Fruit, ½ cup</li> <li>• Vegetable, ½ cup</li> <li>• Grains, bread 1 slice, biscuit, roll or muffin 1 serving, cooked cereal or pasta ½ cup</li> </ul>		_____ Program Adults  _____ Other Staff Members		
<b>Lunch</b> <ul style="list-style-type: none"> <li>• Fluid Milk, 8 ounces</li> <li>• Meat or Meat Alternate, 2 ounces</li> <li>• Fruit, ½ cup</li> <li>• Vegetable, ½ cup</li> <li>• Grains, 2 slices, biscuit, roll or muffin 2 servings, 1 cup pasta</li> </ul>		_____ Program Adults  _____ Other Staff Members		
<b>PM Snack</b> (choose 2 different food components) <ul style="list-style-type: none"> <li>• Fluid Milk, 8 ounces</li> <li>• Meat or Meat Alternate, 1 ounce</li> <li>• Fruit, ½ cup</li> <li>• Vegetable, ½ cup</li> <li>• Grains, bread 1 slice, biscuit, roll or muffin 1 serving, cooked cereal or pasta ½ cup</li> </ul>		_____ Program Adults  _____ Other Staff Members		
<b>Supper</b> <ul style="list-style-type: none"> <li>• Fluid Milk, 8 ounces</li> <li>• Meat or Meat Alternate, 2 ounces</li> <li>• Fruit, ½ cup</li> <li>• Vegetable, ½ cup</li> <li>• Grains, 2 slices, biscuit, roll or muffin 2 servings, 1 cup pasta</li> </ul>		_____ Program Adults  _____ Other Staff Members		