

Menu and Production Record

Name of Center: \_\_\_\_\_

Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_

CACFP Meal Pattern for adults participating in adult daycare centers	Menu	Estimated Number to be served	Amount of Food To Purchase/ Prepare	Actual Amount Prepared
<p><b><u>Breakfast</u></b></p> <ul style="list-style-type: none"> <li>● Fluid Milk, 1 cup</li> <li>● Fruit or Vegetable, ½ cup</li> <li>● Bread or Bread Alternate, 1 slice or ¾ cup dry cereal (or 1 ounce) or ½ cup cooked cereal (must offer a total of 2 servings)</li> </ul>		<p>_____</p> <p>Program Adults</p> <p>_____</p> <p>Other Adults</p>		
<p><b><u>A.M. Snack</u></b> (choose 2 different food components)</p> <ul style="list-style-type: none"> <li>● Fluid Milk, 1 cup</li> <li>● Meat or Meat Alternate, 1 ounce</li> <li>● Fruit or Vegetable, ½ cup</li> <li>● Bread or Bread Alternate, 1 slice or ½ cup</li> </ul>		<p>_____</p> <p>Program Adults</p> <p>_____</p> <p>Other Adults</p>		
<p><b><u>Lunch</u></b></p> <ul style="list-style-type: none"> <li>● Fluid Milk, 1 cup</li> <li>● Meat or Meat Alternate, 2 ounces</li> <li>● Fruit and/or Vegetables, 1 cup total (must serve at least 2 different varieties)</li> <li>● Bread or Bread Alternate, 1 slice or ½ cup (must offer a total of 2 servings)</li> </ul>		<p>_____</p> <p>Program Adults</p> <p>_____</p> <p>Other Adults</p>		
<p><b><u>P.M. Snack</u></b> (choose 2 different food components)</p> <ul style="list-style-type: none"> <li>● Fluid Milk, 1 cup</li> <li>● Meat or Meat Alternate, 1 ounce</li> <li>● Fruit or Vegetable, ½ cup</li> <li>● Bread or Bread Alternate, 1 slice or ½ cup (must offer a total of 2 servings)</li> </ul>		<p>_____</p> <p>Program Adults</p> <p>_____</p> <p>Other Adults</p>		
<p><b><u>Supper</u></b></p> <ul style="list-style-type: none"> <li>● Meat or Meat Alternate, 2 ounces</li> <li>● Fruit and/or Vegetables, 1 cup total (must serve at least 2 different varieties)</li> <li>● Bread or Bread Alternate, 1 slice or ½ cup (must offer a total of 2 servings)</li> </ul>		<p>_____</p> <p>Program Adults</p> <p>_____</p> <p>Other Adults</p>		

## Menu Changes/Updates

Date	Number fed	Food substitutes	Amounts used
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10			
11.			
12.			