

Resource List for Medications and Human Milk

- **LactMed**, a free online database with information on drugs and lactation, is one of the newest additions to the National Library of Medicine's TOXNET system, a Web-based collection of resources covering toxicology, chemical safety, and environmental health. LactMed may be searched at <http://toxnet.nlm.nih.gov/cgi-bin/sis/htmlgen?LACT> or simply "google" **LactMed**.

- ***Medications and Mothers' Milk***, Thomas Hale, RPh, PhD, fourteenth edition, 2010, Hale Publishing, L.P., (1712 N. Forest, Amarillo, TX 79106-7017)
Phone: 806-376-9900 or 800-378-1317
Pocket-sized drug reference book that gives information on the use of 900 + medications in breastfeeding mothers. Includes drug interactions and pregnancy risk factors. Updated regularly. **Approx. \$34.95.** **Order from ibreastfeeding.com or amazon.com**

- Dr. Hale's Website <http://neonatal.ttuhscc.edu/lact/>

- New InfantRisk Center** <http://www.ttuhscc.edu/infantrisk/>
Dr. Hale is forming a national call center, where mothers and health care providers can access up-to-date, evidence-based answers to their questions about specific medications during pregnancy or lactation. The proposed Center is associated with Texas Tech Univ. Health Sciences Center Amarillo and Laura W. Bush Institute for Women's Health.

- **The Rocky Mountain Drug Consultation Center (RMDCC)** is a drug information center that serves the residents of the City and County of Denver, or organizations that have purchased a subscription to the service. Pharmacists and nurses with special expertise concerning drugs can answer questions about medications in mothers' milk.
Call **303-893-DRUG (3784)**

- ***Drugs in Pregnancy and Lactation: A Reference Guide to Fetal and Neonatal Risk***, by Gerald Briggs, Roger Freeman, Sumner Yaffe. Published by Lippincott Williams & Wilkins, 2008. A comprehensive reference for medical professionals covering drug safety for pregnant and nursing women and their infants.
Hardcover, \$103.20 **CD-ROM, \$89.95**

- **University of Rochester Lactation Study Line** **Call 1-585-275-0088**

The Drug Line is staffed from Mon. – Fri. 10 a.m. – 3:30 p.m. Eastern Standard Time. This service handles inquiries only from health professionals on breastfeeding related issues, especially questions about maternal medications and breastfeeding.