

Employer Breastfeeding Resources

Providing accommodations for breastfeeding and supporting breastfeeding employees offers tremendous rewards for your business. Benefits include:

- Cost savings for healthcare due to healthier moms, dads and babies
- A reduction in employee absenteeism
- Increase in employee morale and productivity
- Increase in employee retention
- Enhanced business image in the eyes of customers, employees, and the community

Source: U.S. Department of Health and Human Services, www.womenshealth.gov

Resources:

- Colorado Department of Public Health and Environment - www.breastfeedcolorado.com.
 - Find information about the Colorado Workplace Accommodation for Nursing Mothers Act as well as other helpful links.
- U.S. Department of Health and Human Services Business Case for Breastfeeding - <http://www.womenshealth.gov/breastfeeding/employer-solutions/index.html>
 - Find common employer solutions by industry and other useful tips to comply with the law
- United States Breastfeeding Committee - <http://www.usbreastfeeding.org/workplace-law>
 - Find links to numerous resources and support documents, including the U.S. Department of Labor and answers to common questions
- La Leche League International - <http://www.llli.org>.
 - Find tips on workplace accommodation and resources to provide and support breastfeeding employees
- Colorado Breastfeeding Coalition - <http://www.cobfc.org>.
- Connect with your local WIC office for local support and resources, including your local breastfeeding coalition. To find your local WIC office, call 1-800-688-7777 or visit <https://www.colorado.gov/cdphe/wic-contacts>