

# Colorado & Federal Laws Support Breastfeeding

*The primary goal is to improve the health of families by boosting breastfeeding continuation and exclusivity rates.*

## ACCOMMODATIONS FOR NURSING MOTHERS ACT

The Colorado Workplace Accommodations For Nursing Mothers Act establishes a standard for an employer to:

- Provide reasonable unpaid break time, or allow an employee to use paid break and/or meal time, to express breast milk for her nursing child for up to 2 years after the child's birth
- Make reasonable efforts to provide a nursing mother with a private location in close proximity to her work area (other than a toilet stall) in which to express milk
- Not discriminate against women for expressing milk in the workplace

## BREASTFEEDING IN PUBLIC ACT

Colorado Revised Statutes 25-6-302 establishes that a mother may breastfeed in any place she has a right to be.

This act acknowledges:

- Colorado is involved in the national movement to recognize the medical importance of breastfeeding, within the scope of complete pediatric care, and to encourage removal of societal boundaries placed on breastfeeding in public.

## Postponement of Jury Service for a Person Who is Breastfeeding a Child Act

The Colorado Postponement of Jury Service for a Person Who is Breastfeeding a Child Act establishes that a person who is breastfeeding a child is eligible for two, 12-month postponements of jury service.

For questions or more information contact:

Colorado Breastfeeding Coalition - [www.COBFC.org](http://www.COBFC.org)

Colorado Department of Public Health and Environment - [www.BreastfeedColorado.com](http://www.BreastfeedColorado.com)

Colorado Department of Labor and Employment - <http://tinyurl.com/286p9r7>

