

Baby-Friendly Breastfeeding Courses List

*This list is by no means a comprehensive list

1. Northeastern University - Massachusetts Department of Public Health and Massachusetts AAP

Available: <http://www.northeastern.edu/breastfeedingcme/>

Cost: free

Courses:

a. *Expanding Clinicians' Roles in Breastfeeding Support:*

- Continuing Medical Education (CME) Online Tutorial (CME#1) 1.5 CME*

- Section 1: Current AAP Guidelines on Breastfeeding
- Section 2: Breastfeeding Background
- Section 3: Role of Broader Factors in Infant Feeding Decisions and Practices
- Section 4: Breastfeeding Management and Troubleshooting
- Section 5: Successful Breastfeeding Requires Support
- Section 6: Integrative Case Studies
- Section 7: Resources and Posttest

b. *Expanding Clinicians' Roles in Breastfeeding Support: Focus on Maternal & Infant Care Prenatally and During the Hospital Stay:*

- a. Continuing Medical Education (CME) Online Tutorial (CME#2) 1.5 CME*

- Section 1: Prenatal Activities
- Section 2: Maternity Care Practices
- Section 3: Maternity Care Challenges
- Section 4: Special Topics
- Section 5: Integrative Case Studies
- Section 6: Resources and Posttest

Offered by/Authors/Affiliations: The Massachusetts Department of Public Health and the American Association of Pediatrics-Massachusetts Chapter Breastfeeding Committee collaborated with Hallmark Health System and Northeastern University.

*CME is provided by Massachusetts Medical Society.

2. Supporting and Promoting Breastfeeding in Health Care Settings

Available: http://www.albany.edu/sph/cphce/preventionagenda_breastfeeding.shtml

Cost: free

Courses: 4 modules, via webinar

- 1 hr CME/module
- Prenatal Care
- Hospital Care Part 1
- Hospital Care Part 2
- Early Postpartum/Postnatal Care

Offered by/Authors/Affiliations:

School of Public Health, University at Albany, State University of New York

3. **BreastfeedingBasics**

Available: <http://www.BreastfeedingBasics.org>

Cost: free

Courses: 7 modules

NOTE: this will be retired 12/31/15

- No CME
- Benefits and Barriers,
- Anatomy and Physiology
- Growth and Development of the Breastfed Infant
- Breastfeeding Around the World
- The Breastfeeding Couple
- The Term Infant with Problems
- Breast Milk and Drugs

Note: Scores on pretests and posttests can be sent to course director or printed to document completion. Individual institutions may obtain CME.

Offered by/Authors/Affiliations: Mary O'Connor MD, MPH, Linda Lewin MD, and coworkers at Case Western Reserve University and Rainbow Babies and Children's Hospital, Denver Health, University of Colorado School of Medicine

4. **Breastfeeding Consortium – University of Virginia**

Available: <http://www.bfconsortium.org>

Cost: see below – course costs vary

Courses:

a. *Breastfeeding Training Course*

- Current Trends in Infant Feeding – 2.5 hrs CME
 - Prenatal Nutrition and Breastfeeding Education – 3 hrs CME
 - Labor, Delivery, and Immediate Postpartum Care – 5.75 hrs CME
 - Preterm and Late Preterm Infants – 2.25 hrs CME
 - Baby Friendly Hospital Initiative – 5 hrs CME
 - Feeding the Older Infant and Young Child – 1.5 hrs CME
- Total 20 hrs CME

Cost: \$99, volume discounts available

b. *Breastfeeding Friendly Performance Improvement*

This activity has been approved by:

- The American Board of Pediatrics for 10 Part 2 and 25 Part 4 Maintenance of Certification points
- The University of Virginia Office of Continuing Medical Education for a maximum of 20 PI-CME *AMA PRA Category 1 CreditsTM*.
- The American Board of Family Medicine for Maintenance of Certification for Family Physicians Part IV credit

Cost \$275

Offered by/Authors/Affiliations: University of Virginia Health System, Virginia Department of Health, Virginia Chapter of the American Academy of Pediatrics

5. **Breastfeeding Residency Curriculum**

Available: <http://www2.aap.org/breastfeeding/curriculum/>

Cost: free

Courses: Breastfeeding Residency Curriculum

- Designed for residents in Pediatrics, Family Medicine and Obstetrics/Gynecology
- No CME

- Medical Knowledge
- Patient Care
- Systems Based Practice
- Practiced Based Learning
- Interpersonal Communication Skills

Offered by/Authors/Affiliations: Section on Breastfeeding, AAP

6. Wellstart International

Available: <http://www.wellstart.org>

Cost: free

Courses:

- No CME, but institutions may provide their own, recommended 3 hours.
- A certificate of completion can be printed.

- a. Lactation Management Modules Level 1
- b. Breastfeeding: A Basic Health Promotion Strategy in Primary Care
- c. Basics of Breastfeeding: Getting Started
- d. Common Breastfeeding Problems

Offered by/Authors/Affiliations: Audrey Naylor MD, DPH and Ruth Wester RN, PNP, Wellstart International

7. Step2 Education

Available: <http://step2education.com/courses.html>

Cost: \$65-\$100/participant, depending on the number of participants

Courses:

- a. *Breastfeeding Essentials for Doctors*
 - 4 hrs CME

 - Provider information and assess breastfeeding women
 - Manage the breastfeeding dyad
 - Manage abnormal situations for the breastfeeding dyad

Offered by/Authors/Affiliations: Wendy Brodribb, MBBS, IBCLC, PhD, and Denise Fisher, AM, MMP, BN, IBCLC and Step 2 Education

8. Texas State Department of Health

Available:

<http://www.dshs.state.tx.us/workarea/linkit.aspx?linkIdentifier=id&itemid=85899547>
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Cost: free - online

Courses:

a. *The Health Care Providers Guide to Breastfeeding*

- Online booklet, PDF can be printed
 - No CME
 - On-site courses can be arranged in Texas only
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- Protecting, Promoting and Supporting Breastfeeding
 - Prenatal Lactation Support
 - Hospital Lactation Support
 - Lactation Fundamentals
 - Postpartum Growth Monitoring
 - Management Issues
 - Infant Medical Conditions
 - Contraindications and Medications
 - Lifestyle and Nutrition
 - Breastfeeding Statistics and Data
 - Breastfeeding Resources
 - Lactation Diagnosis Codes

Offered by/Authors/Affiliations: Nutrition Services, Texas State Department of Health and Texas WIC

9. Academy of Breastfeeding Medicine

Available: <http://www.bfmed.org> (check annual program for locations and dates)

Cost: \$120-150

Courses:

- a. *What Every Physician Needs to Know about Breastfeeding*
- CME available
 - 4 - 5 hour course at Academy of Breastfeeding Medicine annual meeting in fall
 - May also be available at other sites around the country

Offered by/Authors/Affiliations: Academy of Breastfeeding Medicine

10. AAP NCE Courses on Breastfeeding

Available: On-site, AAP NCE annually

Cost: included in AAP NCE registration fee

Courses:

- CME available – depends upon length of session

- a. *Everything You Always Wanted to Know about Breastfeeding – Basic Clinical Support Skills*
- b. *Everything You Always Wanted to Know about Breastfeeding – Advanced Clinical Care*

11. Webinars AAP website

Available: <http://www2.aap.org/breastfeeding>

Cost: free

Courses:

- CME credit is not available for the archived activity
- a. *I Never Heard of LactMed! Enhancing Obstetric and Pediatric Usage*
 - * Check for dates
 - ** View the archived Webinar and download the slide set.
- b. *Breastfeeding Support: Identifying Risks, Developing Solutions, and Primary Prevention through Obstetric & Pediatric Collaboration*
 - * Check for dates
 - ** View the archived Webinar and download the slide set.
- c. *Peers, Professionals, and Pediatricians Working Together to Support Breastfeeding Webinar*
 - * Check for dates
 - ** View the archived Webinar and download the slide set.
- d. *New Joint Commission Perinatal Care Core Measure on Exclusive Breast Milk Feeding Webinar*
 - * Check for dates
 - ** View the archived Webinar and download the slide set.
- e. *Breastfeeding Assessment During the 48-72 Hour Visit Webinar*
 - * Check for dates
 - ** View the archived Webinar and download slide set.

Due to technical issues, this webinar did not record in its entirety.