

Consumer Directed Attendant Support Services (CDASS) Planning Guide

What is CDASS?

CDASS is a service delivery option that allows you to direct your own Personal Care, Homemaker, and Health Maintenance Services. CDASS is available if you:

- Are eligible for the Elderly, Blind, and Disabled waiver, the Spinal Cord Injury waiver, or the Community Mental Health Supports waiver.
- Need support with completing personal care needs, cleaning your house, or health tasks.
- Can direct your own care, or you have an authorized representative to help you make decisions.
- Have documentation from your physician that your health is stable.

In CDASS you can:

- Select your attendants.
- Train, schedule, and supervise your attendants.
- Decide when and where you receive services.
- Set wages for your attendants within your monthly allocation.
- Choose someone you trust, like a family member or friend, to help you manage your services. This would be your authorized representative.

Before you can start CDASS, your case manager will come out to your house to meet with you. During this meeting your case manager will ask you questions about what support you need on a daily basis. Your support needs will be documented on an assessment called the Uniform Long Term Care 100.2 (ULTC 100.2). This assessment will be used to determine the type and amount of services available to you. For CDASS, you can use the following checklist to help you prepare for the assessment.

As you go through the checklist, ask yourself the following questions:

1. What support do I need throughout the day? For example, think about what you need to do in the morning before you leave the house or what you do at night before you go to bed.
2. Are there days when I might need more support than other days? When does this happen and what do the supports look like?
3. How much time will I need someone to support me with these tasks?
4. How many days a week will I need someone to support me with these tasks?

The checklist includes just some of the tasks with which you might need support. If you need support with other tasks, please make a note of it and talk with your case manager to see if it is available under CDASS or if there are other services and resources available.

Some tasks might be Personal Care or Health Maintenance depending on how much care is involved and whether it would require the assistance of a nurse if you weren't directing your own care. Talk with your case manager if you're not sure whether the task falls under Personal Care or Health Maintenance.

✓	Personal Care	✓	Homemaker	✓	Health Maintenance
	Eating		Routine light housekeeping		Medication Management
	Bladder/Bowel Care		Meal Preparation		Positioning
	Bathing		Dishwashing		Skin Care
	Oral Hygiene		Making Bed		Nail Care
	Positioning		Laundry		Respiratory Care
	Cleaning of medical equipment		Shopping for household items		Ventilator Support
	Protective Oversight		Trash		Wound Care
	Accompaniment in the community to appointments or other errands				Range of Motion
					Monitoring of vitals

Notes to Discuss with Case Manager: