



Colorado Opportunity Project

Presentation to the Strategic Action Planning Group on Aging

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Objectives

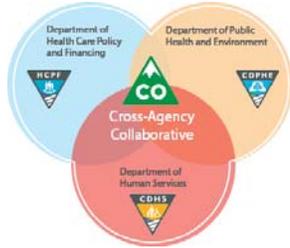
- Introduce the Colorado Opportunity Project
- Engage the Strategic Action Planning Group on Aging to collaborate in developing the Colorado Opportunity Project Older Adulthood Life Stages



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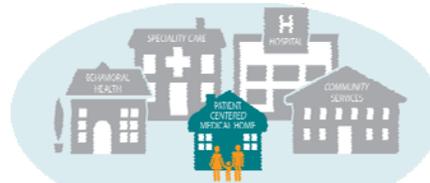
Colorado Opportunity Project



Strategic Action Planning
Group on Aging



Accountable Care Collaborative



Colorado Opportunity Project



- **The Need:** Many Coloradoans face roadblocks that keep them from having the opportunity to be healthy, economically-secure members of society.
- **What We Do:** The Colorado Opportunity Project is taking a prevention-based approach to identify and remove these roadblocks so that Coloradans can succeed across the life-span.



Colorado Opportunity Project

A prevention-based approach to identifying and removing roadblocks, so all Coloradoans will have the opportunity to reach their full potential.

- Life cycle model from family formation to older adulthood
- Indicators of success for each life stage
- Evidence-based initiatives to achieve the Indicators



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Indicators and Performance Measures lead to...

- Clearer discussions about goals
- Higher-quality data collection
- More evidence-based, strategic programs
- Collaborations across institutions
- Commitment toward achieving long-term goals

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Colorado Opportunity Project What's the Value?

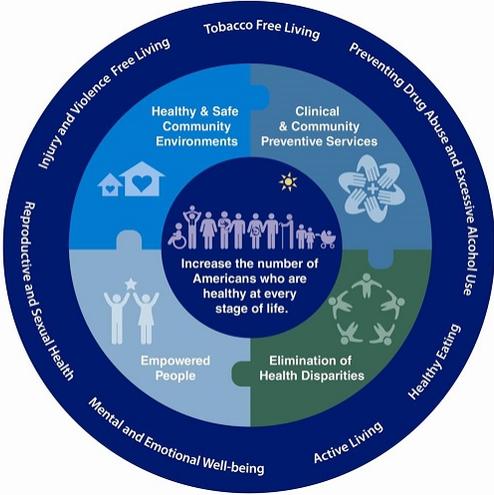
- Using evidence and data to spotlight what works
- Supporting current collaborations and building new ones
- Thinking differently about how to get the most value out of resources
- Support and increase access to evidence-based programs and coordination of services

Strategic Action Planning Group on Aging



- **Mission:** The Planning Group exists to produce a comprehensive strategic plan on aging in order to prepare our state for the wide-ranging effects of the demographic shift in Colorado's older adult population so that all Coloradans will age with dignity and optimum quality of life.
- **Vision:** Colorado will be a place where all residents can maintain a healthy, mobile and vibrant life as they age.

National Prevention Strategy

VISION: Move the nation from a focus on sickness and disease to prevention and wellness

GOAL: Increase the number of Americans who are healthy at every stage of life.

The diagram is a circular graphic with a central core and an outer ring. The core contains the text "Increase the number of Americans who are healthy at every stage of life." and icons of diverse people. The outer ring is divided into four quadrants: top-left (Healthy & Safe Community Environments), top-right (Clinical & Community Preventive Services), bottom-left (Empowered People), and bottom-right (Elimination of Health Disparities). The outer ring also features labels for various prevention areas: Tobacco Free Living, Preventing Drug Abuse and Excessive Alcohol Use, Healthy Eating, Active Living, Mental and Emotional Well-being, Reproductive and Sexual Health, and Injury and Violence Free Living.



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Healthy Aging starts...

- ❖ Long before illness
- ❖ In our homes, work places and communities
- ❖ Where we live, learn, work and play



The illustration shows a large tree with pink hearts as leaves. In the foreground, there are stylized houses, trees, and people. One person is holding a heart, and another is standing with arms raised. The background is a warm, yellowish-orange sky with soft clouds.



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Active Aging involves many factors...



World Health Organization Framework on Active Ageing

Social Determinants of Aging...

WHO Framework	Northwest Colorado Council of Governments	Strategic Action Planning Group on Aging
Health and social services	Access to Health Care	Health and Wellness
Economic Determinants	Employment	Workforce Development Family Economic Security
Physical Environment	Housing & Transportation	Physical Community • Mobility • Housing
Personal Determinants	Home services	Supportive Community • Long Term Care • Services (includes caregiver support)
Behavioral Determinants	Support for Caregivers	
Social Determinants	Information about resources	Outreach & Communication
		Public Finance

Northwest Colorado Council of Governments: 2011 study of key gaps among older adults

What Do We Want?	How Will We Know if We're Getting It?	What Can We Do to Get More of It?
<ul style="list-style-type: none"> • Outcomes 	<ul style="list-style-type: none"> • Objectives • Performance Measures 	<ul style="list-style-type: none"> • Strategic Initiatives

The Colorado Opportunity Project and the Strategic Action Planning Group on Aging are asking common questions:

- What do Coloradans need to live and thrive across the life span?
- How can older Coloradans achieve a high quality of life by remaining active, healthy, and meaningfully engaged?
- How can older Coloradans live with dignity, safety and respect?

Data → Data → Data




Current Needs for Older Adulthood Life Stages

We need subject matter experts from the Strategic Action Planning Group on Aging and other stakeholders, to collaborate:

- To develop the Opportunity Framework for Older Adulthood
 - Select evidence-based Indicators
 - Identify interventions that align with the Indicators.

To result in...

- Shared Indicators across departments and statewide data sets.
- A common framework for moving forward together.



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Choosing Indicators or Performance Measures

- *Predictive* - of success in reaching overall goal
- *Intuitive* - make sense to policy makers and users
- *Available* - can be captured in existing datasets
- *Feasible* - work at a practical and political level



Choosing Evidence-Based Interventions

- National and state movement to measuring the effectiveness of public programs
- Important to identify and replicate best practices
- Opportunity for many “promising programs” to build evidence to support their initiative



Discussion

- What questions or input do you have?
- What indicators or evidence-based programs might we include in the Older Adulthood Life-Stage?



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Thank You!

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