Objectives

- Introduce the Colorado Opportunity Project
- Engage the Strategic Action Planning Group on Aging to collaborate in developing the Colorado Opportunity Project Older Adulthood Life Stages
The Need: Many Coloradoans face roadblocks that keep them from having the opportunity to be healthy, economically-secure members of society.

What We Do: The Colorado Opportunity Project is taking a prevention-based approach to identify and remove these roadblocks so that Coloradans can succeed across the life-span.
Colorado Opportunity Project

A prevention-based approach to identifying and removing roadblocks, so all Coloradoans will have the opportunity to reach their full potential.

- Life cycle model from family formation to older adulthood
- Indicators of success for each life stage
- Evidence-based initiatives to achieve the Indicators

Indicators and Performance Measures lead to...

- Clearer discussions about goals
- Higher-quality data collection
- More evidence-based, strategic programs
- Collaborations across institutions
- Commitment toward achieving long-term goals
Colorado Opportunity Project
What’s the Value?

• Using evidence and data to spotlight what works
• Supporting current collaborations and building new ones
• Thinking differently about how to get the most value out of resources
• Support and increase access to evidence-based programs and coordination of services

Strategic Action Planning Group on Aging

• **Mission:** The Planning Group exists to produce a comprehensive strategic plan on aging in order to prepare our state for the wide-ranging effects of the demographic shift in Colorado’s older adult population so that all Coloradans will age with dignity and optimum quality of life.

• **Vision:** Colorado will be a place where all residents can maintain a healthy, mobile and vibrant life as they age.
**National Prevention Strategy**

**Vision:** Move the nation from a focus on sickness and disease to prevention and wellness

**Goal:** Increase the number of American who are healthy at every stage of life.

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**Healthy Aging starts...**

- Long before illness
- In our homes, work places and communities
- Where we live, learn, work and play
Active Aging involves many factors...

World Health Organization Framework on Active Ageing

Social Determinants of Aging...

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Northwest Colorado Council of Governments: 2011 study of key gaps among older adults
What Do We Want?
• Outcomes

How Will We Know if We’re Getting It?
• Objectives
• Performance Measures

What Can We Do to Get More of It?
• Strategic Initiatives

The Colorado Opportunity Project and the Strategic Action Planning Group on Aging are asking common questions:
• What do Coloradans need to live and thrive across the life span?
• How can older Coloradans achieve a high quality of life by remaining active, healthy, and meaningfully engaged?
• How can older Coloradans live with dignity, safety and respect?

Current Needs for Older Adulthood Life Stages

We need subject matter experts from the Strategic Action Planning Group on Aging and other stakeholders, to collaborate:

• To develop the Opportunity Framework for Older Adulthood
  ➢ Select evidence-based Indicators
  ➢ Identify interventions that align with the Indicators.

To result in...
• Shared Indicators across departments and statewide data sets.
• A common framework for moving forward together.
Choosing Indicators or Performance Measures

- *Predictive* - of success in reaching overall goal
- *Intuitive* - make sense to policy makers and users
- *Available* - can be captured in existing datasets
- *Feasible* - work at a practical and political level

Choosing Evidence-Based Interventions

- National and state movement to measuring the effectiveness of public programs
- Important to identify and replicate best practices
- Opportunity for many “promising programs” to build evidence to support their initiative
Discussion

- What questions or input do you have?

- What indicators or evidence-based programs might we include in the Older Adulthood Life-Stage?

Contact Information

Hillary Lum
Health and Aging Policy Fellow
Hillary.lum@ucdenver.edu

Murielle Romine
Program Innovation Section
Murielle.romine@state.co.us

Thank You!