

# October 2015 Lunch Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center"><b>Lunch Reservations</b></p> <p>Reservations and cancellations are required. Please be aware of our lunch policy: If you do not call in to get your name on the lunch list, you may have to wait to be served until last to see if there is food available. For meal reservations, call 884-5415. To cancel or change call 884-5415. Seniors 60+ \$4.00, Under 60 \$7.00. All meals served with 8 oz milk.</p> <p><b>Reservation deadline is 9am, the day of the scheduled meal</b></p>			1 <i>Senior Center Closed</i>	<p><b>2 BBQ Pork Ribs</b>            Potato Salad            Tuscany Veggies            Wheat Roll            Watermelon</p> <p>Cowboy Poets</p>
5 <i>Senior Center Closed</i>	6 Senior Center Open 9:00 am—3pm Bring a Pot Luck dish or snack to share	<p><b>7 Spaghetti &amp; Meatballs</b>            Marinara Sauce            Pasta            Green Beans            Salad Bar            Garlic Bread            Sugar Cookie</p>	8 <i>Senior Center Closed</i>	<p><b>9 Birthday /Food Bank Donation Combination Burrito</b>            Smothered w/Green Chili            Tomato &amp; Lettuce            Cilantro Brown Rice            Salad Bar            Grapes</p>
12 <i>Senior Center Closed</i>	13 Senior Center Open 9:00 am—3pm Bring a sack lunch or snack to share	<p><b>14 Roasted Chicken</b>            Vegetables            Steamed Rice            Seasoned Peas            Salad Bar            Wheat Roll            Peaches</p> <p>National Chocolate            Covered Insect Day</p>	15 <i>Senior Center Closed</i>  <i>Adventures in Dining</i>	<p><b>16 Salisbury Steak</b>            Mashed Potatoes            California Blend            Salad Bar            Wheat Roll            Bread Pudding</p> <p>National Boss Day</p>
19 <i>Senior Center Closed</i>	20 Senior Center Open 9:00 am—3pm Bring a sack lunch or snack to share	<p><b>21 Meatloaf</b>            Brown Gravy            Mashed Potatoes            Seasoned Green Beans            Wheat Roll            Pumpkin Cheese Cake</p>	22 <i>Senior Center Closed</i>	<p><b>23 Baked Chicken Tenders</b>            Mashed Potatoes            Country Gravy            Broccoli            Salad Bar            Wheat Roll            Sliced Apples</p>
26 <i>Senior Center Closed</i>	27 Senior Center Open 9:00 am—3pm Bring a sack lunch or snack to share	<p><b>28 Beef Stuffed Peppers</b>            Rosemary Potatoes            California Veggies            Salad Bar            Vanilla Yogurt w/ Strawberries</p>	29 <i>Senior Center Closed</i>	<p><b>30 Pork Chili</b>            Green Bean Salad            Corn Bread            Salad Bar            Pumpkin Fudge</p> <p>Happy Halloween</p>

# October 2015 Activities Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
<b>CLOSED</b>			1 <b>Center Closed</b>	2 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes & Xbox After Lunch
5 <b>Closed</b>	6 <b>Center Open 9:00am –3pm</b> Bridge Club Pot Luck Bring a dish to share! Mexican Train Dominoes, Billiards, Wii, Xbox, Board Games, Puzzles, Movies, Puzzles, Movies, Books, and More!	7 <b>Center Open 9:00am –3pm</b> Chair Yoga 9:15 - 10:00 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes, Xbox After Lunch Watch Your Step 10:15am - 11:15am	8 <b>Center Closed</b>	9 <b>Birthday Celebration / Food Bank Donations</b> Watch Your Step 10:15am - 11:15am Mexican Train Dominoes & Xbox After Lunch
12 <b>Closed</b>	13 <b>Center Open 9:00am –3pm</b> Step Bridge Club 9:30am-11:30 am Brenda Marshal's Card Making 10:00—11:00 am Mexican Train Dominoes, Billiards, Wii, Xbox, Board Games, Puzzles, Movies, Books, and More!	14 <b>Center Open 9:00am –3pm</b> Chair Yoga 9:15 - 10:00 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes, Xbox After Lunch Watch Your Step 10:15am - 11:15am	15 <b>Center Closed Adventures in Dining</b>	16 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes & Xbox After Lunch
19 <b>Closed</b>	20 <b>Center Open 9:00am –3pm</b> Step Bridge Club 9:30am-11:30 am Mexican Train Dominoes, Billiards, Wii, Xbox, Board Games, Puzzles, Movies, Books, and More! Xbox, Board Games, Xbox, Board Games,	21 <b>Center Open 9:00am –3pm</b> Chair Yoga 9:15 - 10:00 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes, Xbox After Lunch Watch Your Step 10:15am - 11:15am	22 <b>Center Closed</b>	23 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes & Xbox After Lunch
26 <b>Closed</b>	27 <b>Center Open 9:00am –3pm</b> Step Bridge Club 9:30am-11:30 am Mexican Train Dominoes, Billiards, Wii, Xbox, Board Games, Puzzles, Movies, Books, and More! Xbox, Board Games, Puzzles, Movies, Books, and More!	28 <b>Center Open 9:00am –3pm</b> Chair Yoga 9:15 - 10:00 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes, Xbox After Lunch Watch Your Step 10:15am - 11:15am	29 <b>Center Closed</b>	30 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes & Xbox After Lunch