



Health Disparities Grant Program Grantee Description

University of Colorado Denver

Web-Based Nutrition Education for Latino/Hispanics

About the Program

The Integrated Nutrition Education Program (INEP) provides web-based nutrition classes for parents on elementary-aged children in Denver and Aurora. The INEP is primarily funded by the Supplemental Nutrition Assistance Program with additional funding from Cancer, Cardiovascular and Pulmonary Disease (CCPD), Office of Health Disparities and Colorado Health Foundation. The goal of the program is for families to increase fruit and vegetable consumption.

Project Personnel

INEP's Parent Education team shares the responsibilities of implementing the web-based class series. Robyn Wearer oversees the project. Catia Chavez and Patricia Reyes are bilingual parent educators for the project. They are the main contacts for the schools and parents and also assist with reporting.

Program Offerings

INEP's web-based classes and parent night video introduce and encourage the use of INEP's bilingual website as a means to learning about nutrition and health via computer technology and the internet. The programs and activities are designed to broaden the understanding of nutrition for the low-income audience in Colorado. All aspects are offered in Spanish and English within INEP schools in Denver and Aurora Public Schools. The first impact noted for the web-based class format is that parents are eager to continue learning. They have asked for class series to go beyond the 4 planned classes. At midpoint of the first year, 83% of participants (n=24) report they are "very satisfied" with the classes.

Contact Information

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