

2015 Health Disparity Fact Sheet

Hispanics/Latinos in Colorado



This fact sheet provides information about some of the major health indicators for the Hispanic/Latino population in Colorado. Hispanic/Latino Coloradans experience some differences in health, disease risk factors and health behaviors in comparison to other population groups. The data presented show comparisons between the Hispanic/Latino population and the State's population as a whole and identifies where there are differences. The disparity column shows if the Hispanic/Latino rate is statistically worse (red), better (green) or the same (white) as the state rate. If it is the same, that means there is no statistically significant difference.

There are over one million (n=1,038,687) Hispanics/Latinos (of any race) in Colorado accounting for 20.7% of the population.¹

	Hispanic/Latino Coloradans	All Coloradans	Disparity
Demographics			
Median household income ¹	\$40,606	\$58,823	Worse
Percent of population living below poverty ¹	23.0%	13.0%	Worse
High school graduation rate ²	66.7%	77.3%	

- The median household income for Hispanics/Latinos is \$18,217 less than the total population median.
- Nearly twice as many Hispanic/Latino Coloradans are living below the poverty level compared to the overall population.
- Fewer Hispanic/Latino individuals graduate from high school than the total population.

	Hispanic/Latino Coloradans	All Coloradans	Disparity
Maternal Child Health			
Infant mortality (<i>infant deaths per 1,000 live births</i>) ³	7.5	5.5	Worse
Low birth weight births ³	8.4%	8.8%	Same
Unintended pregnancy ⁴	47.9%	37.6%	Worse
Births to teens ages 15-17 (<i>births per 1,000 population</i>) ³	30.7	15.0	Worse
Women reporting 3 or more stressors during pregnancy ⁴	28.7%	26.7%	Same
Women who drank during last three months of pregnancy ⁴	5.0%	10.7%	Better
Women who smoked during last three months of pregnancy ⁴	5.0%	8.5%	Better
Childhood obesity (ages 2-14) ⁵	20.5%	14.8%	Worse

- Infant mortality rates are significantly higher among Hispanic/Latino Coloradans compared to the entire state, while low birth weight births are similar to the population as a whole.
- Almost half of Hispanic/Latina births result from an unplanned pregnancy.
- The Hispanic/Latina teen birth rate is two times higher than the state rate.
- Hispanic/Latina women are less likely to drink or smoke during the last three months of pregnancy, but report approximately the same amount of stress as other women.
- Approximately, one in five Hispanic/Latino children is obese.

	Hispanic/Latino Coloradans	All Coloradans	Disparity
Health and risk behaviors⁶			
Cigarette smoking	17.6%	17.9%	Same
Binge drinking (5 or more drinks in one sitting)	20.3%	19.2%	Same
No physical activity	26.1%	17.2%	Worse
Eat fewer than 5 fruits and vegetables per day	79.6%	77.7%	Same
Obese (BMI>=30)	27.0%	20.8%	Worse
Overweight (BMI>=25)	66.4%	56.1%	Worse
Mental health was not good 8 or more days (in the past 30 days)	12.2%	13.7%	Same

Hispanic/Latino adults are more likely to exhibit some chronic disease health risk behaviors than the State's population as a whole. They are:

- More likely to be physically inactive.
- More likely to be overweight or obese.

	Coloradans	All Coloradans	
Health care and access⁶			
No health insurance	38.4%	17.6%	Worse
Women 40+ who have not had a mammogram in last 2 years	40.5%	31.6%	Worse
Women who have not had a pap test in last 3 years	20.3%	20.6%	Same
Have high blood pressure	19.7%	25.6%	Better
Have diabetes	9.1%	6.9%	Worse
Have asthma	7.3%	8.7%	Same

- More than twice as many Hispanics/Latino adults are uninsured compared to the total population.
- Fewer Hispanic/Latina women have had a recent mammogram, but are as likely to have had a pap test.
- Fewer Hispanics/Latino Coloradans have been told by a doctor that they have high blood pressure.
- More Hispanic/Latino adults have been diagnosed with diabetes compared to the total population.

	Hispanic/Latino Coloradans	All Coloradans	Disparity
Infectious Diseases (Incidence rates per 100,000 population)			
Tuberculosis ⁷	2.1	1.3	Worse
Gonorrhea ⁸	58.9	53.2	Worse
HIV ⁸	9.8	7.5	Worse

- Hispanic/Latino Coloradans experience higher incidence of tuberculosis (TB), gonorrhea and HIV compared to the total population.

10 leading causes of death⁹	
Hispanic/Latino Coloradans	All Coloradans
Cancer	Cancer
Heart Disease	Heart Disease
Unintentional Injuries	Unintentional Injuries
Stroke	Chronic Lower Respiratory Diseases
Chronic Liver Disease and Cirrhosis	Stroke
Diabetes	Alzheimer's Disease
Chronic Lower Respiratory Diseases	Suicide
Suicide	Diabetes
Alzheimer's Disease	Chronic Liver Disease and Cirrhosis
Influenza and Pneumonia	Influenza and Pneumonia

- The top three leading causes of death are the same for White Hispanic/Latino Coloradans as they are for the total population. Diabetes and chronic liver disease and cirrhosis are ranked higher among the Hispanic/Latino population compared to the total population.

¹ American Community Survey (tables S1903, S1701 from 2013 and DP-1 from 2010 found on American FactFinder)

² Colorado Department of Education, 2014

³ Vital Statistics Program, 2009-2013, Colorado Department Public Health and Environment

⁴ Pregnancy Risk Assessment Monitoring System, 2009-2012, Colorado Department Public Health and Environment

⁵ Colorado Child Health Survey, 2010-2013, Colorado Department Public Health and Environment

⁶ Behavior Risk Factor Surveillance System, 2011-2013, Colorado Department Public Health and Environment

⁷ Tuberculosis Program, 2012-2014, Disease Control and Environmental Epidemiology Division, Colorado Department of Public Health and Environment

⁸ STI/HIV Section, 2009-13 (gonorrhea data) and 2015 (HIV data), Disease Control and Environmental Epidemiology Division, Colorado Department of Public Health and Environment

⁹ Vital Statistics Program, 2009-2013 mortality data Colorado Department Public Health and Environment

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For more information or for a copy of the full 2013 Health Disparities Report, go to www.colorado.gov/cdphe/ohe.