Keep a Home Care Log

Check on your family member's symptoms several times a day. Write down the date, time, fever, symptoms, medicines given and dosage. Keep an eye on changes in symptoms or new symptoms. Make a new entry at least twice a day or when symptoms change. This information will be very helpful if you need to call your medical provider.

Name _____ Date symptoms started _____

Date/Time	Temperature	Medication(s)/Dose(s)	Other symptoms/care