

Contraindications for Kidney and Weight

● **Kidney Problems:**

You or someone you are picking up medications for has indicated that they have a kidney problem. The medication you were provided today is to be taken for an emergency situation for a possible exposure to Anthrax bacteria. An Anthrax infection can lead to death if not treated immediately. You are advised to begin taking this medication as soon as possible and as directed, but **you must also call your doctor** who is taking care of your kidney problems (nephrologist) to make sure that the dose of medication you were given at the emergency clinic does not need to be adjusted due to your possible kidney condition. Again, take your medication immediately, and call your doctor within a few hours to let them know you are taking this medication.

**If you are not able to reach your doctor, please call CO-HELP at: 303.389.1687 and explain your situation to them for guidance.

● **Someone who weighs less than 99lbs:**

You or someone you are picking up medications for has indicated that they weigh less than 99lbs. The medication you were provided today is to be taken for an emergency situation for a possible exposure to Anthrax bacteria. An Anthrax infection can lead to death if not treated immediately. Please see attached instructions for crushing up medication tablets and mixing it with foods to ensure the proper dose is administered to someone weighing less than 99lbs.

<http://www.fda.gov/downloads/Drugs/EmergencyPreparedness/BioterrorismandDrugPreparedness/UCM131006.pdf> (we could put this on the back of the page)

● **Allergic Reaction: This is a rare occurrence**

All medications run the risk of producing side effects and allergic reactions. Symptoms of an allergic reaction immediately following medications (minutes to hours) include (2015 UpToDate):

- Wide-spread hives, itching or flushing or swollen lips, tongue
- Shortness of breath, wheezing, difficulty breathing
- Reduced blood pressure, fainting, feeling dizzy or nauseated
- Persistent crampy abdominal pain, or vomiting

If you have any questions about the above information, please call COHELP below, or visit their website at: <https://www.cohelp.us/>

