



2021 Pay for Performance Application Trauma and Stress Types Tool

1. Mark the following that occurred in your home related to COVID-19:

- Resident positive case(s)
- Resident death(s)
- Staff positive case(s)
- Staff death(s)

2. Mark the following operational stressors that applied to your home related to COVID-19:

- Nursing home industry regulatory and government guidance (e.g. CMS guidance; CDC guidance; CDPHE guidance; HCPF guidance; Local public health agency guidance)
- Other government agencies (e.g. OSHA, etc.)
- Other medical providers (e.g. primary care, hospital, dentist, etc.)
- Vendor
- Family/responsible parties
- Shortage of personal protective equipment (PPE)
- Staffing shortage(s)

A. For each of the stressors selected, provide the frequency and severity.

- How frequently did your home experience this stressor?
 - 0: Never
 - 1: Once a week or less
 - 2: 2 to 3 times a week
 - 3: 4 to 5 times a week
 - 4: 6 or more times a week (daily)
- Rank the severity level of the stress.
 - 0: Not stressful/not applicable
 - 1: A little stressful
 - 2: Somewhat stressful
 - 3: Very stressful
 - 4: Extremely stressful
- (Optional) Provide any additional comments of this stressor and solutions here.

3. Mark the following resident stressors that applied to your home related to COVID-19:

- Isolation/physical distancing
- Discontinuation of social events
- Family and loved ones
- Loss of ancillary services

Our mission is to improve health care access and outcomes for the people we serve
while demonstrating sound stewardship of financial resources.



A. For each of the stressors selected, provide the severity.

- Rank the severity level of the stress.
 - 0: Not stressful/not applicable
 - 1: A little stressful
 - 2: Somewhat stressful
 - 3: Very stressful
 - 4: Extremely stressful
- (Optional) Provide any additional comments of this stressor and solutions here.

4. Mark the following staff stressors that applied to your home related to COVID-19:

- Personal safety (e.g. PPE; exposure from others such as co-workers, residents, public; etc.)
- Family and loved ones
- Childcare/homeschooling
- Health of residents
- Pandemic responses impact on residents
- Disease impact on residents
- Pandemic response impact on lifestyle (e.g. inability to go to the dentist due to COVID-19 exposure, etc.)
- Staffing/scheduling

A. For each of the stressors selected, provide the severity.

- Rank the severity level of the stress.
 - 0: Not stressful/not applicable
 - 1: A little stressful
 - 2: Somewhat stressful
 - 3: Very stressful
 - 4: Extremely stressful
- (Optional) Provide any additional comments of this stressor and solutions here.

