



Town of Estes Park – Senior Services
Estes Park Senior Center
220 Fourth Street
Estes Park, Colorado 80517
www.estes.org/seniorcenter

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News - For immediate release

Dr. Lise Morrison to present free program – Understanding Aging Skin

The Estes Park Medical Center and the Town of Estes Park Senior Services Division are offering a free program called *Understanding Aging Skin* on Tuesday, October 14 at 1:00 p.m. at the Estes Park Senior Center, 220 Fourth Street. No reservations are needed; just drop in.

This program will be presented by Dr. Lise Morrison, a board certified dermatologist and member of the American Academy of Dermatology. Dr. Morrison practices at the Estes Park Medical Center's Specialty Clinic. Dr. Morrison received her medical degree at the Medical University of South Carolina College of Medicine with honors. After completing an Internship at the University of Utah, she went on to complete her Dermatology residency at the Virginia Commonwealth University.

According to Dr. Morrison, as one grows older, changes in the skin occur naturally. These changes can include benign tumors, the loss of the elastic tissue (elastin) which causes the skin to hang loosely, the thinning of the epidermis (surface layer of the skin), a more transparent appearance of the skin from a flattening of the area where the epidermis and dermis (layer of skin under the epidermis) come together and an increase in bruising caused by thinner blood vessel walls. Learn about these and other issues as well as ways to protect your skin from further damage.

For more information, please contact the Estes Park Senior Center at (970) 586-2996 or visit the Center at 220 Fourth Street, Monday through Friday between 9:00 a.m. and 4:00 p.m. Please visit the Senior Center website at www.estes.org/seniorcenter. To receive Senior Center news in your e-mail inbox, please e-mail lmitchell@estes.org.

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