



Town of Estes Park – Senior Services  
Estes Park Senior Center  
220 Fourth Street  
Estes Park, Colorado 80517  
[www.estes.org/seniorcenter](http://www.estes.org/seniorcenter)

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### **Estes Park Meals on Wheels program seeking volunteer drivers**

Over 5000 nutritious meals are delivered to Estes Park area residents each year in the Estes Park Meals on Wheels program. The service is based at the Estes Park Senior Center and operated by the Senior Services Division of the Town of Estes Park. The home-delivery meal service provides meals to area residents who may have short or long term needs for adequate nutrition. A corps of over 40 volunteers and substitutes deliver the meals, rain or shine, on four designated routes throughout the Estes Valley.

Additional volunteers are currently needed for both permanent and substitute drivers. The volunteer time commitment for permanent drivers is approximately 1 to 1.5 hours per week. Substitute drivers are used as needed to fill driver vacancies, vacations, etc. Volunteers use their own vehicles and receive orientation training and ongoing support from Senior Services staff. All volunteers are required to undergo a background check and driving history. For more information about volunteering and to learn more about current openings, contact Lori Mitchell, Senior Services Manager at (970) 586-2996.

Volunteering for the Meals on Wheels can be a rewarding experience. Immediate gratification comes for many volunteers when clients express appreciation each day for the meal, the conversation and the personal attention each driver brings to the role. The long term reward often comes in realizing the impact of the large number of meals served to those in need each year. Friendships are often formed and the drivers add a special link to the community for many homebound residents.

For more information, please contact the Estes Park Senior Center at (970) 586-2996 or visit the Center at 220 Fourth Street, Monday through Friday between 9:00 a.m. and 4:00 p.m. Please visit the Senior Center website at [www.estes.org/seniorcenter](http://www.estes.org/seniorcenter). To receive Senior Center news in your e-mail inbox, please e-mail [lmitchell@estes.org](mailto:lmitchell@estes.org)

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