



ESTES VALLEY
COMMUNITY CENTER
Estes Valley Recreation & Park District

SENIOR SERVICES

JOIN US FOR LUNCH!

Senior services will offer a warm and friendly atmosphere for seniors to enjoy lunch each Thursday at the Estes Valley Community Center. The meals provide nourishment for the body and the socialization provides nourishment for the soul. The fresh and healthy lunches are catered by Jubilations Catering and include a hot main dish, salad and dessert. This pilot program, available through a generous grant from SupplyWorks, will be offered each Thursday now through May 31 at 12 noon.

Fee: \$5 per person for seniors 55 and older
\$7 per person for those under 55

Menus will be published one week prior to the first lunch of each month. Once the menu has been published, participants may register for any of those lunches. Registration is required by no later than 2 p.m. the Monday prior to the scheduled Thursday lunch. For more information, to register, or to cancel your reservation, stop by the lower level or call 970-586-8191 x 101.

Thursday, May 3

- Garden salad with tomatoes, mushrooms, and cucumber with sides of ranch and Italian dressing
- Steamed broccoli
- Mashed potatoes with gravy
- Stuffed pork loin
- Pecan chocolate cookie bar

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Thursday, May 10 – celebrating Mother’s Day

- Mixed greens with cranberries, toasted pecans and feta cheese with a side of balsamic vinaigrette
- Fresh fruit salad
- Croissant with butter
- Frittata with potatoes, cubed ham, red bell pepper, zucchini, onions, parmesan and swiss cheeses baked in an egg mixture
- New York cheesecake drizzled with chocolate and topped with a fresh strawberry half

Thursday, May 17

- Classic Caesar salad with croutons and fresh parmesan
- Roasted corn and poblano bake
- Roasted fingerling potatoes
- Grilled chicken with a peach glaze
- Chocolate chunk cookie bar

Thursday, May 24

- Garden salad with tomatoes, mushrooms and carrots with sides of ranch and Italian dressing
- Baked beans
- Macaroni and cheese
- Smoked chicken with a side of mild BBQ sauce
- Lemon cookie bar

Thursday, May 31

- Turkey, swiss cheese, bacon, lettuce and tomato on a freshly baked croissant with sides of mustard and mayonnaise packets
- Broccoli cheddar soup
- Fresh fruit salad
- Chips
- Chocolate cake with frosting

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