



# LONG-TERM SERVICES AND SUPPORTS

for People with Disabilities and Adults 65 or older

**+** The number of people in Colorado who need Long-Term Services and Supports (LTSS) is growing, and many people rely on Medicaid to pay for that care. The way we provide LTSS and measure its quality is changing too.

## LTSS: Fast Facts

**1**

LTSS can be in the home, community-based, or in an institutional setting.

**2**

Medicare does not pay for LTSS.

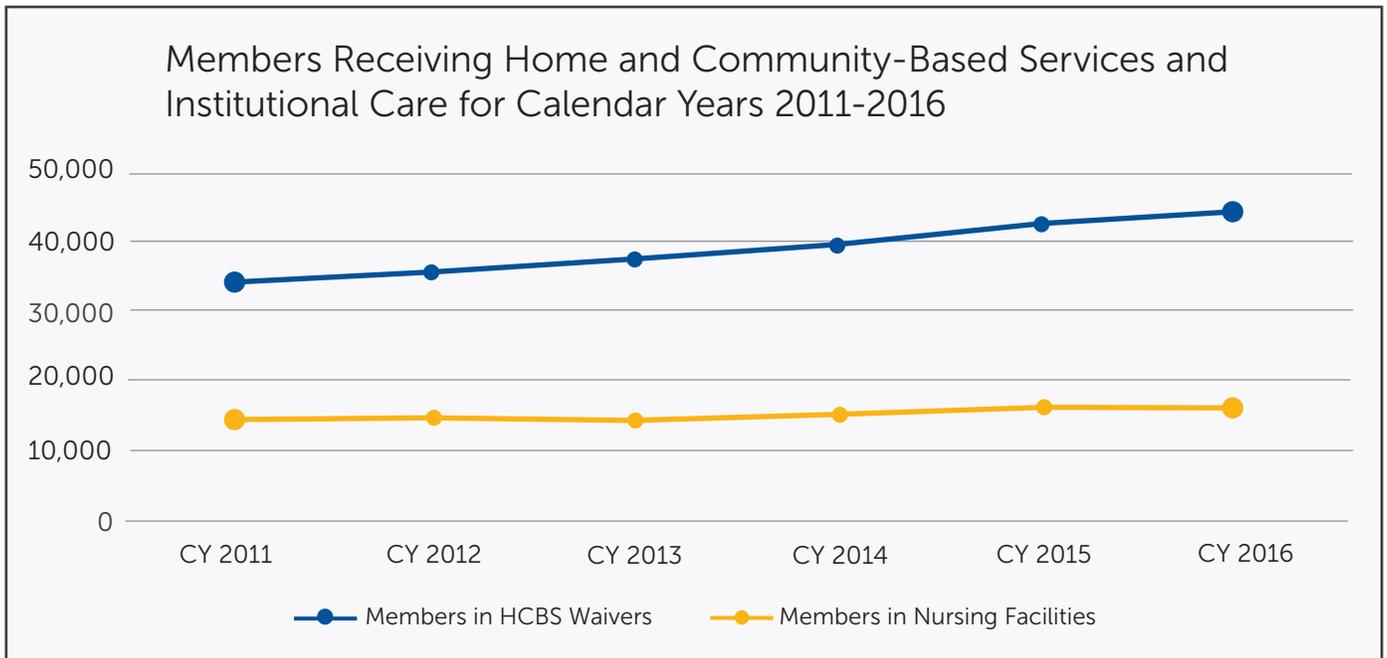
**3**

The number of Coloradans 65 or older is expected to grow more than 75% by 2030.<sup>1</sup>

**4**

An estimated 70% of people 65 or older will need LTSS at some point in their lives.<sup>2</sup>

**Medicaid is increasingly providing LTSS in members' homes and communities.<sup>3</sup>**



LTSS helps Medicaid members and their families with daily living activities such as, but not limited to:

✓ Bathing

✓ Dressing

✓ Transportation

✓ Medication Management

✓ Food Preparation

## Person-Centeredness



The Department is increasing its focus on person-centeredness, so our members who receive LTSS:

- are integrated in their communities
- can choose how they get support
- are empowered to meet their personal goals

## Measuring Quality<sup>4</sup>

Colorado is one of 39 states participating in the National Core Indicators Survey, which measures LTSS quality and person-centeredness over time and across states. Among Colorado respondents:

**90%**

Decide or have input in choosing daily schedule  
(States ranged 62%-96%)

**94%**

Liked their home  
(States ranged 84%-96%)

**92%**

Helped make their own service plan  
(States ranged 68%-96%)

<sup>1</sup>State Demography Office. <http://demography.dola.colorado.gov>

<sup>2</sup>[longtermcare.acl.gov/the-basics/who-needs-care.html](http://longtermcare.acl.gov/the-basics/who-needs-care.html)

<sup>3</sup>Colorado Medicaid Management Information System (MMIS).

<sup>4</sup>National Core Indicators 2014-15 Report surveying adults with intellectual and developmental disabilities. Future survey data will provide results for older adults and adults with physical disabilities.