



Accountable Care Collaborative

Help with Your Chronic Pain Clients

The **Accountable Care Collaborative (ACC)** invites you to participate in a new **Chronic Pain Disease Management Program (Program)** modeled after the **Project ECHO®** (Extension for Community Healthcare Outcomes.) The Chronic Pain Management Program leverages cutting edge telehealth technologies to connect PCMPs to specialists. PCMPs consult directly with specialists regarding client cases and learn best practices for treating clients with a variety of chronic pain conditions.

Be a Telehealth Pioneer

The Department will sponsor approximately 40 PCMPs to serve as telehealth pioneers for Colorado. Participation in the program is easy and the benefits for providers and their clients are significant:

- **Gain expertise** for treating clients with a variety of chronic pain conditions.
— *The Program is designed to **assist with your current clients** and there is no expectation for you to take additional pain management clients.*
- Keep your clients in your practice and in their communities.
- **No cost** for participation in the Chronic Disease Management Program.
- **Easy attendance** from anywhere through an online video conference system.
- **Earn CME credit** for attending the ECHO® pain management sessions.
- Participation will not change your practice scope or alter your liability with clients you're treating.

Select From Three Chronic Pain Management Programs

Participate in one or **ALL** three Chronic Pain Management Programs:

1. **Chronic Pain Telehealth Program:** Uses HIPAA-compliant teleconferencing technologies to connect you with a multi-disciplinary team of chronic pain specialists, including behavioral health professionals and pharmacists, to review client cases and learn evidence-based interventions for treating clients with complex conditions.
2. **Buprenorphine Telehealth Program:** Providers licensed to prescribe Buprenorphine/Suboxone use teleconferencing capabilities to connect with specialists to gain greater insights and experience in treating clients with opioid addiction.
3. **Pain Management Practice Transformation Learning Collaborative:** Physicians and clinic administrators are invited to participate in the **Breakthrough Series Collaborative on Chronic Pain and Opioid Management**. Each clinic is assigned a practice transformation coach to work with a quality improvement team that will assist in implementing best practices for treating chronic pain and opioid management issues. The program focuses on small, gradual changes that can be made in a continuous cycle of improvement that increases your ability to treat complex clients. Participating providers meet regularly to consult with their peers and share experiences and learnings.





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“The key is to focus on small, gradual changes using the Plan-Do-Study-Act model of continuous cycles of improvement. We encourage the teams to start by making one change with one patient and then evaluate what they’ve learned.”

—IHI Breakthrough Series Leader

Participating PCMPs Report Increased Confidence and Expertise in Treating Clients

A 2010 survey of New Mexico’s Project ECHO® participants showed that clinicians clearly benefited from participating in a number of areas:

Question Asked of ECHO® Participating Clinicians	Average Rating Score (1 to 5)
I am learning best practices through ECHO® clinics.	4.7
I am able to apply knowledge learned in ECHO® clinics to patients with similar diseases in my clinic.	4.5
My participation in Project ECHO® enhances my ability to offer comprehensive care.	4.5
Compared to traditional consultations, using Project ECHO® saves me time.	4.2
Through my participation I have been co-managing patients with ECHO® specialists.	4.5
Participating and learning about a complex chronic disease through Project ECHO® is an effective way for our clinic to enhance its expertise.	4.6

NOTE: The rating score above is the average ECHO® participant’s rating on a scale ranging from 1 = Not At All to 5 = To A Large Degree.



See How ECHO® Works:

- For a quick presentation on how the program will run please visit the **How ECHO® Models Work** video at <https://www.youtube.com/watch?v=VAMaHP-tEwk>
- CHC’s **ECHO® Pain** video: <https://vimeo.com/67394854>
- View a case presentation here: <https://vimeo.com/user18953470/review/125929261/0c670948e2> (Password: COECHO)

Learn More and Sign-Up:

- To learn more and sign-up for the Pain Management Program please e-mail **Ági Erickson** at ericksa@chc1.com or call **860-347-6971 ext. 3741**
- The 2015 ACC Chronic Pain Disease Management program started with a completely full set of participants. To be added to a list of providers potentially interested in a 2016 program contact: **JD Belshe**, Department of Health Care Policy & Financing, at JD.Belshe@state.co.us or call **303.866.2184**

