



# Local Obesity Networking Call Summary

May 19, 2016, 2:00-3:00 pm

## Participants:

Alicia Loya  
Angela Mariotti - *St. Anthony North Health Campus*  
Andrea  
Char  
Cindy Ortiz - *St. Mary's Medical Center in Grand Junction*  
Dan McKenna - *CDPHE*  
Erika - *LiveWell Longmont*

Greg - *Mesa County Health Department*  
Heidi Fritz - *Tri-County Health Department*  
Jami Hiyakumoto - *CDPHE*  
Jane Hunt  
Jessica Fern - *Colorado Health Institute*  
Joan Brucha - *CDPHE*  
Kaitlin Wasik - *Denver Public Health*  
Lauren

Luke - *Longmont United Hospital*  
Meredith Warman - *Broomfield Public Health and Environment*  
Sharon Crocco - *CDPHE*  
Susanna Carter - *UC Denver*

*Facilitator: Cambria Brown, OPPI*

## Presenters:

*Susanna Carter, UC Denver*  
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*Sharon Crocco, CDPHE*  
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*Angela Mariotti, St. Anthony North Health Campus*  
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## Presentations, Discussion & Resources:

### 1) Healthy Hospital Movement Across the U.S.

*Susanna Carter, UC Denver*

#### Presentation Overview:

- Does the food and beverage environment in your hospital complement or contradict it?
  - Health of the Healthcare system
  - Examples of healthy programs
  - Strategies
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- Healthcare workers have the highest rate of obesity of almost any other profession. Several fast-food chains have agreements with hospitals across the nation with incentives on increased sales. There is a growing national movement working toward promoting healthy lifestyles that complement the work of the hospital staff with the idea that healthy lifestyle is medicine.



*Resources:*

- PowerPoint Presentation

**2) Colorado Healthy Hospital Compact**

*Sharon Crocco, CDPHE*

Presentation Overview:

- Overview of Colorado Healthy Hospital Compact
  - Program growth over time
  - Role of local public health
  - Successes and challenges
  - Hospital highlights
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- The Colorado Healthy Hospital Compact was created and implemented by CDPHE, along with local partners such as local public health agencies, nonprofits and hospitals with the goal of improving nutritional environments for patients and their families, visitors and staff in hospitals throughout Colorado. There are four programs with progressive standards from which hospitals can decide their focus areas. Recognition is a large part of the motivation for hospitals to join, and advance.

*Resources:*

- PowerPoint Presentation
- Healthy Hospital Compact
  - <https://www.colorado.gov/cdphe/healthy-hospital-compact>
  - Google Group:  
[https://groups.google.com/a/state.co.us/forum/?hl=en#!forum/cdphe\\_chhc-network](https://groups.google.com/a/state.co.us/forum/?hl=en#!forum/cdphe_chhc-network)

**3) Perspective of a New Partner in the Compact**

*Angela Mariotti, St. Anthony North Health Campus*

Presentation Overview:

- New partner perspective
- PlaneTree facility
- Plans for Compact



St. Anthony North Health Campus is working toward the mindset of a health campus as opposed to a traditional hospital through different initiatives such as PlaneTree and the Colorado Healthy Hospital Compact. The goal is keeping people out of the hospital by providing resources such as health education classes, community support groups, and community gardens.

Discussion Questions:

1. Are you currently working with hospitals in your area on healthy living programs?

Responses:

- It would be useful to know which hospitals are already in the works, or at least who might have already contacted someone from our local area.
  - St. Mary's in the Grand Junction area is currently working toward becoming a member of the Compact.

2. Would you be willing to work with us on recruiting hospitals in your area to join the Compact?

Responses:

- One recommendation is to use hospitals in the area to recruit other hospitals. For example, Littleton hospital could help bring others along.
- Another idea is to use the Baby Friendly Certification to help with recruitment. Perhaps we can get a list of the Baby Friendly hospitals so we can solicit those facilities.

3. What incentives would help encourage your hospitals to participate?

Responses:

- Free press or public relations would be attractive.
- The next thing would be asking those facilities what they would like to see as incentives.
- A workgroup with hospital staff members has been formed to talk about this. We may want to survey them as well.

Next call: Wednesday, July 20, 2016 2:00-3:00 pm

Summary notes submitted by Briar Clayton