



Obesity Networking Conference Call Summary Notes July 23, 2015, 2:30-3:30pm

Recorded Webinar Link: <https://cdphe.adobeconnect.com/p55sgt5i3gd/>

*presentation start times are noted below for your convenience

Participants:

Audrey Gwinn	Heike Adams	Pamela Gould
Becky Joyce	Jayna	Penny Stumpf
Cate Townley	Jennifer Mattern	Rachel Arndt
Cassidy Smith	Joanna Cortes	Rebecca Rice
Charity Neal	Jodi Christopfel	Rick Miklich
Dana Wood	Jordana Sabella	Sharon
Dianne Koshak	Karen O'Brien	Theresa Smith
Don Sutton	Katie Haas	Cambria Brown
Elise Lubell	Kimberly Gonzales	Haley Stewart
Fran Parker	Leslie Beckstrom	
Greg	Michelle Pemberton	<i>Facilitator:</i> Alison Long,
	Michelle Wilson	OPPI

Presenters:

Dan McKenna, Worksite Wellness Manager, CDPHE
daniel.mckenna@state.co.us

Becky DiOrio, Chronic Disease Coordinator, CDPHE
becky.diorio@state.co.us

Presentations, Discussion & Resources:

1) Worksite Wellness

Dan McKenna, Worksite Wellness Manager, CDPHE
- Recording starts @1:19

Presentation Overview:

- Define what is meant by a comprehensive worksite wellness program.
- Define the role of public health in defining effective worksite wellness strategies.
- Learn several approaches CDPHE is utilizing to address rising obesity rates in Colorado through worksite wellness strategies.
- Understand how Local Public Health Agencies can be involved.

CDPHE and State Approaches to Worksite Wellness

Colorado Healthy Hospital Compact- Food and beverage policies that address food vending and policies in large organizations. Hospitals are leading the way.

State of Colorado- Healthy Vending and Concessions for State Agencies. Changing vending mix, working on snacks and cafeterias. State needs to take a role from a public health perspective.

State of Colorado- Diabetes Prevention Program- Becky will discuss

State and Federal Government settings- Healthy Concessions Pilot- Putting together plan that should be available soon.



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Schools- Colorado Education Initiative- Partnership with Colorado Department of Education- Healthy Schools Collective Impact, RMC- look at staff wellness as a component of a healthy school. You can help recruit schools to participate.

Health Links Colorado- Provides assessment, technical assistance, access to recommended state and national resources, education through webinars and TA, certification and recognition

Encourage organizations that are leading in this area to apply for awards to recognize their work.

Resources:

- PowerPoint Presentation
- Health Links Colorado Assessment (attached)
- Health Links website <http://healthlinkscolorado.org/>
- Baby Friendly Hospital Collaborative website <https://www.colorado.gov/pacific/cdphe/colorado-baby-friendly-hospital-collaborative>
- Breastfeeding Essentials www.colorado.gov/pacific/cdphe/breastfeeding
- Small Business Development Center Network www.coloradosbdc.org/
- Colorado Healthy Hospital Compact website www.colorado.gov/pacific/cdphe/healthy-hospital-compact
- Smart-Source Healthy Schools Collective Impact website www.coloradoedinitiative.org/our-work/health-wellness/healthy-schools-collective-impact/

2) The Diabetes Prevention Program

Becky DiOrio, Chronic Disease Coordinator, CDPHE

- Recording starts @33:15

Presentation Overview:

- Appreciate how important you are to diabetes prevention and control in Colorado
- Define the **burden of obesity, prediabetes and diabetes** in Colorado
- The what, how and why of **Diabetes Prevention Program (DPP)**
- Overview of CDPHE's work in this area
- How Local Public Health Agencies can be involved

Resources:

- PowerPoint Presentation
- [CDPHE Diabetes Prevention Program website](#)
- [National Diabetes Prevention Program's website](#)
- [Developing a Referral and Feedback Loop for the National DPP](#)
- [Understanding and Supporting Participant Behavior Change](#)
- [Participant Engagement through the Year-Long Program](#)
- [Case Studies: Referral Systems](#)
- [Tip Sheet: Making Diabetes Prevention Programs Work in your Community](#)



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Department of Public
Health & Environment

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- **NACCHO Webinar: “Preventing Prediabetes through the National Diabetes Prevention Program: Lessons Learned from Local Health Departments”**
<http://www.naccho.org/topics/HPDP/diabetes/index.cfm>

Next call:

September 30th 1PM Topic: Child and Adult Care Food Program

Summary notes submitted by Jordana Sabella