



# *HEAL & Obesity Flagship Priority*

## Strategy 2, Objective 2

Expanding summer and afterschool meals



# *Summer Food Service Program (SFSP) Overview*

- Child Nutrition Program
- Ensures children receive meals during the summer
- Free meals are provided to children at approved sites
- Expansion and access is a USDA priority
- Governor Hickenlooper declared June “Summer Meals for Hungry Children Awareness Month”

# *Child and Adult Care Food Program (CACFP) At-risk Afterschool Program Overview*

- Child Nutrition Program
- Provides reimbursement for meals and snacks served in afterschool programs in low-income areas
- All meals and snacks reimbursed at the highest rate (Free)
- Programs must provide educational/enrichment activities
- Operates only during the school year
- Intends to support afterschool programs to keep children safe and engaged in positive activities
- 350 programs participate in Colorado, 12,500 children daily on average

# CDE & CDPHE Expansion

## Objectives and Strategies

### Objectives:

- Achieve year round access to healthy food
- Encourage sponsor participation in both programs
- Increase site participation in both programs

### Strategies:

- Minimize duplication of state agency processes
- Provide sponsor administrative relief
- Partnership and capacity building
- Community outreach

# LPHA Role in Expansion

- Consider SFSP and CACFP at-risk afterschool programs an obesity prevention strategy AND an anti-hunger strategy
- Alleviate barriers (related to health inspections)
- Promote awareness
- Identify community stakeholders
- Convene conversations

# SFSP Program Resources

- SFSP Fact Sheet: <http://www.cde.state.co.us/nutrition/osnsfspfactsheet>
- SFSP Webpage: <http://www.cde.state.co.us/nutrition/nutrisummer>
- USDA Capacity Builder Map: <http://www.fns.usda.gov/capacitybuilder>

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# CACFP Program Resources

CACFP website

<https://www.colorado.gov/pacific/cdphe/cacfp>

CACFP At-risk afterschool program manual

[https://www.colorado.gov/pacific/sites/default/files/PF\\_CACFP\\_CACFP-At-Risk-Afterschool-Manual\\_0.pdf](https://www.colorado.gov/pacific/sites/default/files/PF_CACFP_CACFP-At-Risk-Afterschool-Manual_0.pdf)

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*Questions?*



# *Thank You!*

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# *HEAL & Obesity Flagship Priority*

## Strategy 2, Objective 1

Child and Adult Care Food Program  
Healthier Meals Initiative



**COLORADO**  
Department of Public  
Health & Environment

# *CACFP Healthier Meals Initiative*

Policy changes to improve nutrition quality of child care meals

- Limit 100% juice to twice per week
- Include at least one whole grain per day
- Limit certain processed meats to no more than once per week

In addition to the USDA Meal Pattern requirements

# *Initial results*

*Goal: 60% of centers in compliance*

## *Review of menus from 349 centers*

95.12% compliant with whole grains once per day

99.14% compliant with juice no more than twice per week

93.40% compliant with processed meats no more than once per week

# *What's Next?*

## *Intervention (in process)...*

- Farm to Child Care
- Culinary training
- Guidance for health inspectors
- Equipment for food service

## *What local public health can do...*

- Promote consistent messaging among all child care facilities
- Connect with local MCH ECOP activities related to child care
- Include the child care community in any healthy food access work
- Spread the word about CACFP participation



# *Thank You!*

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