INSTRUCTIONS

Cooking Assessment

The Cooking Assessment gauges an individual’s ability to independently utilize varied cooking methods. Answer the questions by speaking with the individual directly, speaking to family or care givers, and/or direct observation of individual’s safety skills, as possible.

**Per Department of Health Care Policy and Financing rules, Medicaid funded individuals must have a cooking assessment completed prior to admission.**

Instructions:

- Enter the individual’s full name.
- Enter the date of the Cooking Assessment.
- Enter the name of the individual and date of assessment in the document’s header, starting on page 2.
- For each cooking method (i.e., stove, oven, etc.), enter a YES or NO for each question.
- For each miscellaneous question, enter a YES or NO.
- If there is any other information about the individual’s ability to cook safely, document in the “Other” section.

Signatures

Signatures are required by:

1. The individual who completed the Cooking Assessment.
2. The individual being assessed.

Date the document.