

# *In-Home Support Services*

A Participant Directed Service Delivery Option

Presented by: Grace Herbison



**COLORADO**

Department of Health Care  
Policy & Financing

# *Our Mission*

**Improving** health care access and outcomes for the **people** we serve while demonstrating sound stewardship of financial **resources**



**COLORADO**

Department of Health Care  
Policy & Financing

# *What Will I learn Today?*

- What is IHSS
- Who is Eligible
- Benefits of IHSS
- Limitations of IHSS
- Role of IHSS Agency
- How Case Managers Authorize Services
- Frequent Concerns
- Questions



**COLORADO**

Department of Health Care  
Policy & Financing

# Service Delivery Spectrum

<u>Agency</u>	<u>IHSS</u>	<u>CDASS</u>
Agency Hires Staff	Client Selects Attendants	Client Selects Attendants
Agency Handles Money	Agency Handles Money	Client Handles Money

# *What is IHSS?*

- Participant directed service delivery option
- Available in the HCBS-EBD, HCBS-SCI, and CHCBS Waivers
- Employer Authority

**Choice**

**Autonomy**

**Flexibility**

# *Client Responsibilities*

**Employer  
Authority**

- **Select Attendants**
- **Train Attendants**
- **Schedule Attendants**
- **Dismiss Attendants**

Clients can access additional support from IHSS agency

# *Who is Eligible for IHSS?*

- Must be receiving EBD, SCI, or CHCBS Waiver Services
- Must need support with personal care, homemaker, or health maintenance
- Physician's statement that client can manage care or there is an Authorized Representative
- Unlike CDASS, clients can be in unstable health



# *Services Available Under IHSS*

## **EBD and SCI**

- Personal Care
- Relative Personal Care
- Homemaker
- Health Maintenance

## **CHCBS**

- Health Maintenance

# *IHSS Client Participation*

## *FY 2013-2014*

Elderly, Blind and Disabled:	696
Spinal Cord Injury:	2
CHCBS:	184

**Total Participation is 882**  
**53% increase since FY 2012-13**



# *Characteristics of IHSS*

- Allows client to select attendants
- Peer Counseling
- 24-hour back up
- Nursing staff
- Agency manages the money
- Clients may receive skilled care Attendants without a CNA or nursing license because Nurse Practice Act and Nurse Aide Legislation are waived
- If there is a need for skilled care, clients can chose to access IHSS HMA and/or Long-term home health as long as there is no duplication of services



# *Limitations of IHSS*

- All Family members combined cannot provide more than 444 hours of personal care in one year
- A Spouse cannot be reimbursed for providing IHSS
- Health Maintenance is the only IHSS service offered on the CHCBS Waiver
- A family member shall not be reimbursed for providing only IHSS Homemaker Services
  - A family member may perform homemaker tasks which are secondary and contiguous to IHSS Relative Personal Care or IHSS Health Maintenance Activities. Additional service hours will not be authorized to complete homemaker tasks
  - Family members are not eligible to be the client's IHSS homemaker



# *Role of IHSS Agency*

- Assist in attendant selection
- Offer Peer Counseling
- Provide Intake and Orientation
- Provide 24-hour back up services
- Provide Functional Skills Training
- Skills validation within 30 days after services begin



# *Role of IHSS Agency*

## Complete the IHSS Care Plan

- A statement of allowable attendant and personal care service hours
- A detailed listing of amount, scope and duration of each service to be provided for each day
- Documentation that adequate staffing including backup staff will be available to provide necessary services
- A dispute resolution process



# *How Case Managers Authorize Services*

- Services must be authorized within service definition and rules
- Services identified in the agency IHSS care plan must align with needs identified in the case manager's ULTC assessment and Service Plan



**COLORADO**

Department of Health Care  
Policy & Financing

# *Frequent Concerns*

- Misclassification of IHSS services
- Services do not meet service definitions in rule
- Services in the IHSS care plan do not align with case manager's assessment of need
  - Work with client and case manager to ensure services meet the client's current needs
- CHCBS waiver offers health maintenance only



# *Service Definitions*

- Homemaker - As defined by 10 CCR 2505-10 [Section 8.450](#)
- Personal Care - As defined by 10 CCR 2505-10 [Section 8.489](#)
- Health Maintenance Activities - Includes any excluded personal care tasks as defined in 10 CCR 2505-10 [Section 8.489](#), as well as Certified Nursing Assistant (CNA) and nursing services



# *Example Scenario 1*

A 16-year old CHCBS client without open wounds, a risk for infection, or a need for a skilled transfer needs assistance bathing. Which of the following would be appropriate to include in the IHSS care plan for this task?

- a. IHSS Personal Care
- b. IHSS Health Maintenance Activities
- c. No IHSS services

Type your answer in the chat box



# *Example Scenario 2*

**A 33-year old EBD client needs assistance with dressing. The client is able to assist with transferring and has used an orthopedic device for several years and is able to instruct attendants on how to assist him. Which of the following would be the most appropriate to include in the IHSS care plan?**

- a. IHSS Personal Care
- b. IHSS HMA
- c. No IHSS services

Type your answer in the chat box



# Questions



# *Contacts*

**Grace Herbison**

Participant Direction Liaison

[Grace.Herbison@state.co.us](mailto:Grace.Herbison@state.co.us)

**Rhyann Lubitz**

Participant Directed Programs Specialist

[Rhyann.Lubitz@state.co.us](mailto:Rhyann.Lubitz@state.co.us)



**COLORADO**

Department of Health Care  
Policy & Financing