

# Farm



# Fresh

February 2006

## Available Now...

### *Greenhouse Herbs*

Colorado produces a variety of greenhouse herbs including basil, dill, mint, oregano, rosemary and thyme. Fresh herbs add flavor to a variety of recipes.

In addition to herbs, Colorado's greenhouses grow tomatoes, bedding plants and vegetables. There are nearly 20 million square feet under glass in the state.



Look for Colorado greenhouse herbs at your local grocery store or at restaurants across the state.

Each month, the Colorado Department of Agriculture features a different commodity to highlight the variety and quality of products grown in the state.

Visit

[www.coloradoagriculture.com](http://www.coloradoagriculture.com)  
for a complete list of recipes.

## Herbed Butters

*Chef Bob Holloway, CEC, Egglund's Best Eggs, Platteville, Colorado*

Blend all the ingredients. Allow to set at room temperature for 30 minutes to one hour, stirring occasionally. Spoon onto a sheet of waxed paper and shape into a roll about ½" in diameter. Refrigerate until ready to use, storing in plastic zip lock bag. Cut into 4 thick slices before serving.

### **For Beef:**

4 oz. Salted butter, softened  
1 tbsp. Parsley, fresh, finely chopped  
1 tbsp. Chives, fresh, finely chopped  
1 tsp. Chervil, dried  
1 tsp. Tarragon, dried  
1 tbsp. Shallot or onion, grated  
Dash Pepper

### **For Chicken:**

4 oz. Salted butter, softened  
1 tbsp. Parsley, fresh, finely chopped  
1 tbsp. Chives, fresh, finely chopped  
1 tbsp. Thyme, fresh, finely chopped  
1 tsp. Oregano, fresh, finely chopped  
1 tbsp. Shallot or onion, grated  
Dash Pepper

### **For Fish:**

4 oz. Salted butter, softened  
1 tbsp. Parsley, fresh, finely chopped  
1 tbsp. Chives, fresh, finely chopped  
1 tbsp. Dill, fresh, finely chopped  
1 tbsp. Lemon juice  
1 tbsp. Shallot or onion, grated  
Dash Pepper

### **For Pasta/Vegetables:**

4 oz. Salted butter, softened  
1 tbsp. Parsley, fresh, finely chopped  
1 tbsp. Chives, fresh, finely chopped  
1 tbsp. Oregano, fresh, finely chopped  
1 tsp. Basil, fresh, finely chopped  
1 tbsp. Garlic  
Dash Pepper

## *Next Month...* Dairy Products