

Healthy Living

Colorado Choice Health Plans

Goal

- ▶ To increase depression screening for teens by 10%.

Implementations

- ▶ **Communication Materials**
 - Mailed to providers on May 17, 2012
 - Provider letters
 - Incorporating Mental Health Screening Into Adolescent Office Visits/ PHQ-9 (from TeenScreen)–reproducible.
- ▶ **Participating provider offices**
 - 237 providers received communication materials
 - packet of screening tools were mailed upon request

Provider Requests for Materials

- ▶ One of 237 providers asked for packets to be sent. (0.42%)

Results

- ▶ 1 member was screened according to claims data from 07/01/2011 to 06/30/2012.

Challenges

- ▶ Interview of 5 local providers
 - ▶ Providers quote
 - not having resources available for referral.
 - Responsibility for data obtained with limited resources. (“What do we do with the data once we have a positive screen?”)
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Measures for Improvement

- ▶ Send informational sheet to parents regarding depression and teens.
- ▶ Includes
 - How to obtain screening
 - Resources for help

Remeasurement

- ▶ Note: A 6 month spot check shows 1 more member being screened in November.
 - ▶ Remeasurement Due 6/30/13
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